

Ian Gibson
April 24
Portland

LOTTO 7
SUPER

\$5 MILLION WINNER

The world's largest global newspaper

metro

TORONTO • TUESDAY, MAY 19, 2009

metronews.ca

Celebrity pg 37



Neighbour has no love for Paris' nightlife

A cure for your parking headaches

WEBSITE That time-tested ritual of cursing under your breath while circling the block endlessly looking for that prime parking spot is disappearing with a few simple clicks of a mouse.

At least that's what a couple of entrepreneurs from the Montreal-area are hoping after launching a website called maplace.ca last month.

The website allows you to sign up and put in the particulars of where and when you need a spot. Then the computer does the rest.

THE CANADIAN PRESS

Drawn to Toronto

Board of Trade president says city has magnetism

Sunny Side

HEATHER BUCHAN
for Metro Toronto

This week, Carol Wilding, president and CEO of the Toronto Board of Trade, shares what she loves most about the city and how we can turn it around for the better.

Tops on Wilding's list: The city's livability and diversity. "Toronto is a magnet for people from around the world," she said. "It adds richness to daily life."

Wilding's favourite tranquil spot is the Mimico Creek Bridge in Humber Bay Park. "This particular bridge has a great view of both downtown and the condo towers nearby," she said. Designed by Spanish architect Santiago Calatrava, who also designed BCE Place, the pedestrian bridge is what Wilding calls a "hidden gem."

But she also embraces the city's hustle and bustle, and believes St. Lawrence Market offers the ideal setting to soak it in.

"I love to go early in the morning and take in the crescendo of activity as vendors set up and people start to stream in. It's the best way to watch the city wake up."

As for how to turn the city around during this recession, Wilding advises thinking big. "This region's economy is bigger than the sum of its parts. On the map we are individual municipalities, but in reality we are a single region. Unfortunately, this reality has



Toronto Board of Trade president and CEO Carol Wilding, standing near the Mimico Creek Bridge in Humber Bay Park, believes Toronto's livability and diversity add richness to daily life.

n't sunk in. It should."

Wilding believes more efforts must be made to integrate immigrants into the workforce. "People bring professional credentials, but can't put them into use. We've all heard stories of doctors who are driving taxis. We need to integrate them more smoothly."

Finally, Wilding implores

Torontonians to give back. "Choose a charity you believe in and donate your time. Volunteerism is important, especially given the tough economic times we face."

"People are working hard to make it through tough times, but the best way to get through them is to help each other."

Stars 'align' for Black, lawyer says

The wheels of American justice finally started to turn Conrad Black's way yesterday when the U.S. Supreme Court said it agreed to review the fraud conviction that helped to put the disgraced media baron behind bars in 2007.

Black was convicted two years ago for his role in an alleged scheme to defraud shareholders of the company he founded.

The fact he can now see a glimmer of light at the end of his dark legal tunnel came as a surprise to legal experts familiar with the case, which culminated in one of the most sensational and closely watched trials in recent Canadian memory.

"For the first time in a long time the stars are beginning to align, or there's a potential that the stars will realign, in Conrad Black's favour," Jacob Frenkel, a former U.S. federal prosecutor said in an interview.

THE CANADIAN PRESS



Court

• America's highest court justices will hear arguments later this year over the convictions of Conrad Black, above, and two other former Hollinger International executives in connection with payments of \$5.5 million US they received from a Hollinger subsidiary.

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Toronto and Canada. This is also a Call to Action for you to send us your suggestions at torontoletters@metronews.ca, metronews.ca or on Twitter @metrotoronto.

- On metronews.ca
- Share your SunnySide thoughts on Twitter using #sunnyside
- See what other Metro readers are doing and saying about SunnySide
- Enter for a chance to win a Sony Blu-ray player

- Today
- Images brighten pathway, page 3
- Take a bite into new fare on the streets, page 4
- This week

• Comment — Andrea Woo on relationships



Brevity, which is defined as the short and concise use of words, as well as the shortness of time (don't think we left anything out, did we?), not our forte. But that is.

The all-new Kia Forte. Starting at \$15,695*. Visit mykiaforte.ca

KIA KIA MOTORS
The Power to Surprise



SX Model shown. *Forte LX MT is \$15,695

AIR CANADA VACATIONS

Book 2 return flights to any of our 9 European destinations and receive

2 nights at a hotel
or a 4-day car rental

FREE*

London • Paris • Rome
Madrid • Frankfurt • Munich
Dublin • Zurich • Geneva

Offer is valid for bookings made between May 18 and June 14 for departures between June 20 and September 6, 2009.

DEALS to the SUN

Cancun/Riviera Maya
Occidental
Grand Xcaret • 4 1/2 ★
All-Inclusive
Supersaver deluxe rm.
June 13, 14 & 21 • 1 wk.

\$439
Taxes & fees: \$290

Holguin
Occidental Grand
Playa Turquesa • 4 ★
All-Inclusive
Superior rm.
June 6-20 • 1 wk.

\$499
Taxes & fees: \$218
Departure tax: 25 CUC cash, paid locally.

Santa Clara
Barceló Cayo
Santa Maria • 4 ★
All-Inclusive • Hotel rm.
May 30 - June 20 • 1 wk.

\$579
Taxes & fees: \$218
Departure tax: 25 CUC cash, paid locally.

Punta Cana
Occidental Grand
Punta Cana • 4 ★
All-Inclusive • Junior suite
May 31, June 5, 12 & 19 • 1 wk.

\$599
Taxes & fees: \$312
Upgrade to Royal Club luxury rm. for \$229 per person

Nassau, Bahamas
SuperClubs
Breezes Bahamas • 3 ★
Super-Inclusive®
Deluxe garden view rm.
June 7 & 14 • 4 nts.

\$799
Taxes & fees: \$189

Turks & Caicos
Ocean Club
Resort • 4 ★
Studio deluxe suite
June 6, 13 & 20 • 1 wk.

\$969
Taxes & fees: \$230

Liberia, Costa Rica
Occidental Grand
Papagayo • 4 1/2 ★
All-Inclusive • Deluxe rm.
May 30, June 6, 13 & 20 • 1 wk.

\$1099
Taxes & fees: \$183
Departure tax: 26 USD cash, paid locally.

DEALS on CRUISES

One hotel night
FREE
when you book a Caribbean
Air & Cruise package¹

Royal Caribbean International²
Liberty of the Seas®
Western Caribbean • Flights to Miami
All meals included
Oceanview stateroom, cat. H
Oct. 3 & 17 • 1 wk.

\$1589
Taxes & fees: \$208

Earn up to 4,600 Aeroplan® Miles per member³

aeroplan

Executive Class® service from only \$299 extra³

aircanadavacations.com
Call 1 866 529-2079 or your travel agent

Prices in this ad are valid for bookings made between May 19 & 23/09, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Toronto - Pearson International Airport. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures. Ontario registration #50013537. ¹Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Toronto to Liberia, Costa Rica, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ²Promotion is only available through the call center. Applies to flight only bookings and cannot be combined with package bookings. Lowest room category. Free nights & car rental is applicable to select hotels, car company and car type. Applies when 2 return tickets are purchased for passengers travelling together and booked on the same file. Conditions apply. Subject to availability. Black-out dates: Frankfurt - Hotel Mozart - July 4-8. Minimum stay of 4 nights. Top Hotel Ambassador - July 2-6. Minimum stay of 3 nights. ³Book an Air & Cruise package to the Caribbean by May 31, 2009 and receive two nights for the price of one at select hotels before or after your cruise. Valid on select cruises departing from Fort Lauderdale or Miami between May 1 and November 30, 2009 for seven nights or more. Valid on oceanview staterooms or higher. ⁴Royal Caribbean International Ltd. ships' registry: The Bahamas. ⁵Available on select flights. Full details available at aircanadavacations.com/executiveclass. ⁶Aeroplan is a registered trademark of Aeroplan Canada Inc. ⁷Air Canada Vacations is a registered trademark of Air Canada, used under license by Tourism Limited Partnership, 2700 Matheson Blvd. East, Mississauga ON. Visit www.aircanadavacations.com for up-to-date information.

Wannabe muggers to keep their day jobs

Three would-be muggers on Victoria Park Avenue didn't have any punches or kicks to back up their threats when they tried to rip off a 24-year-old man Saturday. He refused to give them any money and rather than hurt him physically, the muggers spilled his bag on the ground before running away. **TORSTAR NEWS SERVICE**

3

Local



Stabbing victim grabs hold of attacker

A 21-year-old man narrowly escaped with his life after being stabbed in Parkdale Sunday night. The incident started around 10:30 p.m. at an apartment on Temple Avenue, southwest of King Street West. Emergency crews rushed to the scene after receiving a 9-1-1 call from the victim, said Sgt. Jeff Bangilb of Toronto police. Despite trying to flee, the suspect, also 21, did not get very far. After calling the police, the victim held on to his female assailant until officials arrived to arrest her. The victim has since been released from hospital. **TORSTAR NEWS SERVICE**

INDEX

Canada Pg 8
World Pg 12
Comment Pg 14
Business Pg 15
Your Money Pg 17
Sports Pg 19
Workology Pg 22
Health Pg 26
Entertainment Pg 32
TV Listings Pg 36
Celebrity Buzz Pg 37
Take Five Pg 38

Tomorrow's Metro**Comment**

Paul Sullivan brings the West View on Canadian issues to Metro's readers



metronews.ca

What's online today.

Video Analysis of the he-said, he-said twists of the inquiry into Brian Mulroney's business deals at metronews.ca/canada

Video Employees anxious as Newfoundland offshore flights resume two months after fatal chopper crash at metronews.ca/canada

Video Peter MacKay talks about Canada's post-combat role during a visit to Afghanistan at metronews.ca/canada

**Lotteries**

Friday, May 15
 Lotto Super 7: 3, 4, 7, 16, 19, 26 & 45. Bonus 35
 Saturday, May 16
 Lotto 6/49: 16, 17, 23, 27, 30, 45. Bonus 39.
 Sunday, May 17
 Ontario Pick 3: 4 3 8; Ontario Pick 4: 9 6 3 2
 Encore: 1860548;
 Daily Keno: 1, 2, 3, 4, 5, 7, 9, 17, 22, 27, 28, 38, 40, 44, 51, 53, 59, 61, 65, 70.
 These results are not official.

No sign of GM agreement

CAW president says 'tiny steps of progress' being made

Labour concession talks between General Motors of Canada and the Canadian Auto Workers intensified yesterday, several days past a government-imposed deadline, as the union president said demands were getting out of hand.

"We believe we've already made the sacrifices necessary, we believe we're close to our limit," CAW president Ken Lewenza said in an interview.

"At the end of the day,

sooner or later, we're not going to be able to go any further and we're close to that."

Teams bargained all through the long weekend aiming to strike a cost-cutting deal that will unlock \$6 billion in assistance for the financially-troubled automaker.

Ottawa and the Ontario government allowed the parties to continue talking past Friday's midnight

deadline, while also working behind the scenes to broker a deal.

Lewenza had said "tiny steps of progress" were being made, but by yesterday afternoon he still saw no signs of an agreement being reached.

Still, he insisted that talks can't break down because otherwise the company will be forced into filing for bankruptcy.



Ken Lewenza

When negotiations resumed early yesterday the two master committees met face-to-face before breaking off into smaller groups in an attempt to deal with the most pressing issues.

Pensions, benefits and wages continue to be the main points of contention, Lewenza said, especially because he feels the union has already made greater concessions than were asked of Chrysler.

THE CANADIAN PRESS

Craigslist Canada open to changing sex ads: Expert

SEX TRADE Craigslist officials seem open to changing their online sex ads section in Canada after dropping it altogether in the United States, says a human trafficking expert.

Ben Perrin, a law professor at the University of B.C., along with the RCMP and the Peel Regional Police force in Ontario have discussed the issue with Craigslist in an effort to prevent sexual exploitation of minors.

"We already know that Craigslist has been used as a portal for the sale of victims of human trafficking in Canada," Perrin said.

"We've had at least six

cases in the Greater Toronto Area where the Peel Regional Police have identified Craigslist as being primarily involved for the sale of these victims of sex trafficking."

An Ontario man, convicted in Canada's first human trafficking case last year, used the free site to sell a 15-year-old girl as a prostitute, Perrin said.

Critics have called Craigslist an online brothel after a Boston masseuse was killed earlier this year when she responded to an ad on the popular site.

THE CANADIAN PRESS

News in brief

DRUNK DRIVERS Police are reporting fewer crashes related to alcohol on provincial roads this holiday long weekend. But they say it's too early to deter-

mine whether Ontario's new drinking and driving penalties are playing a role in the downturn.

THE CANADIAN PRESS

Auditions Think you can dance?



So You Think You Can Dance Canada auditions kicked off at Metro Toronto Convention Centre yesterday. Amber Minchella, from Toronto, gives it all during a video routine after auditioning.



Marielle Griffiths, 69, paints the finishing touches on a pedestrian tunnel mural in Mississauga.

Working together to fight graffiti

SunnySide

COMMUNITY Artists across four generations have put paint to concrete to cover the blight of graffiti along a Mississauga pathway.

Architect and artist Anna Claudette recruited an assortment of young Jackson Pollocks and a few Grandma Moses wannabes to put art where graffiti tags had been along a path that leads into a pedestrian tunnel under Central Parkway.

"I hope the graffiti kids leave it alone," she said, standing amid colourful images of birds, flowers, balloons and sunsets painted in the tunnel.

That's the hope of Mississauga parks coordinator Joanne Foote, who came up with the plan to beat vandals at their own game.

"It will be interesting to see what the vandals do," she said.

Claudette has been organizing the project since last September, recruiting students as young as nine, local seniors — some in their 80s — as well as a number of people who watched the murals take shape over the past two weeks. **TORSTAR NEWS SERVICE**

Sunnybrook

ONE NIGHT LIVE

PRESENTED BY

Sun Life Financial

FINAL CHANCE TO GET TICKETS!

TICKETS NOW AVAILABLE UNDER \$50

ONENIGHTLIVE.CA
 OR CALL 416.870.8000

MAY 21 09
 AIR CANADA CENTRE



STING



SHERYL CROW



HOSTED BY CHRIS NOTH

THE CANADIAN TENORS

OVER 60% SOLD



IT'S EASY TO IMAGINE WINNING!



WIN 3 GRAND PRIZES OF \$1 MILLION

MILLIONS MORE IN PRIZES!

NEW CARS! PICK YOUR FAVOURITE



TRIPS

ELECTRONICS & MORE

EARLY BIRD PRIZE



CALL NOW AND YOUR DREAMS COULD COME TRUE!

SAVE \$50
3 TICKETS
FOR \$250
OR \$100 EACH

416-661-1511
Ext. 700



www.heartandstroke.ca/lottery

Please help support life-saving Heart and Stroke Foundation research.

PICK UP YOUR BROCHURES AT:



**Please refer to full brochure for cash outs, prize details, ticket issuing and draw information. Odds of winning are approx. 1 in 3. All inquiries on the odds of winning are to be made to the licensee prior to ticket purchase. Only 265,000 tickets are available. Tickets are not tax deductible and must be purchased within the province of Ontario. Purchasers must be at least 18 years of age. 75,960 prizes at a value of \$12,575,331 (including taxes and freight), will be awarded. Early Bird sales deadline is June 11, 2009. Final sales deadline is June 16, 2009. On August 4, 2009 an advertisement will be placed in the Toronto Star announcing all major winners. A complete list of winners will also be available at www.heartandstroke.ca/lottery and a printed list will be accessible at local Heart and Stroke Foundation offices across Ontario. © Bank of Canada — bank note images used and altered with permission. Lottery Licence #: 1562.

metro

metronews.ca

Tuesday, May 19, 2009

4 local

LCBO fires 10 in Air Miles scheme

Employees were nabbed after the LCBO found they were using personal cards to accumulate Air Miles points on customer sales. THE CANADIAN PRESS

New meat in town

Ethnic food vendors finally unveil their wares

It was a historic moment yesterday at Nathan Phillips Square as two merchants put meat onto various forms of carbohydrate- and starch-heavy receptacles, added condiments, and sold them to hungry passersby in exchange for local currency.

These meats, however, were not churned byproducts and seemed to resemble, at least in part, the animals from whence they were hacked; and the vessel into which it was placed was not a slit cylinder, but either flat, unleavened circles or boiled grains.

Vegetables, both in salads and as stuffings, abounded. Grease was notably absent.

'Twas street food of a different sort as four cart vendors — two of them stationed at the city square — held their first day of business as the products of an arduous process from which Toronto never seems never to emerge: The never-ending quest to diversify our street-eating culture.

"The flavours," decreed the first in line for ethnic



Kathy Bonivento and her husband, Blair, grill souvlaki yesterday and are offering Greek salads at one of two Toronto la carte stalls set up in front of Nathan Phillips Square.

Sunny Side

food at the square, Coun. John Filion, as he dug a spoon into a styrofoam container of chicken biryani and rice, "are really extraordinary."

As cameras flashed and TV crews circled, Filion tasted city hall's efforts firsthand, consequently judging the chicken as "so tender, it melts in your mouth."

Filion added, "This really is a momentous day. We fi-

nally have street food that reflects the diversity of our city."

Ahmad, a gentle, bearded man from Pakistan, has paid more than \$40,000 for the privilege of dishing up biryani and spiced vegetable salsa. In the process, he and seven others morphed into the brave vanguard willing to brave the bureaucratic burdens and potential financial ruin to broaden the city's hotdog monoculture.

TORSTAR NEWS SERVICE



There are 100s of ways to conserve energy.

My favourite is #46 - I pledge to use ENERGY STAR® qualified ceiling fans.

I found out that I can use less electricity and save money by installing ceiling fans in my home. The fans move 25% more air than regular ceiling fans. Plus, I can adjust my thermostat to use less air conditioning and I'll stay cool. I'll save money immediately, too, by using an Every Kilowatt Counts coupon, available at participating stores.



COUNT ME IN!

Visit the website. Make your pledge to conserve.

You'll find 99 more ways to save at energyconservationweek.ca



Official marks of the Ontario Power Authority.



NOW GET THE FASTEST INTERNET[†] WITH *HOME & AWAY*[™]



Rogers Hi-Speed Home Internet
and Mobile Internet

50% OFF

the monthly service fees for the first 3 months
when ordered together¹

PLUS GET A FREE

ROCKET[™]

MOBILE INTERNET STICK

A \$225 VALUE
with select 2-year term plans²

Call 1 866 438-4194 or go to
rogers.com/homeandawayinternet



Offers available for a limited time and subject to change without notice. Taxes extra. Regular monthly rates apply after promotional periods. 1 Available with subscription to any new hi-speed Internet plan on the Express/Extreme tiers on a one-year term and any new wireless data plan on a two-year term. Early cancellation fees apply. 2 Free with subscription to any new two-year term data plan having min. \$25 monthly service fee. Early cancellation fees apply. Savings based on no-term retail price of Rocket Stick at time of printing. [†]Fastest mobile network measuring download speeds within Rogers 3.5G HSPA coverage. HSPA network not available in all areas. See rogers.com/fastest for coverage details. Fastest and most reliable Internet speeds claim supported by independent third-party research conducted by comScore Inc., comparing average download speed to the equivalent speeds of the incumbent DSL provider. Testing completed in the Rogers Ontario footprint from October 1, 2008 to January 31, 2009.

[™]Trademarks of or used under license from Rogers Communications Inc. or an affiliate. © 2009 Rogers Wireless.

A Toronto police officer responding to an armed bank robbery call was taken to hospital with life-threatening injuries after a two-vehicle collision Saturday morning in Scarborough at Dawes Road, near Victoria Park Avenue and St. Clair Avenue East. **TORSTAR NEWS SERVICE**



A young boy carries a flag Saturday in front of a line of police during a Tamil-Canadian protest on University Avenue.

Stand continues

Tamil-Canadians vow to carry on protests

Defiance and disbelief were dominant emotions in Canada's Tamil community as Sri Lanka's government declared victory over the rebel Tamil Tigers in the country's civil war.

Thousands of Tamil-Canadian protesters chanting "genocide" flocked to the U.S. Consulate in Toronto yesterday after Sri Lankan state television announced that Tamil Tiger rebel chief Velupillai Prabhakaran had been killed.

For many demonstrators, the claims from the Sri Lankan government only

Awareness

The protests are about awareness, said Shelly Antonypillai. "I know a lot of Canadians don't know what's going on and that's what we're doing right here," he said.

fuelled their cause, strengthening their resolve to see an independent Tamil nation.

"The thing is, the struggle will go on, with or without the (Liberation Tigers of Tamil Eelam), until the Tamils achieve their legiti-

mate rights," said Arani Sivakumar, 21.

Like other demonstrators, Sivakumar questioned Prabhakaran's death, noting journalists and nearly all aid workers were barred from the war zone and could not confirm his death.

Siva Vimal, a 20-year-old Tamil activist, said demonstrations in Toronto will continue because thousands of civilians remain in the war-affected area without adequate access to food and medicine.

**THE CANADIAN PRESS
MORE COVERAGE, PAGE 12**



Prime Minister Stephen Harper and Premier Dalton McGuinty.

Sheppard LRT line gets \$1B in funding

TRANSIT It's not the funding for new streetcars Toronto's looking for, but the city is getting almost \$1 billion in federal and provincial money to build a new light rail transit line.

Prime Minister Stephen Harper and Premier Dalton McGuinty visited a TTC yard Friday to announce the approval of the Sheppard East LRT line.

Ontario will provide two-thirds of the estimated \$950-million cost of the project, and the federal government will cover the remaining one-third.

THE CANADIAN PRESS

Store joins bag fee campaign

CHARGE Another major grocery store chain will soon ask shoppers in Ontario and Quebec to spend a nickel for each throwaway plastic bag, a practice environmentalists believe will soon become the norm at supermarkets nationwide.

Metro Inc. is set to announce today a plan to

charge customers a five-cent-per-bag fee.

The fee kicks in June 1 — the same day Toronto starts forcing stores to charge for single-use bags. Metro joins Canada's two largest grocery chains, Loblaw Cos. Ltd. and Sobeys, in charging five cents per bag.

THE CANADIAN PRESS

News in brief

EDUCATION Peel's public school board is among the lowest funded in Ontario — receiving \$964 less per student than the provincial average — despite being the fastest growing, and it is a situation the education ministry must rectify, says chairwoman Janet McDougald. Ministry of Education spokeswoman Patricia MacNeil said it

is too simple to compare overall funding on a per-pupil basis because the same funding per student doesn't work for all boards.

COURT The role that fetal alcohol spectrum disorder should play in deciding violent offender status for a man with a long rap sheet of sexual assaults will

be weighed by Ontario's top court today. The man's condition, caused by his mother's drinking during pregnancy, went undiagnosed and untreated for decades and was among the reasons a trial judge refused to name him a dangerous offender, which would have seen him jailed indefinitely.

METRO NEWS SERVICES

Rich Dad's Solution to the Economic Crisis on Wall Street

PROTECT Yourself & Even PROFIT In Today's Volatile Market

Now is **NOT** the time to rely on banks and brokers who get paid even when your portfolio tanks. You need solid information that can help YOU TAKE CHARGE and PROTECT your own financial future.



RICH DAD HAS A PLAN – LISTEN TO HIM WHILE THERE'S STILL TIME

Robert Kiyosaki, author of the runaway bestseller *Rich Dad Poor Dad*, saw this crash coming **six years ago!** He wrote about it in his book, *Rich Dad's Prophecy*. That book not only said the biggest stock market crash in history was coming – it also outlined a **plan to prepare yourself and potentially profit** from it.

IT'S STILL NOT TOO LATE!

Our FREE Stock Success Workshop will show you how to:

- Protect Your Portfolio Even when Stock Prices Are Melting Down
- Create Cash Flow when Stock Prices Are Bouncing Up and Down
- Risk Management Strategies that Keep You Protected at All Times
- Profit from Stock without Owning It

ATTEND A FREE WORKSHOP



At Rich Dad's FREE Stock Success® Workshop, Robert's team of experienced trainers will show what you must do **RIGHT NOW** to safeguard your future and the future of your family.

Come discover a step-by-step plan to take charge of your finances and GET BACK ON THE ROAD TO SUCCESS!

RICH DAD'S FLASH DRIVE

USB Drive, pre-loaded with a wealth of information including:

- An excerpt from Robert's book *Rich Dad's Prophecy*
- Exclusive online tools, articles and products
- Information about special events featuring LIVE session with Robert Kiyosaki
- BONUS!** Access to *Conspiracy of the Rich: The 8 New Rules of Money* – Robert's newest interactive online book



Get this FREE GIFT
Yours **FREE** just for attending the workshop!

COMING TO THE GREATER TORONTO AREA ON
MAY 26, 27 OR 28 OR JUNE 2, 3 OR 4

1.800.305.9998
www.richdadstock.com

DON'T WAIT CALL
NOW TO REGISTER OR
REGISTER ONLINE AT

**FREE
LIVE EVENT**

Results from programs are based on individual effort and other factors. The company's products are for educational purposes only. The company is not a registered investment advisor or a broker-dealer. Stocks and Options trading have large potential rewards but also involve large potential risks. Additional products and services will be offered for sale. The Rich Dad® word mark and logos are owned by CASHFLOW Technologies, Inc. and any use of such marks by Rich Dad Education, LLC is under license. © 2009 Rich Dad Education, Ltd. All rights reserved. 09RDE0076a V1 2-09

Robert Kiyosaki will not attend this workshop.



RIDE FOR YOURS RIDE FOR OTHERS

**RIDE FOR HEART
SUNDAY JUNE 1**



**Heart & Stroke
RIDE for HEART**

WE'RE RIDING FOR MATT. WHO ARE YOU RIDING FOR?



Our son Matthew died suddenly from an abnormal heart rhythm that is rare and extremely difficult to detect. He was just 15 years old.

To celebrate Matthew's memory our family and friends will be riding in the **Becel Heart & Stroke Ride for Heart**.

This unique event is a great way to honour our son and to raise funds for life-saving heart and stroke research. Please sponsor our team "Motoring for Matt" online or register today and meet us at the start line.

Joan and James Barker – Proud Parents of Matthew



WHO ARE YOU RIDING FOR?

REGISTER TODAY!

www.rideforheart.ca

Thanks to our sponsors for putting their hearts into it.



HEART & STROKE FOUNDATION
Finding answers. For life.

HOME PHONE LINES

6 MONTHS FREE!

- **SATISFACTION GUARANTEED!**
- **KEEP YOUR EXISTING PHONE NUMBER!**

All Features FREE!

- ✓ Caller ID
- ✓ Voicemail
- ✓ Call Waiting
- ✓ **KEEP YOUR EXISTING PHONE NUMBER**



 ENHANCED \$14.95 /month UNLIMITED Local Calling ✓ All Features FREE	 UNLIMITED CANADA \$19.95 /month UNLIMITED Calling to Canada ✓ All Features FREE	 ONE-RATE \$29.95 /month UNLIMITED CALLING TO CANADA AND U.S.A. ✓ All Features FREE
---	---	--



Save Your Money!

CUBA
 **85** ¢/min

INDIA
 **5.9** ¢/min

PHILIPPINES
 **11.9** ¢/min

	Pakistan.....	5.9 ¢
	U.S.A.....	2.9 ¢
	U.K.....	2.9 ¢
	Israel.....	2.9 ¢
	Bangladesh from	3.9 ¢
	Colombia from	3.9 ¢
	Guyana.....	27.9 ¢
	SAUDI ARABIA from	3.9 ¢
	IRAN from	3.9 ¢
	U.A.E.....	16.9 ¢
	SRI LANKA.....	11.9 ¢
	LEBANON	9.9 ¢
	TRINIDAD.....	7.9 ¢

**NO MATTER WHERE YOU CALL,
 NO MATTER WHAT RATE YOU PAY,
 COMWAVE WILL BEAT IT...
 GUARANTEED!**



**Even if you are paying less,
 we'll beat it...
 GUARANTEED!**

**UNLIMITED
 CALLING TO
 ANYWHERE IN
 CANADA**

\$5
 /month

YOU CAN EVEN CALL FROM YOUR CELL PHONE!

**CALL LONG DISTANCE EVEN
 FROM YOUR CELL PHONE**

- ✓ No need to cancel your service provider.
- ✓ \$10 FREE LONG DISTANCE FOR EVERY FRIEND YOU REFER
- ✓ No CONTRACTS



1-866-410-3055

comwave.ca

Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Home Phone Lines: * VoIP 911 has certain limitations versus traditional 911. The rates are based on a 3 year term. 6 Months Free- You get 3 months free immediately upon activation of the service. Get an additional 3 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Satisfaction Guaranteed. If you are not 100% satisfied, you may cancel your home phone service no questions asked. The option to keep your existing phone number may not be available in all areas.

Police are investigating the deaths of a 25-year-old woman and 11-month-old infant. The bodies of the woman and the baby were found Sunday in a home in Carleton Place, Ont., about 50 kilometres southwest of Ottawa. **THE CANADIAN PRESS**

Canada



Chopper offshore flights resume

The first helicopter flight carrying Newfoundland offshore oil workers departed yesterday for the first time since a chopper crash two months ago killed 17 people. Cougar Helicopters grounded its fleet after Flight 491 slammed into the Atlantic Ocean on March 12. The St. John's-based company resumed its passenger flights at about 9:30 a.m. local time for the GSF Grand Banks, a drill rig being used for the White Rose offshore oilfield. **THE CANADIAN PRESS**

New rules for CSIS following tortures

ESPIONAGE The federal government has laid down new rules for Canada's spy agency following high-profile scandals in which Canadians were tortured overseas.

The ministerial directions to the Canadian Security Intelligence Service also come as the agency takes on more foreign operations in hotspots like Afghanistan.

But human rights activists say so much of the classified instructions remain under wraps that it's impossible to tell whether they will lead to greater accountability.

The latest directions — essentially a government-penned rulebook for CSIS — cover fundamental principles, human sources, operational activities outside Canada and domestic and foreign liaison arrangements. **THE CANADIAN PRESS**

Teen stable after bear mauling

ATTACK A 15-year-old Alberta boy out camping was airlifted to hospital in stable condition Sunday after being mauled by a black bear.

"The bear entered the tent," said Cameron Heke of Stars Air Ambulance.

"The person did sustain injuries from that attack."

Stars Air Ambulance transported the teen to hospital in Edmonton after the 5:30 a.m. attack at Roche Lake, 160 kilometres northwest of the Alberta capital.

The teen had been out enjoying the holiday long weekend with his family at a remote site. **THE CANADIAN PRESS**

Apathy at polling booth

Indifferent youth, negative views disengage electorate, experts say

Whether they're distracted, disenchanted or entirely disinterested, fewer Canadians are making the trek to their local polling station on voting days.

Recent federal and provincial elections indicate that just over half the eligible voters make the decision for the whole electorate when they go to the polls to vote.

Expert opinions on why fewer Canadians make the effort to vote range from youth indifference, to negative attitudes around politicians, to an electorate so disengaged that some voters missed the election entirely.

In the last two decades, voter turnout has been steadily declining to the point where turnout in the most recent federal election and votes in British Columbia, Ontario, Quebec and Alberta reached historic lows.

Only 41 per cent of the eligible voters bothered to cast their ballot in Alberta's provincial election last year, while just 52 per cent of B.C.'s voters went to the polls in last week's Liberal-versus-New Democrat contest.

Lawrence LeDuc, in the political science department at the University of Toronto, said the simple explanation is demogra-

58.8 The percentage of those eligible who voted in October's federal election, the first time since Confederation that turnout dipped below 60 per cent.

phics.

"Younger people vote at lower rates. They enter the electorate later in life and they are not as keyed into politics as their previous generations," he explained.

LeDuc, who has done several studies for Elections Canada on low turnout, said unlike older Canadians, there's nothing that incites young people to cast a ballot.

"Generations that live

through wars and depressions, for example, connect politics with important things that are going on in their lives. The current younger generations don't seem to."

But Nelson Wiseman, a University of Toronto political science associate professor, blames the voter list in part.

He said current lists aren't as accurate as the old enumeration system, when an army of people went door to door at election time making sure eligible voters were on the list and letting them know an election was going on and where to vote.

THE CANADIAN PRESS

Cops report low holiday fatalities

SAFETY While many Canadians take delight in marking the start of summer with the Victoria Day long weekend, hospital emergency workers go on high-alert — bracing for what they call trauma season. Still, police were pleased to report that in some provinces carnage was low.

"It's been a good weekend," said Ontario Provincial Police Const. Dave Woodford. "I haven't heard any crazy things, people seem to be getting the message."

In Ontario, three people died in single-vehicle car crashes involving speed, while several others were rushed to hospital with serious injuries. **THE CANADIAN PRESS**

Woodstock parade In support of Tori



Victoria (Tori) Stafford's mother Tara McDonald and partner James Gorris carry a banner followed by father Rodney Stafford, family and supporters walking in the Victoria Day parade in Woodstock, Ont., yesterday. It has been nearly six weeks since Tori mysteriously disappeared after leaving her school with an unknown woman on April 8.

Still a lot to be done after 2011: MacKay

AFGHANISTAN Canada will still have lots to do in Afghanistan even if its combat role ends as planned in 2011, Defence Minister Peter MacKay said yesterday at the end of a visit to Canadian forces.

The focus will be on aid and governance, something that is already occurring as 200 new U.S. soldiers arrive every week to this ever-expanding military base in southern Afghanistan with a renewed mission to subdue a bloody insurgency.

The Canadian mission is increasingly focusing on the population centres of Kandahar province — ensuring the safety and the well being of individuals and the population itself, MacKay said.

The idea is to try to secure the populated centres to allow enhanced humanitarian aid, build schools,



Defence Minister Peter MacKay addresses Canadian soldiers at Kandahar Airfield yesterday.

provide immunizations and enable micro-finance credit.

"It's microcosms of the whole of government approach in concentrated areas of population rather than simply focusing on holding swaths of land," MacKay said.

Canada, he said, no longer cares to concentrate its efforts on taking and "holding swaths of land" in Afghanistan. **THE CANADIAN PRESS**



H1N1 Flu Virus: the best way to stay healthy is to wash your hands thoroughly and often or use an alcohol-based hand sanitizer.

For information, visit: ontario.ca/flu

Or call ServiceOntario INFOLine at: 1-800-476-9708 | TTY: 1-800-387-5559

If you have symptoms, call Telehealth Ontario at: 1-866-797-0000 | TTY: 1-866-797-0007

Or contact your health care provider.



STOP HAIR LOSS



BIO-FEN PLUS™ is a natural health product used in the treatment of hereditary androgenic alopecia (AGA) in adults (*male or female pattern baldness*.) It contains scientifically calculated proportions of extracts of fenugreek seeds, saw palmetto berries and flax lignans. Each are known to possess an inhibitor of the enzyme responsible for causing male or female pattern baldness. It also contains a mixture of B vitamins, folate and biotin to help metabolize these herbal extracts so that they are more bio-available, and to support the growth of strong and healthy hair.

What causes hereditary hair loss?

Each hair grows from a pocket in the skin called the hair follicle. During its growing phase, the follicle has a bulb-shaped bottom, the center of which is called the dermal papilla. The papilla is fed by very small blood vessels, which bring it food & oxygen and remove wastes. The papilla is highly sensitive to hormones and chemicals secreted by the body (*or ingested as a medicine*) which impacts hair growth.

It is believed that some individuals have a genetic predisposition to a receding hairline (*most common in men*) or hair/follicle thinning over larger areas of scalp (*more common in women*). These conditions result from hormonal changes caused by an enzyme in the dermal papilla called 5-alpha-reductase. This enzyme breaks down the hormone testosterone into dihydrotestosterone (DHT).

Over a period of time, an over abundance of DHT causes the hair follicle to degrade and shortens the active phase of the hair, eventually leading to thinner hair and eventual hair loss.

How does BIO-FEN PLUS™ work?

Specific compounds within the herbal extracts inhibit the 5-alpha-reductase (*and therefore reduce DHT*) to prevent or slow down the rate of hair loss. This process is the principle by which the prescription drugs such as

Propecia (*finasteride*) work. However, BIO-FEN PLUS™ also contains additional compounds which remove excess cholesterol and testosterone – the building blocks of DHT.

BIO-FEN PLUS™ also contains vitamins to increase blood flow to the small capillaries that feed the hair roots, to deliver the active herbal compounds and remove waste. **Therefore, BIO-FEN PLUS™ provides a natural, safer alternative to expensive drugs, and/or expensive & painful hair transplants.** As with the prescription alternatives, results vary from person to person, and no one product will work for everyone.

How long must I use BIO-FEN PLUS™ ?

BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped. Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.

How safe is BIO-FEN PLUS™ ?

The ingredient combination in BIO-FEN PLUS™ is generally safe for most adults. However, the following cautions are advised:

Folic acid: Consult a health care practitioner if you are uncertain whether or not you are taking adequate vitamin B12, as folate supplementation can mask a Vitamin B12 deficiency.

Vitamin B3: Consult a health care practitioner prior to use if you have impaired liver function.

Vitamin B6: Consult a health care practitioner prior to use if you are taking levodopa.

What is the quality of BIO-FEN PLUS™ ?

BIO-FEN PLUS™ is manufactured in Canada according to a quality assurance program called Good Manufacturing Practices (GMP). This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and again prior to sale.

See our website to locate your nearest Health Food Store or Pharmacy that offers BIO-FEN PLUS™ and

other quality products from Hair Grow Technology. If you have any questions or comments about our products that target hair loss and support the growth of strong, healthy hair, please do not hesitate to contact us.

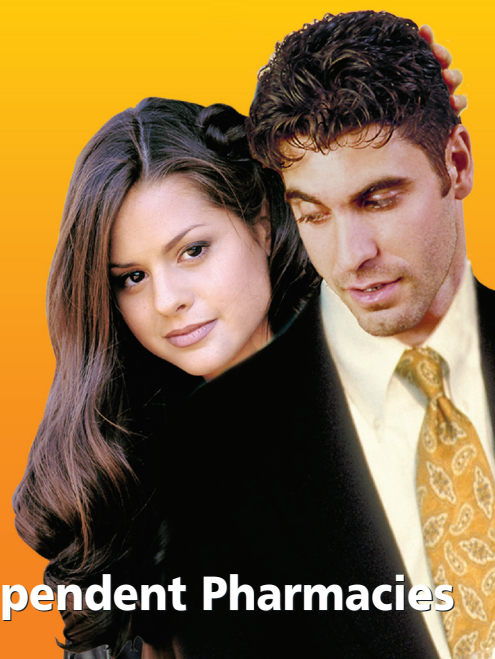
Each BIO-FEN PLUS™ capsule contains (mg/capsule):

Fenugreek (<i>Trigonella feonum graecum</i>) seed extract 4:1	260 mg
Saw palmetto berry extract contains 45% powder, esters & sterols	160 mg
Flax lignans, standardized to 20% secoisolariciresinol diglucoside (SDG)	100 mg
D-calcium pantothenate (<i>Vitamin B5</i>)	10.40 mg
Niacinamide (<i>Vitamin B3</i>)	10.25 mg
Pyridoxine HCl (<i>Vitamin B6</i>)	2.00 mg
Riboflavin (<i>Vitamin B2</i>)	1.58 mg
Folic acid	0.095 mg
Biotin	400 mcg

Non-medicinal ingredients: inert microcrystalline cellulose and vegetable-based magnesium stearate in a veggie-based capsule.

Recommended adult dose:
.....one capsule per day

BIO-FEN PLUS
www.biofen.com



Available at Health Food stores and Independent Pharmacies

A man faces a host of charges following a high-speed police pursuit east of Peterborough Sunday. A spike belt was needed to stop the motorist, who police say tore through Peterborough at speeds faster than 170 km/h. **THE CANADIAN PRESS**

The worst is over

Spread of virus waning, health official says

Flu Outbreak

Canada's chief public health officer says the country has seen the worst of influenza A (H1N1), also known as swine flu — for now. Dr. David Butler-Jones said yesterday it appears that the spread of the virus is waning.

"It looks at this point like we're over the worst of it in Canada for this season," he said.

"But, again, I'm going to hedge my bets on that because we're watching very closely and it's still within the incubation period of

previous cases, so you could see a second spike." to wait and see over the next few days."

The virus seemingly peaked around the end of last month and the beginning of this one, Butler-Jones said.

"Once we've been a couple of weeks past the presentation of cases, etc., and we see the numbers, then we can say with some confidence that we're over the worst," he said.

"We seem to be trending in that way, but we'll have

Confirmed cases

• There has so far been a confirmed total of 520 cases — including one death — of the strain of influenza A (H1N1), also known as swine flu, in Canada. Nearly all the cases have been mild.

Some health officials have suggested the virus isn't likely to peter out over the summer as flu strains tend to do when the mercury

soars in the Northern Hemisphere.

Butler-Jones didn't rule out more cases over the summer and a resurgence in the fall.

**THE CANADIAN PRESS
MORE COVERAGE, PAGE 12**

Peterborough Annual powwow



Native grass dancer Wes King, front, participates Saturday in the annual Hiawatha First Nation Powwow near Peterborough. The Hiawatha First Nation celebrated its 15th annual powwow.

100% PERMANENT HAIR REMOVAL

A WHEN YOU'RE RIGHT, YOU'RE RIGHT
There is no one better than OMI for hair removal and they have proven it since 1979

B Save your money by coming to OMI first. Don't let others over charge you for poor results or undercharge for no results.

C OMI will change your life for the better. Call us now!

Most
... of OMI consultations were treated by doctors and others without success. Don't waste your money like they did. Come to OMI first! (most OMI clients are male)

OMI on Rogers TV Channel 5
OMI MEDICAL INC.
416-223-5500
www.omihair.com
OPEN 7 DAYS A WEEK

Mulroney claim challenged

Repeated claims by Brian Mulroney that he cancelled the initial version of the Bear Head armoured vehicle project while he was still prime minister are being challenged by a former Mulroney chief of staff.

Norman Spector contends Mulroney, in his testimony before a public in-

quiry, has offered an inaccurate picture of his handling of the project backed by German-Canadian businessman Karlheinz Schreiber.

"What we've learned about Mulroney is that he's very slippery with words and evasive with his testimony," Spector told The Canadian Press.

"He didn't cancel the project in any incarnation. He never cancelled it."

Mulroney has acknowledged that he accepted at least \$225,000 from Schreiber to promote the later "reincarnation" of Bear Head after he left office in 1993.

THE CANADIAN PRESS

Greenpeace takes on energy giant

CAMPAIGN Greenpeace hopes an aggressive media campaign in Europe will help force energy giant StatoilHydro — a company with a good environmental record — out of Alberta's oil sands.

The environmental group has been touring Scandinavia this month lobbying investors and the media in preparation for Statoil's annual general meeting today in Norway.

THE CANADIAN PRESS

News in brief

SOFTWARE An electronic sweep of a federal department has found hundreds of copies of what appears to be pirated software. An audit says that lack of control at Natural Resources Canada has placed the department "at risk of legal liability with associated financial damages."

ELECTION Analysts are predicting tonight's televised leaders debate in Nova Scotia could be the true kickoff for what has so far been a cautious election campaign for the June 9 vote.

THE CANADIAN PRESS

SAVE
WITH THE **METROPASS**
DISCOUNT PLAN

Metropass for less*

Application available at www.ttc.ca

\$100.00*
PER MONTH ADULTS

\$84.00*
PER MONTH SENIORS/STUDENTS

- A transferable pass at a discount price
- Free home delivery
- Price guaranteed for 12 months



THE BETTER WAY

* Based on the purchase of a Metropass for 12 consecutive months. The savings are based on consecutive monthly payments at the reduced rate which results in savings of \$108.00 per year on an adult Metropass and \$87.00 per year on a senior/student Metropass.

Typing's never been so sexy.

No one has as many cool QWERTY phones as Bell.¹ Now you can text, IM, Facebook[®] and Twitter faster and easier with a full QWERTY keyboard. Get hooked-up on Canada's largest 3G network² with unlimited messaging from \$15/month.³

Visit a Bell store • 1 888 4-MOBILE (662453) • bell.ca

UNLIMITED
MESSAGING

\$15/MO.³



3G LG Reveal™

\$79⁹⁵
on a 3-yr. term⁴
(\$329.95 no term)



3G Motorola Hint™

\$49⁹⁵
on a 3-yr. term⁴
(\$329.95 no term)



3G Samsung Vice™

\$49⁹⁵
on a 3-yr. term⁴
(\$249.95 no term)



3G Double-flip™ -
Samsung u740

\$29⁹⁵
on a 3-yr. term⁴
(\$329.95 no term)



LG Rumour™

\$29⁹⁵
on a 3-yr. term⁴
(\$279.95 no term)



Samsung Cleo™

\$0
on a 3-yr. term⁴
(\$279.95 no term)

Bell messaging
just got
better

Available at the following
Bell stores:

AJAX
Durham Centre
ALLISTON
36 Young St.
AURORA
44751 Yonge St.
SmartCenters Aurora
BARRIE
44 Cedar Point Dr.
632 Yonge St.
Barrie Power Centre
Georgian Mall
BOLTON
SmartCenters Bolton
BOWMANVILLE
Clarington Place
BRAMPTON
59 First Gulf Blvd.
100 Great Lakes Dr.
10086 Hurontario St.
Airport & Hwy 7
Bramalea City Centre
Shopper's World
BURLINGTON
1100 Walker's Line
Appleby Crossing
Appleby Mall
Burlington Mall
Mapleview Mall
CAMBRIDGE
459 Hespeler Rd.
Cambridge Center
COBourg
Northumberland Mall
COOKSTOWN
Cookstown Outlet Mall (Kiosk)
DON MILLS
Two Park Centre
ETOBICOKE
Cloverdale Mall
Sherway Gardens
Woodbine Centre
GEORGETOWN
330 Guelph St.
LINDSAY
229 Kent St.
Whitby Town Centre
MAPLE
2810 Major Mackenzie Dr.
MARKHAM
7357 Woodbine Ave.
6302 Kennedy Rd.
Cachet Village
Market Village
Markville Shopping Centre
Pacific Mall
MILTON
377 Main St. E.
MISSISSAUGA
580 Eglinton Ave. E.
2800 Skyway Ave.
6865 Davard Dr.
Central Parkway Mall
Dixie Value Mall
Erin Mills Town Centre
Heartland Power Centre
Mississauga Chinese Centre
Sheridan Centre
Square One Shopping Centre
Westgate SmartCentres
NEWMARKET
Upper Canada Mall
NORTH YORK
170 Rimrock Rd.
1635 Lawrence Ave. W.
2281 Steeles Ave. W.
Bayview Village
Centerpoint Mall
Crossroads Plaza
Empress Walk
Lawrence Square
North York Sheridan Mall
Sheppard Centre
Yorkgate Mall
OAKVILLE
Oakville Place
Winston Power Centre
ORANGEVILLE
114 Broadway Ave.
OSHAWA
Five Points Mall
Oshawa Centre
PICKERING
570 Kingston Rd.
Pickering Town Centre
RICHMOND HILL
Eglin Mills Crossing
Hillcrest Mall
Richmond Heights Plaza
Time Square Shopping Centre
SCARBOROUGH
259 Morningside Ave.
Bridlewood Mall (Kiosk)
Cedarbrae Mall (Kiosk)
Charwell Shopping Centre
Eglinton Square
Kennedy Commons
Malvern Town Centre
Parkway Mall
Scarborough Town Centre
SUDBURY
Brady Square
New Sudbury Centre
Southridge Mall
THORNHILL
2600 Steeles Ave.
Promenade Mall
TORONTO
85 Hanna Ave.
320 Queen Street W.
259 Danforth Ave.
2171 Queen St. E.
2256 Bloor St. W.
2323 Yonge St.
Brookfield Place
Chinatown Centre
College Park
Commerce Court
Dufferin Mall
East York Town Centre
Eaton Centre
Eaton Centre II
Exchange Tower
Gerrard Square
Holt Renfrew Centre
Scotia Plaza
Shops on Don Mills
Toronto Life Square
Yorkdale (Kiosk)
UXBRIDGE
307 Toronto St. S.
VAUGHAN
Vaughan Mills
WHITBY
Whitby Mall
Whitby SmartCentres
WILLOWDALE
Fairview Mall
WOODBRIDGE
4080 Highway 7

Also available at these retailers:



Offer ends June 8, 2009. Available with compatible devices within Bell Mobility core/high speed mobile network coverage areas. Other monthly fees, e.g., 911 (75c) and system access (\$6.95; not government fees), and one-time device activation (\$35) apply. \$6.95 system access fee is available with new activations and to existing customers who agree to a new committed service period (excluding corporate accounts). Paper bill service charge (\$2/mo) applies unless you register for e-bill and cancel your paper bill. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) As of May 16th, 2009. Based on phones with physical QWERTY keyboards, excluding BlackBerry, Windows Mobile and Palm smartphones. (2) Based on total square kms of the 1xEV-DO network vs Rogers HSPA coverage as of May 9th, 2009. LG Rumour and Samsung Cleo run on 1x only. (3) Unlimited messaging includes sent and received text messages. Sent text messages include domestic text messages and exclude international, roaming, alerts, premium text messages and messages sent with an instant messaging application. Received text messages include domestic, international, roaming text messages and service related messages from Bell and exclude premium, alerts or dial-up messages. Text messaging features available in addition to a Bell Mobility post-paid plan. Additional messaging options include email & Mobile Browser packages. Subject to acceptable use restrictions in Terms of Service. See bell.ca/acceptableuse for details. (4) With new activation on a post-paid voice plan, Rumour and Reveal are trademarks of LG Electronics Inc. Samsung Cleo and Samsung Vice are trademarks of Samsung Electronics Co., Ltd., and its related entities. Double-flip is a trade-mark of Bell Canada. Hint is a trademark of Motorola. Facebook is a registered trademark of Facebook Inc. or its affiliates.

Israel's internal intelligence service says Arab enemies are trying to use social networking sites to recruit spies. Shin Bet warned Israelis yesterday to beware of unsolicited messages on Facebook. It said there have been numerous incidents recently. **THE ASSOCIATED PRESS**

World



Caroline denies losing her cool

Caroline Kennedy denied yesterday that she ended her quest for the U.S. Senate because her kids and husband complained she was becoming an angry, intense person. Kennedy, daughter of slain president John F. Kennedy, said on NBC's Today show that reports she dropped out because her family no longer recognized her as a cool, composed mother and wife were "absolute nonsense."

THE ASSOCIATED PRESS



Sri Lankan President Mahinda Rajapaksa announces victory over the Tamil Tigers yesterday at the Presidents' office in Colombo, Sri Lanka.

Tigers leader killed, Sri Lanka says

Sri Lanka declared yesterday it had crushed the Tamil Tigers, killing their chief, Velupillai Prabhakaran, and ending his 25-year quest for an independent homeland for Tamils.

State television broke into its regular programming to announce Prabhakaran's death, and the government information department sent a text message to cellphones across the country confirming he was killed along with top deputies.

EU wants civilian deaths probed

The European Union called yesterday for an independent war crimes investigation into the killing of civilians in Sri Lanka. Czech Foreign Minister Jan Kohout, who chaired EU foreign ministers talks, said the EU wanted alleged violations of human rights laws investigated.

The announcement sparked mass celebrations around the country, and people poured into the streets of Colombo dancing and singing.

Prabhakaran's death has been seen as crucial to bringing closure to this

war-ravaged island country. If he had escaped, he could have used his large international smuggling network and the support of Tamil expatriates to spark a new round of guerrilla warfare here.

While Velupillai Prab-

hakaran was a hero to some, his group was branded a terrorist organization by several countries, including Canada and India. It has staged hundreds of suicide attacks, including the 1991 assassination of former Indian prime minister Rajiv Gandhi by a female bomber.

Military officials said as troops closed in on Prabhakaran early yesterday, he and his top deputies drove an armoured-plated van accompanied by a bus

filled with rebel fighters toward approaching Sri Lankan forces, sparking a two-hour firefight. Troops eventually fired a rocket at the van, ending the battle, the officials said.

In addition to Prabhakaran, the attack also killed Soosai, the head of the rebels' naval wing, and Pottu Amman, the group's feared intelligence commander, the officials said. One of Prabhakaran's sons, Charles Anthony, was also killed.

THE ASSOCIATED PRESS

News in brief

AFRICA Congolese rebels integrated into the country's army as part of a peace deal are looting, raping and killing the civilians they are meant to protect, United Nations military commanders told top UN officials yesterday.

MYANMAR Pro-democracy leader Aung San Suu Kyi went on trial yesterday on charges

of breaching the conditions of her house arrest by sheltering an American who swam to her lakeside home this month.

U.S. Authorities say a 15-year-old student shot himself in the head at a Louisiana middle school after he fired one shot at a teacher and missed. The student is in critical condition.

THE ASSOCIATED PRESS

WHO not raising alert level

Flu Outbreak

MEETING China, Britain, Japan and other countries urged the World Health Organization yesterday to be very cautious about declaring the arrival of an influenza A (H1N1), also known as swine flu, pandemic, fearing a premature announcement could cause worldwide panic and confusion. WHO bent to their wishes.

As the agency opened its annual meeting, WHO director general Dr. Margaret Chan said she had listened carefully to the concerns of member states and would follow their instructions.

The new swine flu virus continues to spread rapidly,



An Egyptian official scans the temperature of an American tourist yesterday at Cairo airport. Despite no cases, Egypt has ordered the slaughter of all the country's 300,000 pigs.

but the world is still short of facing a pandemic, Chan said, keeping the alert level at the current Phase 5.

"This virus may have given us a grace period, but

we do not know how long this grace period will last," Chan said. "No one can say whether this is just the calm before the storm."

THE ASSOCIATED PRESS

Repairs to Hubble almost complete

MISSION Spacewalking astronauts finished work on the inside of the Hubble Space Telescope yesterday and shut the doors to the observatory, which will never be touched by human hands again.

NASA said the telescope will be better than ever thanks to the astronauts' efforts and should provide more dazzling views of the universe for five to 10 years.

THE ASSOCIATED PRESS

Pakistan denies adding to arsenal

NUCLEAR Pakistan denied yesterday it was expanding its nuclear arsenal, a week after the chairman of the U.S. Joint Chiefs of Staff said there was evidence it was doing so. At a congressional panel last week, Admiral Mike Mullen was asked whether there was evidence that Pakistan was adding to its nuclear weapons systems. He simply replied: "Yes."

THE ASSOCIATED PRESS

Netanyahu says Israel ready for peace talks

PALESTINIANS Israeli Prime Minister Benjamin Netanyahu said yesterday he is ready to resume peace talks with the Palestinians,

but any agreement is contingent on their acceptance of Israel's right to exist.

His comments came after a meeting with U.S.

President Barack Obama, who bluntly told the Israeli leader it was time to get back to the negotiating table.

THE ASSOCIATED PRESS

MASSAGE or ACUPUNCTURE
Pain Relief • Deep Tissue Therapy • Stress Release

INTRO OFFER

\$18 One Hour Massage OR One Acupuncture session
First time visitors only. GST not included. Offers expires June 1, 2009. \$18 Massage/Acupuncture Promo not applicable to Registered Massage Therapy.

Registered Massage Therapy
Extended Health Plans Accepted
Call for introductory price for RMT

YOGA
Unlimited Yoga **2 For 1***
\$10 First Class Trial; the Second Class FREE.
\$60/mo. * Regular Drop-In Yoga Class \$15. GST not included. Certified Yoga Teachers.

NOW INTRODUCING THERAPEUTIC YOGA
Classes for Low Back Pain
Call for details

ACUYOGA
UNIVERSITY OF YOGA

unihealth GROUP
Established 1995

Downtown Toronto
208-1033 Bay St.
(Bay & St. Joseph)
416.920.3232
OPEN MON-SAT
tor@unihealth.ca

Etobicoke
14 Burnhamthorpe Rd.
(Burnhamthorpe & Dundas West)
416.236.7288
OPEN TUE-SUN
etb@unihealth.ca

North York
206-170 The Donway W
416.391.5822
OPEN MON-SAT
nyk@unihealth.ca

www.unihealth.ca Vancouver • Calgary • Toronto info@unihealth.ca

TALK MORE, PAY LESS!

\$1 PER CALL
Unlimited Minutes*

Dial 10-10-620
+ 1 + the Number
(dial without pausing)

**NO CONTRACTS • NO SIGNUPS
NO EXTRA CHARGES**

**TALK AS LONG AS YOU WANT
to Canada, USA and More**

Get the same great rates on your **Cell Phone!** Call us at **1-888-882-8115** for details.

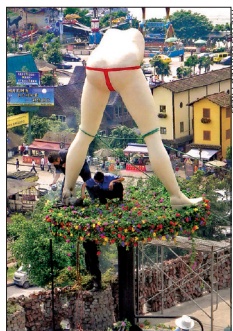
Visit **www.Telehop.com** or call **1-888-882-8056** for **LOW RATES** to other countries.

10-10-620 **Telehop**
The Smart Alternative

*Based on average residential usage. Rates subject to change without notice. Terms and conditions apply, please see website for details.

#27 04/09

world 13



Workers dismantle a statue Saturday in an unopened sex theme park in China.

China orders sex park closed

A sex theme park that featured explicit exhibits of genitalia and sexual culture is being demolished before it can even open, a government spokesman in southwestern China said yesterday.

The park, christened "Love Land" by its owners, went under the wrecking ball over the weekend in the city of Chongqing, said the spokesman, who like many Chinese bureaucrats would give only his surname, Yang.

Yang refused to give the reason for the demolition or other details. However, photographs of the adult-only park had circulated widely on the Internet over the weekend, prompting widespread mockery and condemnation.

Exhibits had included giant-sized reproductions of male and female anatomy, dissertations on how the topic of sex is treated in various cultures and what the official China Daily newspaper called "sex technique workshops." The park's main investor, Lu Xi-aoping, had earlier claimed that the attractions sought only to boost sexual awareness and improve people's sex lives. **THE ASSOCIATED PRESS**

British military loses court battle

TROOPS Britain's second-highest court ruled yesterday that soldiers at war are covered by European human rights law, which could compel the military to give troops better equipment and medical care. The case centred on the death of a British soldier who died of heatstroke in Iraq in 2003. An inquiry found the military failed to take steps addressing the difficulty he had adjusting to Iraq's climate. **THE ASSOCIATED PRESS**

Save more than money



MOTO W233 Renew

Introducing **Canada's first** eco-friendly phone made partly with recycled water bottles¹. Only at Fido.

\$0

With 2-year Fido Agreement.
Without agreement: \$65.

Plans from
\$15
per month²

TALK & TEXT

- › No System Access Fees
- › Per-second billing



Nokia 2760



Nokia 3500

More phones at \$0

With 2-year Fido Agreement.

Owner's guarantee

1. No System Access Fees (others charge up to \$6.95 per month)
2. Text messages to warn you before you exceed your plan
3. No term contract necessary
4. Earn FidoDollars™ to upgrade your phone for less

SHOP FIDO.CA
Drop by a store
Call 1-866-301-3436

Offers subject to change without notice. 1. Phone Housing made from 25% post-consumer recycled plastics. 2. A one-time activation fee of \$35 per line applies. Additional airtime, long-distance, roaming, options and taxes are extra and billed monthly. Plans include a number of sent text messages; text messages received from another mobile phone are free. There is a charge per text message received via E-mail to your Fido and for premium text messages. Early cancellation fees apply with a Fido Agreement. TM Trademarks of Fido Solutions Inc. © 2009 Fido Solutions Inc.

FIDO STORES

TORONTO

Dufferin Mall
First Canadian Place
Scarborough Town Centre
Sherway Gardens
Toronto Eaton Centre
Woodbine Centre
Yorkdale Shopping Centre
290 Queen Street West

WEST

Bramalea City Centre
Cambridge Centre
Conestoga Mall
Devonshire Mall
Erin Mills Shopping Centre
Fairview Park Mall
Lime Ridge Mall
Mapleview Shopping Centre
Masonville Place
Pen Centre Mall
Shoppers World
Square One Shopping Centre
Stone Road Mall
White Oaks Mall

NORTH

Centerpoint Mall
Fairview Mall
Georgian Mall
Hillcrest Mall
Markville Shopping Centre
The Promenade Shopping Centre
Upper Canada Mall
Vaughan Mills

EAST

Oshawa Centre

EXCLUSIVE DEALERS

TORONTO

CHANNEL WIRELESS
4675 Steeles Avenue East, Scarborough
DIGICELL.CA
222 Spadina Avenue, Unit 3A, Toronto
Westwood Mall, Toronto
Lawrence Square, Toronto
GENERATION WIRELESS
Pickering Town Centre, Toronto
Bridlewood Mall, Toronto
JCC COMMUNICATIONS
350 Dundas Street East
OCEAN WIRELESS
2674 Yonge Street, Toronto
Cedarbrae Mall, Toronto
PEPPER WIRELESS
4438 Sheppard Avenue East, Unit 127, Scarborough
STUDENT PHONES
20 Duncan Street, Suite 201, Toronto
University of Toronto Computer Shop
York University Federation of Students
UNI-CELL TELECOM INC.
2300 Yonge Street, Unit S22, Toronto
607 Bloor Street West, Toronto
5150 Yonge Street, Unit G3, North York
UNIPAGE
Chinatown Centre, Toronto
WIRELESS DNA
363 Yonge Street, Toronto
220 Yonge Street, Level 1, Toronto Eaton Centre
1448 Queen Street West, Toronto
6064 Yonge Street, Toronto
1911 Finch Avenue West, Unit K11, Toronto
East York Town Centre, Toronto
Yorkgate Mall, Toronto
Parkway Mall, Toronto

WEST

GENERATION WIRELESS
Dixie Outlet Mall, Mississauga

NORTH

CHANNEL WIRELESS
3255 Highway 7 East, Unit 126, Markham
DIGICELL.CA
First Markham Place, Unit 167
Pacific Mall, Unit E28, C3
77 James Street North, Hamilton
UNI-CELL TELECOM
Denison Centre, Markham
UNIPAGE
Pacific Place Mall, Markham
First Markham Place, Unit 136, Markham
Promenade Shopping Centre, Thornhill

EAST

UNIPAGE
Oriental Centre Mall, Scarborough

FUTURE SHOP



«WIRELESSWAVE»

booth
Inc. booth@booth.com

WIRELESS etc...

COSTCO
WHOLESALE

WAL*MART

LOCAL

Associate Publisher, Irene Patterson
Managing Editor, Jim Reyno

Retail Sales Director, Tracy Day
Prod/Distribution Director, Gerry Moher

NATIONAL

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

Comment & Views

Comment

Sun King of subterfuge

NationalReport

Lawrence Martin

metronews.ca/nationalreport

In Ottawa, two people below the prime minister hold the power. They are his chief of staff and the clerk of the Privy Council. Compared to these guys, cabinet ministers are small players. Until recently, Stephen Harper, Sun King of the great north, wouldn't even allow most of his cabinet ministers to answer questions in the House of Commons. His then-House Leader, Peter Van Loan, was directed to respond to most queries by attacking the questioner.

One would think, given the degree of importance of the chief of staff and the clerk, that the public would or should be familiar with

them. But there's not one in a hundred Canadians who even know their names.

This month, in a major shakeup that had broad ramifications for the government, the clerk, Kevin Lynch, was replaced. We don't know whether he was pushed out or left voluntarily. Rather than delve into that story, we in the media fixated on Rubygate — that critical question of whether or not backbench MP Ruby Dhalla was a meanie to her mother's Filipina caregivers.

The media's focus on this soap opera — Dhalla has a shapely body and wears spike heels — was something to behold. It's like we all de-

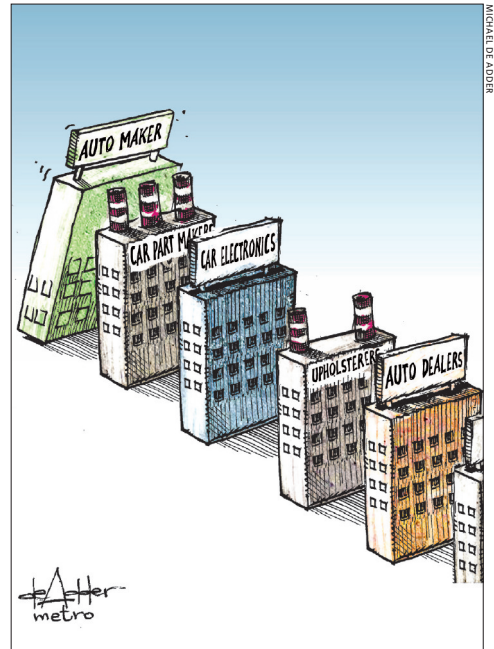
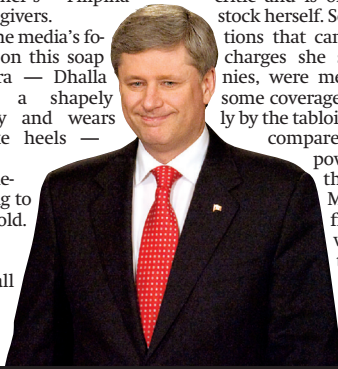
scended from the Daily Mirror of London's formerly-famed Fleet Street. What's next? Is everybody in the nation's capital going to be under the microscope for how they treat their domestic help? What if, for instance, some clearly negligent minister of the Crown doesn't leave out enough potato chips for his or her babysitter? What will happen then?

Granted, Dhalla was the Liberals' multiculturalism critic and is of immigrant stock herself. So the accusations that came her way, charges she strongly denies, were meritorious of some coverage — especially by the tabloid media. But compared to the power shift in the Prime Minister's Office, which was of 20 times the importance, Rubygate was a laugh.

The root of the problem, why the media got it upside-down, lies in the way they cover Ottawa, which is upside-down. In Ottawa, the power lies in the Prime Minister's Office and Privy Council Office, the government's executive branch. But they are housed in the sealed-off Langevin building. No journalists get near them. Instead, they congregate Parliament Hill, the legislative branch that caters to the Sun King's every whim.

By contrast, in Washington the media have quarters in the executive branch, the White House. Their focus is chiefly there, as opposed to Capitol Hill. Americans therefore tend to get to know who their chief power players, the Karl Roves of the world, happen to be. Here, because our media still hold to an archaic system of coverage, we chase nannies.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



Metro Online Poll Results

29% SAID YES

Is the Brian Mulroney inquiry relevant to you?

71% SAID NO

Weigh in on today's question at metronews.ca

Letters

Human rights issues should inconvenience folks

Re: *Tamilis should consider course correction (May 15)*

Since when have protests ever been convenient? In fact, human rights issues should impact and inconvenience those among us living comfortably.

Who cares if motorists and pedestrians have to take alternative routes around town? At least an alternative exists. There is a greater problem to be resolved. If you refer to any historical human rights movement, the same type of protests are exercised.

Apparently, there are more annoyed Torontonians than supportive ones. Why aren't we, as a collective, participating in the Tamil rallies, vigils or street demonstrations as we do with so many other issues seeking government and/or civil support?

Even more amazing is the way Tamil Canadians have joined together to support the humanitarian crisis in Sri Lanka. I see weekly reports of my people killing each other and I wish we held the same respect and love for one another in order to end gun violence.

VANESSA LEWIS, SCARBOROUGH

Quote of the Day

"Your grandmother would be proud of you."

— Socialite Brooke Astor's alleged comment to Camilla Parker Bowles regarding her affair with Prince Charles, according to witness Vartan Gregorian. Gregorian said in court yesterday Astor was referring to Alice Frederica Edmonston Keppel, who was Parker Bowles' ancestor and the reputed mistress of King Edward VII.

THE ASSOCIATED PRESS

Views

Is the future still black and white?

InBusiness

Charles Davies

What a sorry coincidence. The very week National Post publishes a series of articles underlining the importance of newspapers, it temporarily drops its Monday edition as a cost measure.

Canadian newspapers generally are suffering these days due to much reduced ad revenues and relentless cost pressures. Against the backdrop of the U.S., where major newspapers are cash and profit starved, going strictly digital or folding altogether, you begin to think newspa-

pers don't have a future.

The Post, of course, is right to reassert the value of newspapers and to suggest it will be with us for a long time. The argument really boils down to two points: We need them and we read them.

Newspapers have always been savagely criticized. Even H.L. Menck-en, a newspaperman for half a century, observed they were devices "for making the ignorant more ignorant and the crazy crazier."

Most, however, have given newspapers and other elements of the fourth estate their due as guardians of democracy, independent overseers with the ability to

alert the rest of us to abuse and excess.

You can argue forever about the relative accuracy of newspapers, but the fact is they have been around a

Recent Newspaper Audience Databank (NADbank) numbers show people understand this. Readership in Canada's 19 largest markets has been remarkably stable for five years, and readership of daily newspapers around the world has grown.

But neither audience strength nor civic virtue guarantee a healthy future for newspapers. Once the recession ends and revenues come back, publishers will still have to confront the thorniest question of the Internet era: Finding new and profitable ways to get valuable and trusted content into the hands of a shifting audience.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.



long time and developed journalistic traditions that render what's on the printed page more — rather than less — truthful. And with new and questionable sources of information and comment proliferating hourly on the Internet, newspapers' "truthiness" — as Stephen Colbert would say — is golden.

Tell us your views by email to torontoletters@metronews.ca or comment on metronews.ca or on Twitter @metrotoronto

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Daimler returns some workers to full hours

German carmaker Daimler AG said yesterday it was returning some employees of its Rastatt plant back to full-time work amid an increase in demand for its Mercedes B-class vehicles. By the end of May, only some 57,000 workers would be on reduced hours. **THE ASSOCIATED PRESS**

15

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

**Lloyds chief stepping down**

Lloyds Banking Group chairman Sir Victor Blank announced his retirement Sunday, saying he will step down from the position by June 2010 after mounting criticism over the decision to purchase struggling bank HBOS. Blank took over as chairman of the group in May 2006. The government had encouraged Lloyds to acquire HBOS to save it from collapse. **THE ASSOCIATED PRESS**

Lowe's gives investors hope

World stock markets recovered early losses yesterday after Lowe's, the second biggest U.S. home improvement chain, said first-quarter profit fell less than feared.

The report boosted hopes among investors that the worst of the U.S. recession is over and offset weak earnings news out of Asia, which had weighed on markets early in the day.

Standing out yesterday was India's stock market, which vaulted more than 17 per cent higher, forcing trading to be halted for the

day, amid euphoria over the Congress Party's victory in national elections.

News that net profit at Lowe's Cos. fell to 32 cents per share in the quarter, topping analysts' forecast of 25 cents a share, helped sentiment after two of Japan's leading companies, Panasonic and Mizuho Financial, reported colossal losses for the fiscal year.

Oil hovered around \$57 a barrel in Europe as traders backed off last week's push to above \$60 amid signs of weak crude demand.

THE ASSOCIATED PRESS

Lowe's Cos., the United States' second-biggest home improvement chain, said yesterday its fiscal first-quarter profit fell 22 per cent but beat Wall Street's expectations.

Toyota turns up heat on Honda with new Prius

AUTOS Toyota Motor Corp. rolled out its revamped Prius hybrid yesterday, which will cost less in Japan than its predecessor model as competition heats up with Honda's rival hybrid, the Insight.

Toyota aims to sell 300,000 to 400,000 of the new Prius worldwide a year.

The Japan price for the Prius, which starts at about \$21,600 US, is cheaper than the previous model.

But in an unusual move aimed at competing

against the Insight, Toyota also said it will continue to sell the current Prius in Japan — and cut its price.

It targets rental and corporate customers and will sell for the same price as the Insight.

Toyota started its global launch of the world's top-selling hybrid at a ceremony in Tokyo where the automaker's incoming president, Akio Toyoda — grandson of the company's founder — drove on stage in the new Prius.

THE ASSOCIATED PRESS**Union fights GM over car imports**

AUTOS General Motors and the United Auto Workers are fighting over plans to close 16 U.S. factories and import vehicles from other countries as a June 1 deadline for a concession deal draws near.

GM says in documents submitted to Congress it plans to start importing small cars from China starting in 2011. The UAW says GM's plans will cost 21,000 U.S. factory jobs. GM says the percentage of cars made and sold in the U.S. will remain stable.

THE ASSOCIATED PRESS**Incentive to scrap old cars in Britain**

AUTOS Britain has launched a program offering cash discounts on new cars to owners of vehicles more than 10 years old.

The program is intended to stimulate new car sales, which are running about 25 per cent below last year's levels.

The government and car manufacturers are sharing the cost of the discount of £2,000 (\$3,565).

To qualify, the car must have been registered before Aug. 21, 1999.

THE ASSOCIATED PRESS

Motorola faces lawsuit after firing finance chief

CORPORATE A lawsuit filed by the chief financial officer of Motorola Inc. after he was fired following a presentation provides a rare peek into dysfunctional relationships at the top of a major company.

Motorola claims it fired the CFO "for cause" — a term usually reserved for suspected embezzlers — while the former CFO says he was canned for blowing the whistle on problems.

The case represents more trouble for the cellphone maker, which has been struggling with billion-dollar losses and

laying off thousands of workers.

Paul Liska, 53, fired a broadside at the company's ailing cellphone division at a subcommittee meeting Jan. 28.

But the horns that flew out from that nest went for him, not his intended target — the head of Motorola's cellphone division, Sanjay Jha, a rising star of the wireless world recruited by Motorola last August to head Mobile Devices and make it an independent company, according to public records accompanying the lawsuit.

THE ASSOCIATED PRESS**Business in brief**

TALISMAN The Norwegian unit of Canadian oil company Talisman Energy Inc. has struck oil near the existing Varg field in the Norwegian sector of the North Sea. The Norwegian Petroleum Directorate said yesterday the size of the find had yet to be determined, while project partner Det norske oljeselskap ASA called the discovery "significant."

AIRBUS The first Airbus A320 jet assembled outside Europe made its maiden flight yesterday after its assembly in the northeastern Chinese city of Tianjin. The Airbus Final Assembly Line China plans to begin deliveries in June. The plant is expected to be able to produce four A320s a month by 2011 and a total of 300 A320 planes by 2016. **THE ASSOCIATED PRESS**

ADVERTISING FEATURE

The 7 Most Common Mistakes Homebuyers Make & How To Easily Avoid Them

Insider Real Estate Secrets Revealed!

Toronto, ON - The Toronto Real Estate Centre has just released the updated 2009 edition of their most popular publication, "BUY LOW, SELL HIGH".

Buying a home can either be an exciting process, or a very stressful one. Over the past 24 years, we have helped thousands of consumers buy and sell all over the GTA. And we've identified the most common mistakes homebuyers make, and we give you a step by step way to find

the best new home listings, negotiate great price and terms, and get some free help along the way.

With over 162 facts, tips, mistakes, and questions about buying & selling real estate, you'll save thousands of dollars or get more home for your money.

We'll discuss everything from finding out about the "Hot Listings" before other buyers do, how to get the lowest mortgage rates (lower than the advertised bank rates), how to avoid the hidden costs of buying a home, ...and MUCH more...

Our Free information package includes a copy of our 130 page book, "BUY LOW, SELL HIGH", and a copy of our all new AUDIO CD, absolutely free.

This package is free, but we have limited supplies.

To order call Simon Giannini at 416.979.0333, or email me your request at simon@reccanada.com.

Simon Giannini, Broker of Record, REC 2000 Inc., Brokerage

DON'T MISS THE NEXT REAL ESTATE BOOM! FREE WEALTH BUILDING SEMINAR**LEARN HOW TO:**

- Make \$100,000 a year part-time.
- Retire within 36 months never to return to your J.O.B.
- Invest for positive cash flow.
- Buy your first home or investment property in 45 days.
- Pay Off Your Home Mortgage in 5 years.

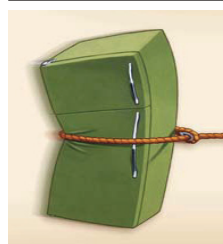
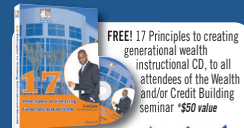
Wednesday May 20, 2009 - 7pm - 9pm • Saturday May 23, 2009 - 3pm - 5pm • Wednesday May 27, 2009 - 7pm - 9pm

8 STRATEGIES TO HIGHLY EFFECTIVE CREDIT FREE CREDIT BUILDING SEMINAR**YOU WILL LEARN:**

- How to raise your credit score without paying down your credit card balance.
- How to save over \$30,000 per year with low interest credits.
- How to delete errors from your credit report.
- How to Access over \$400,000 plus in unsecured credit.
- How to Leverage the credit system to build wealth, start businesses, & invest in real estate.

Days Hotel & Conference Centre, 1677 Wilson Ave - Toronto
Saturday May 23, 2009 - 9am - 11am & 12pm - 2pm

Register: www.remiccorp.com OR call 1-888-88-REMIC (73642)



If you have an electricity-guzzling fridge that's 15 years old or more, you can get rid of it the easy way. Just make an appointment with us. We'll come into your home, take it away for free* and recycle it in an environmentally friendly manner. You'll save between \$120 - \$150 per year in electricity.

Book online today at everykilowattcounts.ca or call 1-877-797-9473

*Fridges and freezers must be at least 15 years old, between 10 - 27 cubic feet, window air conditioners and room dehumidifiers more than 10 years old. All must be in working condition. Funded by the Ontario Power Authority and offered by Toronto Hydro-Electric System. ® Official marks of the Ontario Power Authority. The figure and star is a trademark of Toronto Hydro Corporation used under license.



The U.S. Supreme Court says it won't block a lawsuit against the Canadian Pacific Railway and residents of Minot, N.D., over a 2002 derailment that sent a cloud of toxic anhydrous ammonia farm fertilizer over the city. **THE ASSOCIATED PRESS**



Put yourself in high demand with a career as a **Paralegal, Legal Assistant, or Law Clerk**
Internship included

Classes Forming NOW!
1-888-NEW-CAREER
1-888-(639-2273)

www.herzing.edu Toronto Eaton Centre Campus

Certified Law Clerks

Law Clerks are trained professionals who administer legal and administrative duties usually under the supervision of a lawyer. These duties include but are not limited to managerial roles in the law office, legal document administration and a general knowledge of practice and procedures within a specialized area of law. Law firms, corporations and government hire Law Clerks to work in areas of real estate, litigation, corporate law and estates.

Herzing College provides professional training to assist students to prepare for Law Clerk specific industry certifications. Although certification is not necessary in order to become gainfully employed as a law clerk, achieving certifications will help the student develop a specialized expertise and enhance their employment options and earnings.

To create your career call:
1-888-NEW-CAREER (1-888-639-2273)

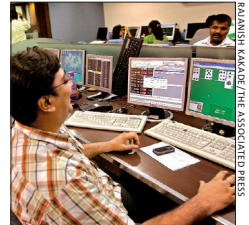
India stocks over the top

India's stock market surged an unprecedented 17 per cent, forcing trade to close for the day, after the Congress party's victory in national elections set the scene for long-delayed economic reforms.

Within seconds of opening, the Bombay Stock Exchange's benchmark Sensex vaulted 2,110.79 points, or 17.3 per cent, to 14,284.21, triggering the historic shutdown yesterday. Infrastructure, banking and real estate companies led gains.

The Congress-led alliance unexpectedly captured 261 seats in India's 543-seat parliament — one of the most crushing electoral victories in nearly two decades of fractious coalition politics.

Putting to rest fears of an unwieldy coalition, the vic-



A broker plays games yesterday during a two-hour pause in trading in Mumbai, India.

tory raised hopes of a revival in foreign direct investment and economic growth, as well as tax reform and significant infrastructure spending.

The National Stock Exchange, India's smaller second exchange, was also closed after its Nifty 50 index gained 651.5 points, or 17.7 per cent, to 4,323.15.

THE ASSOCIATED PRESS

The Schulich MBA & IMBA

LEVERAGE ALL THE OPTIONS. Customize your studies with Schulich's 18 specializations, 2 campuses, multiple start dates and interchangeable scheduling choices. Integrate classroom learning and hands-on experience during the MBA's six-month strategic consulting project and work with real clients, real problems and real solutions.



MBA '06
Financial Engineering Specialization
TINGMIN (TIM) CHEN
Senior Analyst, Market Risk
BMO Financial Group
TORONTO (CANADA)

FULL-TIME MBA 16 Months ACCELERATED MBA 8 Months

Tailor your Schulich MBA to personal career needs. Start in January or September. Choose from 18 specializations, including business functions such as Finance and Marketing, as well as innovative options like Real Estate and Infrastructure, and Health Industry Management. Study abroad and gain international perspectives. Leverage the diversity of Schulich's faculty, students and alumni to build global networks.



MBA '06
Marketing and Strategy Specialization
SHARON RUSTON
Senior Brand Manager
GlaxoSmithKline
TORONTO (CANADA)

PART-TIME MBA

Evenings, Days, Alternate Weekends
The choice is yours. Start in January, May or September. Study on alternate weekends. Study in the evening downtown at King and Bay, or at York University's main campus. Switch between part-time and full-time study and finish your degree faster. Use the flexibility of the Schulich part-time MBA to balance priorities.



IMBA '98
Finance Specialization
LUIS TRÓMPIZ
Corporate Treasurer
Corporación Digital, C.A.
(Mobile Company)
CARACAS (VENEZUELA)

IMBA (INTERNATIONAL MBA)

20 Months (including a work term abroad)
Whether you work in Canada or abroad, you'll need international expertise to succeed. Specialize in global trading regions. Gain overseas exposure during work and study terms abroad. Make second language skills a competitive advantage. Leverage your Canadian and international interests and experience. The Schulich IMBA is the ideal choice for your global career.

Information Sessions

To register, visit
www.schulich.yorku.ca/infosessions

Toronto (Downtown Campus)

Miles S. Nadal Management Centre
Ernst & Young Tower

Wednesday, May 20

6:00 pm–7:30 pm

Toronto (Main Campus)

Schulich School of Business
York University

Tuesday, June 2

6:00 pm–7:30 pm

Full-Time: MBA, Accelerated MBA, International MBA, MBA/JD, MPA, Master of Finance
Part-Time: Evenings, Days, Alternate Weekends

Schulich Leads in Rankings

The Schulich MBA is ranked in the world's top tier of best business schools by *The Wall Street Journal* (#11 in the world in "Top International Schools" ranking); *The Economist* – Economist Intelligence Unit (#15 in the world); *Forbes* (4th best non-US school); The Aspen Institute, a US think tank (#3 in the world in Social and Environmental Stewardship); and *Expansión* (#21 in the world) in their most recent global surveys. They also rank the Schulich MBA #1 in Canada.

Kellogg's global network of Executive MBA programs, including the Kellogg-Schulich EMBA, is ranked #1 in the world by *The Wall Street Journal* in its inaugural EMBA survey. The Kellogg-Schulich EMBA is ranked #1 in Canada by the *Financial Times* of London in its most recent global EMBA survey.

Global Reach. Innovative Programs. Diverse Perspectives.



YORK U50

www.schulich.yorku.ca

Business in brief

MARKETS Investors will take some time to reflect this week, and assess whether they've been too enthusiastic about an economic recovery to justify the stock market gains seen during the recent spring rally. Economists are predicting investors will conclude the markets have become too carried away, and will need to pull back. The Toronto Stock Exchange will be trading on a

shortened week

TAKEOVER Calgary-based fertilizer giant Agrium Inc. is asking shareholders of U.S.-based fertilizer producer and distributor CF Industries to demand the company negotiate a mutually beneficial merger agreement with the Canadian business. Agrium has been trying to acquire CF Industries since February.

THE CANADIAN PRESS

Save Money and Time on your Auto & Home and Life Insurance

CONNECT TO A LIVE LICENSED INSURANCE BROKER

Good Drivers, New Drivers and Imperfect Drivers

COMPARE RATES FROM MAJOR INSURANCE COMPANIES IN ONTARIO

Live Phone Assistance: Ask for Edward
Greater Toronto Area Call: **289-997-1531**
Email: edward@bestautoquotes.ca
www.bestautoquotes.ca

NEED LEGAL HELP?

Attend **FREE** conference at **SCARBOROUGH CIVIC CENTER**

(150 Burrough Drive) on MAY 20th @ 11 am

Sponsored by **"JUSTICE FOR ALL"**

(One case will be profiled highlighting every legal conundrum imaginable)

Regina & Bank of Montreal vs.

Jenifer Woldegabriel

allforjustice@hotmail.com

Interest rates/Savings accounts
METRO NEWS SERVICES

BMO	CIBC	HSBC	ICICI	ING	PCF	RBC	Scotia	TD
1.0%	1.0%	1.05%	1.6%	1.5%	1.0%	1.0%	1.0%	0.75%

Note: Please check bank websites as some rates require a minimum account balance.

business 17

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Your new best friend: Bill

Using cash in daily spending keeps you in control

Alison On Money

Alison Griffiths
metronews.ca/alisononmoney

There's nothing lonelier than a single bill pining away in your wallet ... unless, of course, that bill happens to have Sir Robert Laird Borden's face on it, which means you've got 100 bucks cooling its heels, waiting to be spent.

But let's assume it is Sir Wilfrid Laurier — a fiver, in case you didn't know — who is keeping receipts company in your purse or wallet. When you hove in to sight of a java joint and pull out the Great Conciliator — yes, this column is a history lesson as well as a money lesson — you are



There's a distinct cognitive event that happens when you handle money. It's called awareness.

likely to think twice about using it all up.

Cash controls spending, plain and simple. Using cash to pay for everyday purchases such as coffee, transit, lunch and magazines alerts you to the idea

that you're actually spending real money. You just don't get the same cautionary sense when you haul out plastic, be it a debit card or a credit card.

There's a distinct cognitive event that happens

Alison's Money Rule:

- Cash controls spending. Using cash to pay for everyday purchases alerts you to the idea that you're actually spending real money.

when you handle money. It's called awareness. Over the counter goes the fiver and back comes a loonie, a dime, two nickels and four pennies. You drop the pennies in the "Give a Penny Take a Penny" bowl and pocket the rest.

I'm betting that everyone reading this column has just added up the change and then sub-

tracted the four pennies to determine how much money was left from the purchase. And a few of you are calculating, even as you read, what that purchase might have been by the amount spent.

Was it a frap, cap, latte, green tea and cookie? You see, you are much more conscious of this imaginary purchase than if you had paid with plastic. Now, add in the awareness of the bills left in your wallet and you become attuned to your temporary wealth, or lack of it. At the end of the day, what encourages us or cautions us about spending is knowing where you're at and using cash will do it every time.

- For more about Alison's show Moxed Out, and for local times, visit wnet-work.com.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Tax credit for home renos

MoneyMatters

Henry Choo Chong
metronews.ca/moneymatters

Q Last year, I spent more than \$8,000 to partially finish my basement. If I redid my kitchen, can I claim the new renovation tax credit?

—Isaak

A The new Home Renovation Tax Credit (HRTC) was introduced this year, as part of Canada's Economic Action Plan.

With world economies falling into a recession, including Canada, the HRTC

Read more on [page 18](#)



FLIGHT CENTRE® Unbeatable

Europe Airfares

LONDON
\$99

Travel Jun 6 - Jun 12/ts + taxes & fees \$382

Frankfurt \$99
Travel Jun 1 - Jun 11/ts + taxes & fees \$318

Amsterdam \$149
Travel May 29 - Jun 8/ts + taxes & fees \$383

Paris \$198
Travel Jun 5 - 12, 17/ts + taxes & fees \$337

Rome \$199
Travel May 30 - Jun 7, 8/ts + taxes & fees \$297

Venice \$199
Travel May 30 - Jun 6, 7/ts + taxes & fees \$298

Airfares

New York City \$179
Travel Jun 15 - Jun 22/pd + taxes & fees \$116

Halifax \$198
Travel Jun 16 - Jun 23/ws + taxes & fees \$95

Jamaica \$248
Travel Jun 15 - Jun 24/ac + taxes & fees \$264

Costa Rica \$300
Travel Jun 6 - Jun 13/ac + taxes & fees \$183

Johannesburg \$719
Travel Jun 1 - Jun 15/kl + taxes & fees \$327

Walt Disney World Holidays

FREE
DISNEY
DINING PLAN

Buy a 4-night/4-day family vacation package including roundtrip airfare, accom and Theme Park tickets and get the Disney Dining Plan FREE*. You must book by May 31, 2009.

Disney's Value Resorts \$697*

Disney's Value Resorts + taxes & fees \$113
INCLUDES roundtrip airfare, transfers, 4 nights accom at one of Disney's Value Resorts and a 4-day Magic Your Way Base Ticket. Departs Aug 17, 24, 31, 2009/ggv/aa. **BONUS** includes FREE Disney Dining.

Disney's Moderate Resorts \$797*

Disney's Moderate Resorts + taxes & fees \$113
INCLUDES roundtrip airfare, transfers, 4 nights accom at one of Disney's Moderate Resorts and a 4-day Magic Your Way Base Ticket. Departs Aug 17, 24, 31, 2009/ggv/aa. **BONUS** includes FREE Disney Dining.

Disney's Deluxe Resorts \$947*

Disney's Deluxe Resorts + taxes & fees \$113
INCLUDES roundtrip airfare, transfers, 4 nights accom at one of Disney's Deluxe Resorts and a 4-day Magic Your Way Base Ticket. Departs Aug 17, 24, 31, 2009/ggv/aa. **BONUS** includes FREE Disney Dining.



Holidays

LAS VEGAS
4 NIGHTS
\$215

Imperial Palace + taxes & fees \$230
INCLUDES roundtrip airfare and 4 nights 3-star accom on the Las Vegas Strip. Departs Jun 7/swg/wg. **UPGRADE** to 4-star Bally's from \$10 per night.

Quebec City Weekend \$333

Best Western City Centre + taxes & fees \$122
INCLUDES roundtrip airfare and 3 nights 3.5-star accom just a few steps away from Old Quebec City. Departs Jun 11/wsv/ws.

Germany Fly & Rail \$399

+ taxes & fees \$318
INCLUDES roundtrip airfare to Frankfurt and a 4-day Germany Rail Pass to explore at your own pace. Travel Jun 1 - 11/ggv/ts.

Paris Starter Package \$483

Hotel All Seasons Paris Bercy + taxes & fees \$337
INCLUDES roundtrip airfare and first 2 nights 3.5 star accom with breakfast located just 10 minutes by metro to the Louvre. Travel May 29 - Jun 5/vat/ts.

Vancouver Weekend \$569

Mada Hotel + taxes & fees \$110
INCLUDES roundtrip airfare and 3 nights 4-star accom in the heart of Vancouver just one block from famous Robson street. Departs Jun 18/ggv/ws.

All-inclusive Holidays

PUERTO PLATA
4-STAR
\$397

Grand Paradise Playa Dorada + taxes & fees \$315
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Jun 4/nol/ts.

Punta Cana 4-Star \$455

Grand Paradise Bavaro Beach Resort & Spa + taxes & fees \$309
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs May 21/swg/wg.

Varadero 4-Star \$495

Tuxpan + taxes & fees \$210
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Jun 13/swg/wg.

Cruise & Stay Holiday

BAHAMAS
\$739

Norwegian Sky + taxes & fees \$216
INCLUDES roundtrip airfare to Miami, 4-day NCL cruise with onboard meals & entertainment visiting Freeport, Nassau, Norwegian Private Island and 2 nights 3-star accom at the Deauville Beach Resort in the heart of Miami beach. Port charges included. Travel Jun 8 - 14/ggv/kl. **UPGRADE** to oceanview stateroom from \$14 per day.

I 866 485 7092 | flightcentre.ca

Conditions apply. Ex-Toronto. Air only prices are per person for return travel unless otherwise stated. Package, cruise, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. *Vacation package must include roundtrip airfare, 4 nights accommodation and 4 day theme park tickets. Tickets are for one Theme Park per day and must be used within 14 days of first use. Based on 2 adults, 2 children (ages 3-9). The number of packages available at this rate is limited. No group rates or other discounts apply. Everyone in the room must be on the same package and ticket options. Excludes gratuities. Disney Dining Plan excludes alcoholic beverages, and children ages 3-9 must choose from children's menu if available. vats=transat, pd=porter, wsvs=westjet, acv=air canada, kl=klm, ggv=go, aa=american, nol=nolights, swg/swg=swg. The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A \$100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you \$100 towards another one!

FTCCO



How much do you spend each year on creams, lotions, makeup and hair stylists? It's time to re-evaluate your spending habits on beauty products. To read this week's Smart Cookies column, visit metronews.ca/smartcookies. **METRO NEWS SERVICES**

Online: The Smart Cookies tackle beauty spending

What's eligible and what's not

>> Continued from page 17

is part of a stimulus package to help the ailing real estate industry. Will this revive our real estate market? The verdict has yet to

be decided but none of my renovation clients are complaining.

Eligible home expenditures spent between Jan. 27, 2009 and Feb. 1, 2010 will qualify for the HRTC. The HRTC is a non-refundable tax credit and can be claimed when filing your 2009 tax return. Eligible ex-

penditures for renovations or alterations must be of an enduring nature and integral to the home. Therefore, routine expenditures such as house cleaning, snow removal, furniture and appliances will not qualify for the credit.

The following will give you some insight:

- Expenditure claim is minimum \$1,000 to \$10,000 maximum. Maximum claim results in \$1,350 tax saving.

- Home refers to place that you and family own and inhabit for personal use. This includes principal residence and cottage. Investors need not apply.

- Eligible expenditures include but are not limited to: Re-shingling the roof, new flooring, renovating the kitchen, new furnace, additions and a host of other costs.

- Keep receipts as proof, including cost materials, invoices, etc.

If you are planning to

have some work done on your home and want to maximize the tax credit, talk to your financial adviser or visit Canada Revenue Agency's website, cra-arc.gc.ca.

Henry Choo Chong, CGA, can be reached at choochonghcg@yahoo.ca and 416-489-7800, ext. 227.



Give yourself a tax break. Talk to an RBC® advisor and ask about how a Tax-Free Savings Account can work for you.

To talk to an RBC advisor, call 1-800-463-3863, visit your local branch, or visit rbc.com/tfsa

RBC's Tax-Free Savings Account is a great new way to help you realize both your short and long-term goals sooner. An RBC advisor works with you to create a plan that encompasses your complete investment picture.



CREATE
A FUTURE WITH PEACE OF MIND

Rogers to carry TSN2

Rogers Cable subscribers who were worried about missing the upcoming pivotal series between the Toronto Blue Jays and the Boston Red Sox can breathe a sigh of relief. The cable provider and TSN have finally come to an agreement over the distribution of digital channel TSN2, which has exclusive coverage of the series.

METRO NEWS SERVICES

19

Sports



Roy plays coy

Hall of Fame goaltender Patrick Roy, left, has denied being offered the Colorado Avalanche's coaching job, a position currently held by Tony Granato. The Denver Post reported yesterday that Roy had received an offer and was mulling it over. The Avalanche declined comment on the report, which cited anonymous league sources.

THE ASSOCIATED PRESS

SPORTS@METRONews.CA

Putting the brooms to use

First-place Blue Jays sweep White Sox in four-game series

MLB RESULTS

Chicago 2 Toronto 3



Starter Scott Richmond didn't get the win yesterday afternoon, but Alex Rios made sure the Toronto Blue Jays did.

Rios tripled home the winning run in the bottom of the eighth after reliever Jesse Carlsson coughed up a two-run lead in the top of the frame for a 3-2 victory that completed a four-game sweep of the struggling Chicago White Sox.

Halladay
Toronto Blue Jays right-hander Roy Halladay has captured the American League player of the week honours after a pair of victories last week. Halladay went 2-0 in his two starts with a 1.13 ERA over 16 innings.

Jose Bautista opened the eighth with a walk against Octavio Dotel (1-1), who hadn't allowed a run in 14



Toronto Blue Jays Alex Rios hits the game-winning triple during eighth inning AL action against the Chicago White Sox yesterday. Rios' hit scored Jose Bautista with the deciding run in a 3-2 win.

previous appearances, moved to second on Marco Scutaro's sacrifice bunt, stole third and trotted in on Rios' flare into the gap, igniting the crowd of 24,206.

Scott Downs then came on in the ninth and nailed things down for his fifth save as the Blue Jays (27-14) successfully finished a

5-2 homestand before embarking on a nine-game road trip.

They face the Boston Red Sox for the first time this season tonight and play three at Fenway Park before heading off for additional three game sets in Atlanta and Baltimore.

The Blue Jays led this one 2-0 through seven

thanks to seven shutout innings from Richmond, who bounced back after giving up a combined 10 runs in his previous two starts, a Kevin Millar solo shot in the second and Aaron Hill's sacrifice fly that drove in Scutaro, in the lineup after taking a throw in the sternum Sunday.

THE CANADIAN PRESS

Key decision coming today in Coyotes bankruptcy case

NHL The immediate future of the Phoenix Coyotes should become a little clearer today when Judge Redfield Baum presides over an afternoon bankruptcy hearing and determines who controls the Coyotes.

One of the most challenging parts of that task will be sifting through the 100-plus documents filed so far and establishing which version of events is most accurate. There is a sizable gap between statements filed by the NHL and those given on behalf of Coyotes majority owner Jerry Moyes.

The discrepancies can be found in details both big and small, but generally centre around the question of which side has authority over the NHL team.

That trend continued yesterday as a sworn affidavit from Gary Bettman was filed in which the commissioner alleges that

Winnipeg return?

Interestingly, Jim Balsillie and Gary Bettman do match stories when it comes to Bettman's stated desire to see a team moved to Winnipeg rather than Hamilton, where it would play in aging Copps Coliseum.

he has been "completely responsible for control of the ownership interest" in the Coyotes since Moyes signed a proxy agreement in November. That runs contrary to statements previously given by Moyes and others on his side.

Bettman insists that he ordered Jeff Shumway's removal as team chairman and CEO back in January: "I had the complete authority to make changes to the management structure of the club and exercised that authority."

Moyes has said that Shumway resigned.

THE CANADIAN PRESS

SCOREBOARD

MLB
YESTERDAY'S AL RESULTS
TORONTO 3 Chicago White Sox 2
Tampa Bay 3 Oakland 4
Minnesota at N.Y. Yankees
L.A. Angels at Seattle

YESTERDAY'S NL RESULTS
Colorado 5 Atlanta 1
Pittsburgh at Washington
Arizona at Florida
Milwaukee at St. Louis
N.Y. Mets at L.A. Dodgers

TODAY'S AL GAMES
TORONTO at Boston
Texas at Detroit
Baltimore at N.Y. Yankees
Oakland at Tampa Bay

Cleveland at Kansas City
Minnesota at Chicago White Sox
L.A. Angels at Seattle

TODAY'S NL GAMES
Pittsburgh at Washington
Colorado at Atlanta
Arizona at Florida
Philadelphia at Cincinnati
Milwaukee at Houston
Chicago Cubs at St. Louis
San Francisco at San Diego
N.Y. Mets at L.A. Dodgers

NHL
YESTERDAY'S RESULTS
Pittsburgh 3 Carolina 2
TODAY'S GAME
Chicago at Detroit

THURSDAY'S GAME
Carolina at Pittsburgh

FRIDAY'S GAME
Detroit at Chicago

SATURDAY'S GAME
Pittsburgh at Carolina

SUNDAY'S GAME
Detroit at Chicago

TUESDAY'S GAME
Pittsburgh at Carolina

NBA
TODAY'S GAME
Denver at L.A. Lakers

WEDNESDAY'S GAMES
Orlando at Cleveland

Sports in brief

BASEBALL Etobicoke's Joey Votto, first baseman for the Cincinnati Reds, is still suffering from the dizziness that led to him being removed during the fourth inning of last Tuesday's game. Votto is scheduled to undergo tests today in Cincinnati.

SURGERY New York Mets slugger Carlos Delgado needs surgery on his right hip and there's no immediate word on when he might return to the lineup. Delgado has a bone spur and a torn labrum in his hip. He will have surgery today.

MEMORIAL CUP Jamie Benn scored four times, including the game-tying and game-winning goals in the third period as the Kelowna Rockets booked their ticket to the final of the MasterCard Memorial Cup with a 6-4 victory over the Drummondville Voltigeurs last night.

BUFFALO Terrell Owens received the key to Buffalo yesterday as the Buffalo Bills' voluntary minicamps started up.

METRO NEWS SERVICES

Penguins hold on for Game 1 win

Stanley Cup
2009 Playoffs
(Pittsburgh leads series 1-0)
Carolina 2 Pittsburgh 3



The Carolina Hurricanes probably expected Evgeni Malkin and Sidney Crosby to make a difference. What they couldn't have anticipated was being beaten by Miroslav Satan and Philippe Boucher.

Satan and Boucher scored their first goals of the playoffs and goaltender Marc-Andre Fleury prevented Carolina from getting its offence going, leading the Pittsburgh Penguins to a 3-2 victory over the Hurricanes in Game 1 of the Eastern Conference final last night.

Game 2 will be Thursday night following the first of



Pittsburgh's Miroslav Satan switches to the backhand on a first-period goal against Carolina goalie Cam Ward last night in Pittsburgh. The Penguins held on for a 3-2 victory.

as many as three two-day breaks in the drawn-out series.

Malkin had a goal and an assist on a night Crosby, the leading scorer in the playoffs with 22 points, was limited to an assist. Satan and Malkin scored less than 90 seconds apart midway through the first period for the Penguins, who

are trying to win back-to-back conference championships for the first time since 1991-92.

The Penguins got contributions from Satan, who fell into such disfavor in March that he was sent to the minors, and Boucher, a defenceman best known for his hard slapshot.

THE ASSOCIATED PRESS

HAIR LOSS

A NATURAL ALTERNATIVE TO HAIR TRANSPLANTS & PRESCRIPTIONS

- ITCHY SCALP • THINNING HAIR
- PROFUSE HAIRLOSS • DANDRUFF
- NATURAL • SAFE • NO SIDE EFFECTS

(HMA) HAIR MICRO ANALYSIS
(ETG) TREATMENT
(LLLT) LASER TREATMENT

FOR MEN & WOMEN

96.7% SUCCESS RATE
FDA APPROVED HAIRMAX
LASER COMB
www.antechhair.com
AN-TECH
Laboratories A & T Inc.

FREE EVALUATION
& CONSULTATION
EST 1973

DOWNTOWN	BAY/BLOOR	416.929.4247
NORTH YORK	YONGE/SHEPPARD	416.250.6675
MISSISSAUGA	HWY10/DUNDAS	905.896.1074

Fresh off getting fired by the Tampa Bay Buccaneers, Jon Gruden has been hired to replace Tony Kornheiser as a colour commentator for Monday Night Football this season. The snarl-for-snarky swap came after Kornheiser cited a fear of flying in his decision to leave after three years. **METRO NEWS SERVICES**

Raptors hope for luck of the draw

For the first time in three years, the Toronto Raptors find themselves at the mercy of the numbered ping-pong balls.

But general manager Bryan Colangelo said whatever pick his team winds up with when the NBA draft order is determined by today's lottery (The Score, 8:30 ET), he's confident there's a decent player out there to be had.

"Overall I think the draft is a bit watered down, but at this stage of the evaluation process there are at least 10 to 12 players that we like and feel can come in and help address a need," Colangelo said.

"Therefore, regardless of Tuesday's result, we will be content with the pick."

"I think the draft is a bit watered down, but at this stage of the evaluation process there are at least 10 to 12 players that we like and feel can come in and help address a need."

Raptors GM Bryan Colangelo

The Raptors haven't been in the lottery since they won it in 2006 after finishing fifth-last in the league. They used the top pick on

Italian forward Andrea Bargnani.

The team had high hopes at the outset of the 2008-09 season, and a spot in the draft lottery certain-

ly wasn't on the radar. But the Raptors went 33-49, a late-season push leaving them 21st in the league.

If the balls fall according to odds, Toronto will have the ninth pick in the June 25 draft at Madison Square Garden in New York.

The Raptors have a very small chance — 1.7 per cent — of landing the No. 1 pick. They could also drop as low as 12th.

THE CANADIAN PRESS

Olympic champ Phelps loses in return to pool

SWIMMING Two days, two losses for Michael Phelps.

Phelps was beaten again at the Charlotte UltraSwim last night, losing to Frederick Bousquet of France in the 100-metre freestyle.

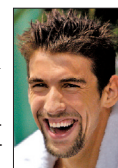
Phelps touched nearly a full second behind Bousquet, world-record holder in the 50 free, after losing his first final in nearly a year. Aaron Peirsol beat Phelps in the 200 backstroke Saturday.

Bousquet touched in 48.22 seconds, while Phelps never really had a chance while finishing second in 49.04.

Phelps was competing for the first time since capturing a record eight gold medals at the Beijing Olympics.

The nine-month layoff was the longest of his career, although he had intended to come back earlier. However, after being photographed using a marijuana pipe, a picture that wound up on the front page of a British tabloid, he was given a three-month suspension by USA Swimming.

THE ASSOCIATED PRESS



Michael Phelps

Help bring home Canada's seventh hockey team!

MAKE IT SEVEN.ca

— That's —
GOOD STUFF

Bodybuilders flee anti-doping officials; event cancelled

BELGIUM The Belgian bodybuilding championships were cancelled over the weekend after all competitors fled when doping officials showed up.

After a spate of positive doping tests over the past years in Belgium, the championships had been moved just across the Dutch border to Vlissingen.

"They must have felt safe out there," doping official Hans Cooman said yesterday. Still, Cooman and two colleagues got the necessary papers to check the tournament in the Netherlands.

And when they identified themselves just before the event as the 20 bodybuilders were weighing in and preparing themselves the testers got the surprise of their lives. They all just got up and left, preferring to quit the event rather than submit to doping tests, some grabbing their gear and heading straight out the door.

THE ASSOCIATED PRESS

CU @ THE GAME!



SAMSUNG QUICK MESSAGING PHONES **STARTING AT \$0²**



Samsung Propel AZ66



Samsung Gravity T456

MEGA VALUE PLAN \$35³
WITH UNLIMITED MESSAGES Plus \$6.95 System Access Fee and other fees*

rogers.com/quickmsg

ROGERS™
authorized dealer

AVAILABLE AT THESE LOCATIONS

ROGERS™
authorized dealer

AJAX
85 Kingston Rd., Unit 7
105 Bayly St. W., Unit 19B

AURORA
15483 Yonge St., Unit 2B

BOLTON
12612 Hwy. 50, Unit 15

BRAMPTON
253 Queen St. E., Unit 3
4520 Ebenezer Rd., Unit 6
Bramalea City Centre
Shopper's World

BROOKLIN
5969 Baldwin St. S., Unit 7

COBOURG
975 Elgin St. W., Unit B

DOWNSVIEW
1118 Finch Ave. W., Unit 1

ETOBICOKE
850 The Queensway
1234 The Queensway
22 Dixon Rd.

6620 Finch Ave. W., Unit 4
Sherway Gardens

GEORGETOWN
Georgetown Mall
265 Guelph St., Unit 3

MAPLE
2943 Major Mackenzie Dr., Unit 4

MARKHAM
Metro Square Mall
Pacific Mall
First Markham Place
7780 Woodbine Ave., Unit 3
9570 McCowan Rd., Unit 4
505 Hood Rd., Unit 12

MISSISSAUGA
7955 Financial Dr., Unit B
6465 Airport Rd., Unit 102
1100 Burnhamthorpe Rd. W., Unit 13
Dixie Outlet Mall
6325 Dixie Rd., Unit 1
888 Dundas St. E., Unit K8
3105 Dundas St. W., Unit 102
Erin Mills Town Centre
153 Lakeshore Rd. E.
808 Britannia Rd. W., Unit 2
Meadowdale Town Centre
6295 Mississauga Rd., Unit 102
Square One (2 locations)
25 Watline Ave., Unit 10
102-3021 Argentea Rd.

NEWMARKET
16715 Yonge St.

NORTH YORK
3111 Dufferin St.
3040 Don Mills Rd., Unit 17B
1905 Avenue Rd.
North York Sheridan Mall
747 Don Mills Rd., Unit 10
Fairview Mall
149C Ravel Rd.
4367 Steeles Ave. W.
5815 Yonge St.
4905 Yonge Street

OAKVILLE
1027 Speers Rd., Unit 22

OSHAWA
Taunton Harmony Plaza
1053 Simcoe St. N., Unit 4B

PICKERING
Pickering Town Centre
611 Kingston Rd.
1899 Brock Rd.

RICHMOND HILL
Hillcrest Mall
10 West Pearce St., Bldg. B
Times Square Mall
1480 Major Mackenzie Dr. E., Unit C3-3
9196 Yonge St.
9737 Yonge St., Unit 211
10720 Yonge St., Unit 102

SCARBOROUGH
1448 Lawrence Ave. E.
2555 Victoria Park Ave.
2650 Lawrence Ave. E., Unit 2B
Oriental Palace
1291 Kennedy Rd.
3300 Midland Ave., Unit 40
19 Milliken Blvd., Unit U
5095 Sheppard Ave. E.
Woodside Square
5661 Steeles Ave. E., Unit 5
1900 Eglinton Ave. E.

THORNHILL
Shops on Steeles
Promenade Mall
31 Disera Dr., Unit 140

TORONTO
1015 Lakeshore Blvd. E.
Splendid China Tower
1854 Danforth Ave.
471 Eglinton Ave. W.
2400 Bloor St. W.
921 Bay St.
2397 Yonge St.
604 Bloor St. W.
548 Church St.
Dufferin Mall
421 Dundas St. W., Unit G8
1451 Dundas St. W.
Dragon City Mall
471 Eglinton Ave. W.
939 Eglinton Ave. E., Unit 106
Gerrard Square
662 King St. W., Unit 2
228 Queens Quay W., Unit 3
1821 Queen St. E.
2 St. Clair Ave. E.
1268 St. Clair Ave. W.
1350 St. Clair Ave. W.
2200 Yonge St., Unit 104
154 University Ave., Suite 101
9A Yorkville Ave.
386 Sheppard Ave. E.
525 University Ave.
55 Chauncey Ave.
272 Danforth Ave. W.

UXBRIDGE
11 Brock St. W.

VAUGHAN
1600 Steeles Ave. W., Unit 30

WHITBY
25 Thickson Rd. N.

WILLOWDALE
Centerpoint Mall

WOODBRIDGE
5317 Hwy. 7
200 Whitmore Rd., Unit 9

Offer available for a limited time and subject to change without notice. * A \$6.95 monthly System Access Fee (non-government fee), a monthly 50¢ 9-1-1 Emergency Access Fee (non-government fee) and a one-time \$35 Activation Fee apply in addition to the monthly service fee. Additional airtime, long distance, roaming, options and taxes are extra and billed monthly. The monthly 9-1-1 Emergency Access Fee and any applicable 9-1-1 provincial government fees will not apply for customers subscribing to a data only plan. 1. With subscription to a new 3-yr term voice plan with a minimum \$35 monthly service fee. While supplies last. Some conditions apply, see store for complete details 2 With activation of a new 3-yr term voice plan having min \$35 monthly service fee. Early cancellation fees apply. 3 Compatible device required. Includes texts sent from Canada to Canadian wireless number. Sent/received premium texts (alerts, messages related to content and promotions), sent international texts and sent/received Text/picture/video/IM/email (as applicable) while roaming not included and charged at applicable rates. TM Rogers & Mobius Design are trademarks of Rogers Communications Inc. TM TORONTO BLUE JAYS, JAYS with bird head design and all related words and designs are trademarks and/or copyright of Rogers Blue Jays Baseball Partnership. Used under license. All other brand names or logos are trademarks of their respective owners used under license. © 2009 Rogers Wireless.

A package containing student loan applications, names, addresses, and SIN digits of nearly 6,400 students was stolen off a cart at Centennial College last Tuesday. A Centennial spokeswoman says student loans were not affected by the theft. **METRO NEWS SERVICES**

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Screw You Recession

Sick of all this recession talk? Visit Virgin Mobile's recession busting website, screwyourecession.ca. The website offers advice and tips and tricks for combating the economic downturn, from cheap first dates to weirdest ways to make money during the recession to tips on building the perfect resumé to ways of enjoying arts and culture on the cheap.

METRO NEWS SERVICES

The scream that won it all

Doritos Guru contest winner earns \$25,000 for his Scream Cheese idea

RAFAEL BRUSILOV
for Metro Canada

Ryan Coopsmith has a lot to scream about these days — the 21-year-old filmmaker from Montreal and his seven best friends have won the \$25,000 Doritos Guru grand prize and naming rights for a new Doritos flavour for their winning "Scream Cheese" video.

Remember those white Doritos bags sporting a large dollar sign on their labels? Doritos invited the public to create videos for an as-yet-unnamed new flavour, offering naming rights and a grand prize to the winning entry in their "Doritos Guru" contest.

Coopsmith and his seven closest friends, ranging in age from 20 to 23, head up their own fledgling film company Boo Ya Pictures and figured entering the contest would be a great way to at least get some national promotion for the company. Instead their video titled Scream Cheese 2 was crowned the winner by Canadians through online votes, making Coopsmith and the team from Boo Ya Pictures a heck of a lot richer.

Along with the \$25,000 prize money, Coopsmith and his buddies will also rake in one per cent of total



Ryan Coopsmith and the gang from Boo Ya Pictures pose with their winning chip, Scream Cheese.



"It's a scenario where you don't know how to act ... It's the best feeling in the world."

Ryan Coopsmith on winning the Doritos Guru contest

sales from the new chip flavour, a potentially enormous chunk of change if the flavour sells well. Coopsmith says the gravity of the win hasn't quite sunk in yet.

"It's a scenario where you don't know how to act. We

can't even visualize it at this time. It's the best feeling in the world," Coopsmith said.

While the team collaborated on all aspect of the video's creation, Coopsmith came up with the name Scream Cheese sud-

denly in a car ride home after a brainstorming session and the team jumped on the concept quickly. Their 30-second video, featuring people screaming incessantly in everyday situations, is clever and funny and proves that great ideas

don't need a lot of money to work.

"Including buying pizza for everyone and buying lights, it cost us about \$400 to make. We harassed a lot of people and a lot of extras were friends and family who were interested in doing the film for free," Coopsmith said.

Dan Handelman, 21, says the popularity of Scream Cheese might have something to do with the simple variety of the video he and his friends produced.

"I think that maybe because there's so much diversity in the video, people can relate to it," Handelman said.

Claudia Calderon, marketing manager for Doritos, says response to the contest was overwhelming with more than 2,100 videos submitted.

"We said, 'Wouldn't it be great if we could let our consumer be creative and own part of the brand?' We couldn't have expected the level of engagement we got from consumers," Calderon said.

Coopsmith will reinvest the winnings into the company and plans to use most of the money to finance Boo Ya's first full-length feature film.

"We always just want to make stuff that makes us laugh," Handelman said.

Companies getting more conscious of environment

GREEN Companies across the country are spending more time focusing on creating and implementing "green" programs and jobs that will make their workplace more environmentally conscious. In fact, one-in-ten employers say they have added "green jobs," otherwise known as environmentally focused positions, in the last 12 months, according to a new survey.

Not only are companies showing their commitment to the earth by creating new environmentally friendly positions, but also through "green" programs that get current employees involved. Seventy per cent of companies say they have added programs to be more environmentally conscious in the last year. The most popular "green" programs include:

- Recycling (50 per cent)
- Using less paper (45 per cent)
- Controlling lighting (44 per cent)

"Green jobs have increased in popularity over the last few years as companies take continued action to become more environmentally conscious," said Rosemary Haefner of CareerBuilder.

METRO NEWS SERVICES

Be Job Ready in months, not years! Earn your professional **Diploma!** Evergreen College

Second Career, EI, SA & ODSP recipients are welcome

Morning, evening & weekend classes	Pharmacy Assistant (Toronto Campus)	Community Service Worker
	Medical Office Admin	Personal Support Worker
	Early Childcare Assistant	
Computer System & Network Specialist A+, MCSE, CCNA	Computerized Accounting & Payroll	Ask us about Bonus Certifications

Field Placement & Job Assistance included
www.evergreencollege.ca

Toronto Downtown Campus
416.365.0505
67 Yonge Street 4th Floor (King & Yonge)

Mississauga Campus
905.566.0507
Unit 201, 1140 Burnhamthorpe Rd. W.

LASK MD VISION MAKE REAL EYE CONTACT THIS SPRING... GET LASIK!

Starting at **\$490** /eye*

5 YEARS TO PAY NO \$ DOWN NEW FINANCING

FREE Consultation: 1-877-316-4040
www.lasikmd.com

New Clinic Now Open in VAUGHAN

TORONTO | NORTH YORK | MISSISSAUGA

* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only, 160 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

Highest paid profs?

According to Statistics Canada, the highest paid professors would be full professors from the University of British Columbia, who earned an average \$154,346 in 2008-09. The lowest-paid full professors are those from the University of Northern British Columbia (\$105,152). **METRO NEWS SERVICES**

You learn to live with the pain

Beekeeping can be a rewarding career, but you'll be stung thousands of times

OddJobs

Diane Peters

Metronews.ca/oddjobs

The last time you got stung by a bee, you probably got upset, nursed the wound for a few hours and avoided anything with a stinger after.

Barrie Termeer, owner of Honeybear Apiaries in Rolliview, Alta., and his staff get stung between five hundred and a thousand times a year each. They develop a kind of immunity to the stings and don't swell up. But it still hurts.

"We use some mind control. We're just like guys working cattle who get kicked or stomped on all day. We just keep going."

Termeer, 52, didn't enjoy farming when, growing up, he helped his parents raise cattle and bees near Ottawa. Early mornings while milking he'd think: "When I'm old I'm not doing this." Working on the 1,000 hives on the farm and get stung: "I'm not going to do this either."

Well, after he graduated from high school, he



A man-shaped swarm of bees earned a hat as a gift from the farmers, left, and a team of beekeepers abuzz before the job, right.



PHOTOS SUBMITTED

The Lowdown

Job title: Beekeeper

Salary: Comparable to other farmers

Education/training: You can take college or university course in beekeeping, but on-the-job practice is essential

Best Part of the Job: "In the spring, after a hard winter, the colony has been hammered. But in a few weeks it's just transformed and looks beautiful."

Worst Part of the Job: "Worrying about the weather. After almost 30 years, I'm not supposed to, but I do."

product. Sometimes the work is intricate, especially when they're working inside the hive. (Termeer leaves his gloves off when he's looking for a queen.) But it also involves a lot of heavy lifting as well. "Beekeepers are in good shape."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

changed his mind and got a job with a beekeeper out west, then studied agriculture at the University of Guelph. After getting his degree, he worked in apiaries in Texas and then Alberta — which is great bee country thanks to the pollen-creating crops there.

He worked briefly for a grocery store chain to help pay off his student debt, then got a management job with a 800-hive operation. He soon became partner and bought the owner out in 1987.



"We use some mind control. We're just like guys working cattle who get kicked or stomped on all day. We just keep going."

Beekeeper, Barrie Termeer

Now, Termeer — who's wife Julie takes care of farm business — runs 4,000 hives.

Termeer and his staff wear special white coveralls with elastic on the legs and wrists, to prevent insects from getting in,

and beekeeping helmets with veils. They're hot, but they're necessary.

Like any kind of farming, beekeeping's tasks change as the season progresses.

Right now, he has five guys helping him build

the colonies up after the winter. Since queens take longer to mature here, he's recently imported some queens from warmer climates and are setting them up in new hives in the hopes they'll be accepted and the hive will produce honey by summer.

In July, when the honey's flowing, Termeer will have 15 farmhands helping him, and they'll all be working 60 hours a week.

By winter, it'll just be Termeer, repairing equipment and marketing his

Dental Hygiene School



Prepare for a Rewarding and Stable Career in

Dental Hygiene

Other Programs Available:
- Paralegal (1 year)
- Community and Social Service Worker (1 year)
- Network Administration and Security (1 year)

Financial Assistance Available for qualified applicants

Dental Hygiene Clinic
cleaning - \$30
whitening - \$75
Call 416-929-0121
to book an appointment

YORKVILLE
College of Professional Studies

Call Today
416-929-0121
For details, visit
www.yorkvillecollege.com



Enter a world *extraordinaire*.

Ontario's French-language education opens up a world of possibilities.

From early childhood through adulthood, we offer a continuum of French programs and services of exceptional quality. Our complete network includes elementary and secondary schools, as well as colleges and universities. In addition, French-language school boards offer free, full-time junior and senior kindergarten programs to children beginning at age 4.

Éducation en langue française en Ontario
A WORLD OF POSSIBILITIES
fle.ontario.ca

With the participation of the Government of Canada.

Canada



More Ontario students graduating from college, university

In the past five years, the percentage of students in Ontario graduating from college has jumped from 57 to 65 per cent, while for undergraduate students completing university the percentage has increased from 74 to 78 per cent. **METRO NEWS SERVICES**

DO IT ONLINE. NOT IN LINE.

See online movie showtimes, trailers, reviews and purchase tickets at metronews.ca/movies



Canadian Career College
of Innovative Technology and Management
Delivering Knowledge. Driving Success.

PAID CO-OP PLACEMENTS
to qualifying graduates

POST-GRADUATE DIPLOMA PROGRAMS

(open to College or University grads)

- Business Analysis, Projects & Service Management
- Enterprise Software Development
- Datawarehousing & Business Intelligence
- Enterprise Network Engineering
- Systems Testing Engineering

OTHER DIPLOMA LEVELS ARE ALSO AVAILABLE

2 Bloor St West, Suite 901, Toronto • 151 City Centre Drive, Suite 403, Mississauga
416-646-4744 • e-mail: admissions@thecareercollege.ca
www.thecareercollege.ca



THE GOLD STANDARD...

With more graduates in leading positions, Trebas Institute is the only college with multiple GRAMMY® Award winners including this year's "Album of the Year" and "Record of the Year" for recording Robert Plant and Alison Krauss' "Raising Sand" album. Trebas sets the gold standard for achievement in Film & Television Production, Audio Engineering and Entertainment Management education.

STILL ENROLLING FOR MAY CLASSES
READY FOR THE RED CARPET?
JOIN THE ELITE TEAM AT TREBAS



Call: 416-966-3066
trebas.com

2340 Dundas Street West, Toronto

COLLEGE TRAINING SINCE 1979



Pampering chefs and making a living too

JON TATTRE for Metro Canada



As the contracting economy makes 9-to-5 jobs look increasingly like quaint relics from an earlier time, many victims of the recession are finding ways to make work work for them.

Tanya Godard had a great job with a pharmaceutical company. She got married, got pregnant and took maternity leave. A few months later, her position disappeared.

"I didn't have a job to go back to," the Ontario mother of one says. Luckily for her, she had started working a flexible, home-based job with a company called the Pampered Chef. It's an update on Tupperware parties, featuring kitchen devices instead of storage boxes. "Ours are more interactive because we have all the fun tools," Godard says.



Cooking a good meal is easier with Pampered Chef tools, and in today's economy, selling those tools can be a good career too.

She does about three "Cooking Shows" a week, but it ranges to accommodate her other commitments. "I get to decide when I want to do shows," Godard says. For example, she took it easy in February and then worked extra hard in March to make up for it. "It I need an evening off here, or a weekend off there, it's flexible enough that it allows me to do that. That's the best thing about

this job: It's your business. You get to determine how much you want to work." Godard works with a couple of other ladies, who work part-time. The ladies bring Pampered Chef products to people's homes and show them what they can do. "The shows are fun. They're very interactive," she says. "I get all the ladies — or gentlemen! — up around the kitchen table

and we make a fun snack, or meal or dessert."

Guests look through the catalogue if they want to buy anything. Hosts get a discount.

Godard says the heart of her work is the importance of family dinners. Her own family regularly eats together, giving them time and space to reconnect, she says.

Her favourite Pampered Chef tools are her food processor and garlic press. "Nice and quick and easy. With my food chopper, I can do up a spaghetti sauce in minutes. I can chop up all my vegetables really fine for my father-in-law when he comes. He doesn't eat vegetables — he doesn't even know they're in there," she laughs.

Godard says with her tools, she can whip up a \$3-a-serving meal in under 30 minutes, letting her spend more time with her family — or working for the Chef.



the College
OF MASSAGE THERAPISTS
of Ontario

ATTENTION

Internationally Educated Massage Therapists and Massage Therapists from other Canadian provinces who are seeking to practice in Ontario:

The College of Massage Therapists of Ontario offers a Credential and Prior Learning Assessment to determine if you have the knowledge and skills equivalent to those acquired through education in Ontario, which are required to pass the College's Certification Examinations and to practice in Ontario.

If you require minimal to moderate upgrading you will be referred to the new

"Bridging to Massage Therapy in Ontario" programme

Call the College at (416) 489-2626 Ext.117 or toll free (800) 465-1933

Visit www.cmta.com for more information

Degree Gets Down to Business

"The Bachelor of Applied Business degree program at George Brown paved the way for me to join one of the top five accounting firms in the world, and prepared me to pursue the CA designation."

Andrea Luedecke, graduate 2007



Upcoming Information Sessions

Bachelor of Applied Business — Financial Services

Register for an information session by phone or email, or visit our website.

416-415-5000, Ext 2774
financialservices@georgebrown.ca
georgebrown.ca/BAB-finance



School of
Financial
Services

DON'T MISS OUR BIGGEST 'FIT EVENT' OF THE YEAR

Receive your complimentary Fit Tips from the Style Experts themselves!

Queen Street
416-861-9111

Thurs. May 21: 5pm - 8pm
Thurs. June 18: 12pm - 3pm

Yorkdale Plaza
416-789-8011

Sat. May 23: 1pm - 4pm
Thurs. June 18: 5pm - 8pm

FIT TO LOOK GREAT!



@ the Bay

Want the best in protection and repair? Discover new Clinique Sun and Self-Sun.

What bathing suit can enhance your figure?

What tops and bottoms are the best for your shape?

Are you wearing the right bra size?



Receive an exclusive Event Passport with SPECIAL OFFERS & MORE!
RSVP for your Passport and Exclusive Gifts!

Governments to contribute to Queen's arts centre

Queen's University will soon break ground for its \$63-million Isabel Bader Centre for the Performing Arts as the federal and Ontario governments announced a \$30-million joint investment in the project. **METRO NEWS SERVICES**

Internships about more than skill: Survey

Although many students expect to gain new skills via summer internships, a new survey by The Creative Group shows that much of the value may stem from less tangible aspects of these programs.

Thirty-one per cent of marketing and advertising executives polled said experiencing different work environments is the greatest advantage of participating in internships, aside from pay. Nearly another quarter

(24 per cent) cited improving soft skills as the chief benefit.

The national study was developed by The Creative Group, a specialized staffing service providing creative, advertising, marketing and web professionals on a project and full-time basis, and conducted by an independent research firm.

Advertising and marketing executives were asked, "Aside from pay, what do you think is the greatest

benefit to students or graduates who participate in an internship program?"

"Internships often involve learning about yourself, including the type of environment that's best suited to your personality," said Megan Slabinski, executive director of The Creative Group. "Many programs also serve as a crash course in how to get along with various personality types — an ability that can benefit people throughout

their careers."

The Creative Group offers the following tips:

• **Don't be shy:** The best programs fill up early, and competition may be especially fierce in this economy. Aggressively pursue attractive internships. Showing some chutzpah, while still acting professionally, can work in your favor.

• **Put on the polish:** Your cover letter, resumé and portfolio should be professional and without error.

Likewise, when interviewing, your dress should be appropriate for the work environment.

• **Access the real value:** While internships that pay well are attractive, carefully consider a program before committing to it. You might be better off with an internship that pays less, or is unpaid, but is dedicated to creating valuable experiences.

• **Show your independence:** Many firms are stretched thin right now, so demon-

strating an ability to work without a lot of direct supervision can be a plus.

• **Exhibit a can-do attitude:** Inquire about the firm's greatest challenges and needs, and then propose how your skills and experience can help.

• **Emphasize your social media skills:** Many firms seek professionals who can help them implement compelling e-marketing initiatives.

METRO NEWS SERVICES

Career Finder

To advertise contact Josie McKenzie at 416-443-4364

NANNIES NEEDED

- Best Jobs
 - Best Salaries
 - All Locations
- 416.730.8866
DiamondPersonnel.com

ECO CONSULTANTS NEEDED

Average \$18/hr
Full Training Provided
Call 416 774-2472

ATTENTION EARN OVER

\$2000.00/wk

Immediate openings, full training provided
CALL 416 640-2105

EXCITING NEW CAREER OPPORTUNITIES

Now Hiring,
Students Welcome
No experience necessary!
Avg. \$850/wk.
Full training provided
East office 416.290.6820
West office 416.207.0038

COLLECTCORP IS NOW OPEN AT OUR NEW OFFICE

155 GORDON BAKER RD, NORTH YORK

Collectcorp, a leader in the accounts receivable management industry, is now hiring
THIRD PARTY COLLECTION PROFESSIONALS
to work in our new facility at 155 Gordon Baker Road (Steeles and 404)

- ✓ Competitive wages ✓ Guaranteed monthly incentives

We are looking to fill ALL POSITIONS at this time. Call center experience a definite asset. If you are interested in working a Premier Pre Legal, Early Stage Collection Desk with huge commission potential call us today.

Mr. Tony Sozinho - 416.903.0947

You are also encouraged to email your resume to
careers@collectcorp.com or fax to 647.722.6011
Attn: North Toronto

We are an organization that employs a diverse workforce and are committed to the spirit and principles of Employment Equity. All qualified candidates are encouraged to apply.

GREAT SUMMER JOBS

- No experience necessary
- Average \$800/week

416.218.0000

Earn \$\$\$ for losing Pounds!



Weight Loss Challenge & FREE Nutrition Class.
1 Hour a week for 9 weeks starting
Wednesday, May 20, 2009 at 6-30pm.
Call 416.826.8234 • 416.855.3863
www.nutritionwlc.com

Have a Disability and/or on ODSP Benefits? Want To Work? We Can Help!

Join
www.joininfo.ca
416-241-5646

Connecting Employers with Employees

ADVERTISING SALES

100 seat B2B call centre is adding Account Managers to their team. Promotional/advertising products are what we sell. We offer 3 weeks paid training. Our commissioned Account Managers make \$35,000 in their first year. Make sales one week — paid on those sales the next.

Two thirds of our most successful Account Managers are women! We have a training class starting soon.

Full Time 9:00 am – 5:00 pm Mon – Fri

E-mail your resume to: janm@comda.com

Location: Keele/Lawrence

Compensation: \$35,000 commissioned sales

Benefits provided after 6 months

CASINO HIRING

The 2009 CNE Casino is now hiring and training casino personnel for:
Blackjack, Roulette, Hold 'em Poker and various other games at Exhibition Place.

(SUBSIDIZED COURSES OFFERED)

Security & Surveillance positions also available.

For more information, phone 416-263-3588.

CNE Casino will operate from August 3 to September 7, 2009.
CNE Casino intends to hire all successful graduates who apply for and receive a valid Gaming License.

DO IT ONLINE. NOT IN LINE.
See online movie showtimes, trailers, reviews and purchase tickets at metronews.ca/movies

looking for a great place to begin your career?

We are passionate about our food, customers, the community & our people.

JOB FAIRS

for our New Elizabeth Street Location

Managers will be on-site to meet & interview qualified candidates.

Saturday, May 23rd, 2009 10:00 a.m. – 6:00 p.m.
Sunday, May 24th, 2009 10:00 a.m. – 6:00 p.m.

Elizabeth Street Location
111 Elizabeth Street, Toronto, ON, M5G 1P7

Our team members enjoy...

- Working for a 50 Best Managed Company
- Competitive Wages
- Career Growth Opportunities
- Building Relationships
- Flexible Hours
- In-store Purchase Discounts
- Company Paid Benefits
- Bonus Plan Program

If you are unable to attend please apply online at www.longos.com or fax 905-673-1470

Join the largest, most established independent grocer in the GTA.

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



Vitamins not always healthy

STUDY Here's more evidence you shouldn't load up willy-nilly on vitamin pills. Many people think if they exercise and take vitamins, they can prevent diabetes and other diseases. A new study has found that taking vitamins E and C actually blocks the beneficial effects of exercise.

A team of researchers from German and U.S. universities studied 39 healthy young men enrolled in a four-week exercise training program. Some took vitamins and some didn't. Exercise had a beneficial effect on metabolism only in those who did not take the vitamins. "Individuals at risk for diabetes and maybe even some with type 2 diabetes itself need to think carefully about the use of these vitamin supplements, especially if they exercise regularly," says Dr. C. Ronald Kahn from the Joslin Diabetes Center and Harvard Medical School.

CELIA MILNE/FOR METRO CANADA

Boob job? Buyer beware

Make sure you find a qualified surgeon; do your homework beforehand

CELIA MILNE
for Metro Canada

Thinking of having breast augmentation or liposuction? Make sure you go to a qualified doctor.

More than half a million Canadians seek cosmetic enhancements each year and surveys show only one-quarter of them have done their homework beforehand.

Tania from Waterdown, Ont., made sure she was educated before making the big decision. She had a breast augmentation in April 2008, when she was 31. "I was an A. I'm a C now," she says. "I love it, I love it. You know what? I love it!"

Tania researched for two years before deciding to have her surgery done by Dr. Frank Lista, a certified plastic surgeon and medical director of the Plastic Surgery Clinic in Mississauga, Ont.

But not everyone goes to a qualified surgeon. Lista is very concerned that people are being lured by non-surgeons.

"A non surgeon can do surgery on a patient without restriction," he says. "I see people all the time who say, 'my breast surgery was botched or liposuction has ruined my life.' I ask who did it and find out it was not a plastic surgeon. People are being misled," says Lista.

For instance, someone might advertise that they are a "licensed cosmetic surgeon" but not a plastic specialty. "These people are sneaky," says Lista.

Unfortunately, buyers have to beware because, he says, the field is not regulated. "Restaurants are better regulated than surgical facilities," he adds.

The Canadian Society for Aesthetic Plastic Surgery and the Canadian Society of Plastic Surgeons have

check credentials

- To find out if a doctor is a specialist and what kind of specialist he or she is, go to www.royalcollege.ca and type in their name. Their specialty will be listed there.

CELIA MILNE



If you're considering breast augmentation, liposuction and/or a facelift, make sure the doctor you select is a certified plastic surgeon and find out how many similar surgeries he or she has performed.

teamed up to let Canadians know that they need to be cautious when seeking procedures like breast augmentation, liposuction and facelifts.

Ask four questions before committing to a surgeon: Are you a certified plastic surgeon? How many surgeries like this have you performed? Do you have

hospital privileges to perform these types of procedures? At which hospitals?

Tania ended up choosing Lista because she checked his credentials on the centre's website and she felt he was very credible. She also "liked the vibe" of his clinic when she went for a consultation. The breast surgery cost her \$6,500.

"Do a lot of research," she suggests to those who are interested. "Speak to someone who has had it done. If you go in looking for a deal, you're looking for trouble."

She is very pleased with her new size C breasts. "I feel they're part of my body and I've always had them."



We have the best selection in natural health care and *organic* products.



 Ester C • 24-hour immune support; Noah's best-selling Vitamin C. \$16.99 120 Capsules	 CoQ10 60mg • Powerful, energy-boosting antioxidant. • Supports cardiovascular health. \$11.99 60 Capsules	 Bone Basics • A multi-nutrient combination for optimum bone health. Formulated for maximum absorption. \$7 OFF 120 Veggie Caps	 EstroSense • Hormone balancing formula for reducing the symptoms of PMS, menopause and hormone-related problems. \$26.99 60 Veggie Caps	 Perfect Skin • Get clear, acne-free and blemish-free skin from the inside out - naturally. Men & Women's formulas. \$17.99 60 Capsules	 Greens-Force • Cleanse, boost immunity and improve overall vitality. Available in Original, Blueberry & Cranberry. \$22.99 236g All Flavours	 Magnesium Solutions • Easy to absorb liquid formula with Malic Acid. Useful in treating PMS, headaches, and fibromyalgia. \$26.99 500 ml	 Hi Potency Multi • One-a-day vitamin mineral formula for men & women. \$14.99 90 Tabs	 Hi Potency B • Hi Potency B complex to help combat stress & increase energy levels. \$9.99 90 Capsules		
 Pearls IC • Easy one-a-day 'pearl' for long-term colonic health. Improves digestion. Ideal for candida sufferers. \$16.99 30 Pearls	 EasyIron • Easy to absorb; Non-constipating formula. \$17.99 60 Capsules	 Evening Primrose Oil 1000mg • A rich source of GLA; Useful in the treatment of PMS, eczema, and inflammatory conditions. \$23.99 180 Gelcaps	 Omega First Fish Oil • Hi concentration Fish oil with a natural lemon flavour. \$14.99 60 Gelcaps	 Candigone • 15-day anti-fungal and anti-bacterial cleanse. Ideal for candida sufferers. \$27.99	CUSTOMER APPRECIATION DAY MAY 29th www.noahsnaturalfoods.ca				Noah's Grocery & Bodycare Specials MARY'S ORGANIC CRACKERS \$4.59 184g 20% off line	



322 BLOOR ST. W.
(at Spadina)
416-968-7930



2395 YONGE ST.
(1 light N. of Eglinton)
416-488-0904



667 YONGE ST.
(1 light S. of Bloor)
416-969-0220



9121 WESTON ROAD
(at Rutherford)
905-850-2873

BULK Organic Kamut Flour \$1.19 /lb	BULK Organic Buckwheat \$1.19 /lb
BULK Organic Oat Bran \$1.99 /lb	BULK Organic Thompson Raisins \$3.59 /lb
BULK Stephano's Low Fat Granola \$2.99 /lb	BULK Dry Roasted Almonds \$7.19 /lb

Visit www.noahsnaturalfoods.ca for info on free seminars & mail order! Pricing in effect until MAY 26, 2009

Cosmetic undertreatment

More are opting for subtle results with less invasive procedures

JANINE FALCONE
for Metro Canada



With the obvious exception of certain Hollywood stars — Nicole Kidman, we're looking at you — in most cases, today's name in the cosmetic-enhancement game is "undertreat."

Top cosmetic dermatologists and surgeons are taking a judicious approach to injectables such as Botox and Juvederm (a filler) and incorporating chemical peels and laser treatments such as IPL (intense pulsed light) and fraxel to help patients look naturally youthful rather than plastic.

"In L.A. the objective tends to be to erase all expression," confirms cosmetic surgeon Dr. Jean Carruthers, clinical professor in the Department of Ophthalmology at the University of British Columbia and one of the pioneers of Botox use in facial rejuvenation.

"Stars know their faces are on display at least 10 times the size of reality and in high definition. But in other cities, we're seeing more sensitivity to needing movement and character in faces."

A proponent of combining Botox treatments with fillers to lessen time's bootprint on the face, Carruthers says facelift numbers are actually down

"My patients don't want the skating-rink forehead; they'd rather keep a few fine lines or small wrinkles. So I take a baby-steps approach."

Dr. Diane Wong, owner of Glow Medi Spa in Toronto

from previous years.

"We lose volume in certain areas as we age," she points out. "Fillers were about filling in a line or wrinkle, but they've become more important when it comes to replacing volume. They give a softer effect than, say, cheek fillers, and work better with each patient's unique features." Fillers also mean no down time and relatively little discomfort.

Dr. Diane Wong, owner of Glow Medi Spa in Toronto's Yorkville area, says most women still don't want anyone to know they're having anything done.

"My patients don't want the skating-rink forehead; they'd rather keep a few fine lines or small wrinkles. So I take a baby-steps approach." Her objective is not to change the face, but simply to rewind a few years. Wong's undertreat



Some doctors recommend combining Botox treatments with fillers — both offering no down time and little discomfort.

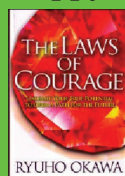
philosophy sometimes has the occasional patient thinking she can't see a difference, but Wong says it's because over time patients adjust to the changes. "Going through all the 'before' photos we took together always reassures them."

Glycolic-acid peels and IPL, fraxel and profractional laser treatments smooth skin, reduce wrinkles, stimulate collagen production and even out the complexion, all of which contribute to a younger looking face without going over the top, says Dr. Lisa Kellett, owner of DLK on Avenue, also in Toronto's Yorkville area. "Non-surgical skin tightening technology such as thermage also continues to get better and better," she adds.



Laser treatments such as IPL (intense pulsed light) and fraxel can help patients look more naturally youthful rather than plastic.

Happy Science



Meditation Workshop

based on New Buddhism

May 31 (Sun) 1:30 pm - 3:30 pm

University of Toronto • Sandford Fleming Building
(10 King's College Road) Room 1105

Meditation for Self-Actualization

Learn how to meditate. Who are "Soul mates" to cooperate with you?

Free Admission. Reservation recommended.

Telephone: 416-551-7467

E-mail: toronto@happy-science.org

Playboy Model
Lana Turner

MAN ENOUGH?

Fast Acting Formula
Increase Sex Drive & Stamina
Maximize Sensation & Firmness
Stronger Climaxes
Increase Confidence

Based on a Nobel Prize winning clinical study conducted at the Institute of Sexology in France, Drive is the award winning sexual performance formula for men. Drive's fast acting ingredients increase male libido, maximize performance and improve sexual confidence. It gives you the psychological and physiological boost you need to increase stamina, desire and sexual pleasure for both you and your partner. Get ready to rev her engine!

DRIVE
MALE PERFORMANCE

精

Available at retailers nationwide

WWW.DRIVERX.CA 1.888.228.4826

Dr. Miller's
Wholy Tea

The Total Body Detox

Wholy Tea helps you to: / Wholy Tea est bénéfique pour:

- Effectively cleanse the bowel & liver / Nettoyer les intestins avec efficacité
- Detoxify your body from / Détoxifier le corps de:
- Excess stomach distress such as / Soulager les douleurs causées par:
- Constipation, indigestion, bloating / Constipation, indigestion, ballonnement
- Loss weight / Réduction des poids

8 tea bags/sachets de thé Net Wt./Poids net 28g

Herbal Tea
the Colon
Indigestion,
ing

InnotechNutrition.com
866.875.5022



www.newnordic.ca

NEW NORDIC

Chili Burn increases my metabolism naturally - that's how I stay slim!

-Laura M., Sweden

Chili burns my fat away!

"With age I started gaining weight, which I really didn't like. I tried to hide it with baggy clothes, but I was still very determined to lose the weight.

I went on all diets I could find, but they never worked for me. So I ended up overeating, to feel better about myself. It was a bad cycle, and my weight just kept going up.

When I heard of Chili Burn™, I knew that was for me! This was not a diet. I would be using natural tablets to make my body burn more calories all day long. I knew I could do that!!"

Chili Burn™ worked from day one!

"From the first day, I felt it working. I almost felt the calories being used and gradually my weight started dropping! The weight loss motivated me so much that I started drinking green tea and eating spicy foods, in addition to taking Chili Burn.

For me, this is the safe and sound solution I have been looking for, to finally lose weight!"

Laura M., Sweden



THE NATURAL CALORIE BURNER!

Chili Burn is the product from Scandinavian manufacturer New Nordic. It contains all natural ingredients, such as green tea, chili, ginger and dill. The product has been in development for 7 years, and recent science has clearly shown that it works to burn fat.

The principle is simple: We aim to safely increase your calorie expenditure. As your body burns more calories, you slowly, but surely, lose weight by burning stored fat.



Available at participating pharmacies and health food stores: Loblaws, Superstores, Zehrs, Extra Foods, Shoppers Drug Mart, Metro, Rexall, PharmaPlus, GNC and health food stores. For more information, please call 1 800 261 4223 or visit us at www.newnordic.ca

DID YOU KNOW?

GREEN TEA EXTRACTS REDUCE BODY FAT!

Recent studies have documented the effect of green tea on body fat. A clinical trial, published in the medical journal Obesity, showed that green tea reduces body fat, without need for any lifestyle changes.



The study included 240 men and women and ran 12 weeks. The conclusion was that for all subjects, body weight, BMI and body fat mass was significantly reduced in only 12 weeks, simply by taking green tea extracts.

DOES CHILI PEPPERS BURN FAT?

Chili has a very beneficial effect on weight loss. It creates heat, which burns calories. Researchers at Oxford University have shown that Chili triggers a thermodynamic burn that can last up to five hours after eating. This process speeds up the metabolism and melts calories while preventing new fat storage.



28 health & beauty

SPECIAL FOCUS ON: Plastic Surgery

Puppets get personal

Disability awareness program visits local schools

CELIA MILNE
for Metro Canada



"When you use a wheelchair, how do you go to the bathroom?" "Do you ever get teased or bullied?" "Can I catch what you have?"

These are the questions kids ask when the colourful, life-sized puppets of Kids on the Block Disability Awareness program come to their school.

The Kids on the Block, celebrating its 25th anniversary this year, is a volunteer troupe that travels to Toronto schools to raise awareness of differences such as cerebral palsy, epilepsy, hearing loss, spina bifida, ADHD and juvenile rheumatoid arthritis.

"Kids really open up to puppets," says Kirsten Sixt, a program director for Kids on the Block in Toronto. Whereas kids in a classroom might shy away from asking a disabled child a personal question, they feel comfortable asking the puppets. "The questions are



The Kids on the Block Disability Awareness program uses life-sized puppets to encourage kids to ask questions about disabilities.

the meat of our program. With the questions we are able to dispel myths and misconceptions about these medical conditions or physical disabilities and promote friendship, inclusion, sensitivity and awareness."

Kids on the Block relies on an enthusiastic team of 13 volunteers from all walks of life, who are trained in Bun Raku Puppetry. The puppets all have a disability or medical condition. For instance, Mandy is deaf and talks about lip

reading, Brian has epilepsy and explains what it's like to have a seizure, and Valerie is a cheerleader who uses crutches.

The first Kid on the Block was a puppet with cerebral palsy named Mark Riley, who went to school in a wheelchair.

To celebrate its 25th anniversary, Kids on the Block is having a fundraiser at Second City Comedy Show, June 1, at 7:30 pm. Tickets are \$35 (tax receipt available for \$20). For ticket information, call 416-964-9095.

MEN & WOMEN NEEDED

We are looking for healthy volunteers to participate in clinical studies



You may be financially compensated up to \$2500 upon completion of the study

If you are 18 to 55 years old and want to see if you qualify please contact us

416.759.5554

1.866.759.5554

www.pharmamedica.com

PHARMA MEDICA
RESEARCH INC.

SPECIAL FOCUS ON:

Plastic Surgery

health & beauty 29

The straight teeth goods

Hardware options to get your smile in line

JANINE FALCON
for Metro Canada

When Tom Cruise made 2002 headlines with braces, few adults had considered them a grown-up straight-teeth solution.

Now their choices range from discreet to updated metal-mouth versions that offer less ouch and shorter treatment times.

Invisalign

Clear, plastic upper- and lower-teeth trays that fit teeth through each straightening stage, about two weeks per set. The number of "aligners" depends on how much straightening you need.

PROS: Almost undetectable on teeth. Removable for easy brushing and flossing.

CONS: Not for major straightening. Custom manufactured, so you'll wait between fittings and delivery. Invisalign is also the most expensive braces choice.

Ceramic Braces

Ceramic braces refer to the brackets affixed to the teeth. Apparently, Tom Cruise wore ceramic.

PROS: Made of translucent material, ceramic brackets are more subtle than glinty metal. Tooth-coloured wire add further camouflage.

CONS: Although the brackets are translucent, the ligatures are usually latex, which can stain. As well, translucent doesn't mean clear; ceramics could make super-white teeth look dingy. The brackets are also larger than metal, and more brittle.

Self-ligating Braces

Similar to standard metal, the difference in these is the brackets. Regular braces need tiny plastic bands (ligatures) that encircle tiny hooks on the face of the brackets to hold the wire against teeth. Self-ligating braces instead have built-in clips to grip the wire.

PROS: Fewer adjustments, less wearing time. In regular braces, ligatures restrict the slip of the brackets along the archwire, so teeth shift haltingly into position. As well, orthos have to remove and replace ligatures at each adjustment visit. With self-ligating braces, brackets slide continuously along

the wire as teeth move, which reduces the need for adjustments and shortens the process.

Titanium wire can further lessen straightening time and pain. More flexible than stainless steel, titanium has stretch memory, says Dr. Stephen Gurza, orthodontist and founder of The Brace Place, which has offices in Toronto, Thornhill and Scarborough, Ont. "We can tighten titanium wire more without increasing patient discomfort." Plus, the wire's gradual contraction helps shift teeth into place faster.

CONS: Smile and the world sees your braces.

Lingual Braces

Wires and metal brackets customized to fit the flipside of your bite.

PROS: Invisible when you smile because the hardware is behind the teeth.

CONS: Pricier than standard braces, lingual braces are difficult to install as well as keep clean. Their placement also causes initial tongue discomfort and makes speech a little tricky.

Robot-engineered Braces



Whichever teeth-straightening option you choose, remember: Sometimes a smile takes a while (and some discomfort) to perfect.

Called SureSmile, these combine 3-D computer scanning, wire-and-bracket braces and robot technology. Via computer, the orthodontist directs a robot to bend a flexible titanium wire according to his or her prescription.

PROS: Fewer adjustment appointments thanks to better-than-human robotic precision as well as titanium wire, and as little as half the wearing time.

CONS: More costly than traditional braces, and not yet widely available (davi-

sortho.ca for more info).

The bottom line on braces is that whichever option you choose, sometimes a smile takes a while (and some discomfort) to perfect. But even an imperfect smile can be appealing. Smile big and be beautiful.

Weight loss idol

FITNESS Do you have what it takes? Extra weight and a keen attitude. You could be one of 18 people chosen for a free 12-week weight-loss competition.

The competition is run by Rob Sugar, a weight loss coach and psychotherapist. The idea is to retrain the mind to handle emotional eating. "It's not what you're eating; it's what's eating you," is one of Sugar's mottos. Reprogramming yourself to do regular physical activity is also part of the program. Sugar plans to record the weight-loss competition — which is modelled after Survivor and American Idol — for the Internet and have it available on Facebook and Twitter.

Contestants will be chosen based on their psychological readiness to lose weight. The winner will be selected by a panel of judges and awarded a grand prize.

If you are interested, register for one of two free buffet dinners in Toronto: May 26 or 28. Both are at the North Toronto Memorial Community Centre at 200 Eglinton Ave. West at 7 p.m. Go to FreeWeightLossEvent.com.

CELIA MILNE/FOR METRO CANADA

Smokes: First you'll feel green, and then you'll die

ENVIRONMENT Cigarette companies are promoting health — for the environment.

In a full-page advertisement inside Toronto Life magazine, du Maurier Canada boasts of its new "greener" cigarette packages, which, at this rate, may soon be safer to smoke than the products they contain.

Parent company Imperial Tobacco has replaced foil wrapping with paper and uses external cardboard packaging that "meets standards supporting sustainable forest management," according to the ad.

"Small steps make the difference," it reads.

Gideon Forman laughed when asked about it. Later, when he stopped laughing,

the spokesperson for the Canadian Association of Physicians for the Environment said: "Is it green washing? Yes. 'Are they making a product that is still toxic to people's health? Yes.

"So they are now making a product with a little bit more paper. Big deal."

Imperial Tobacco Canada spokesperson Eric Gagnon responded, "Our product is

going to be in the waste or the dumpster, so what we try to do in terms of ... corporate social responsibility is do it in a good manner."

Heather Marshall specializes in waste packaging issues for the Toronto Environmental Alliance.

"My first reaction is: Isn't that a wolf in sheep's clothing?" she said.

TORSTAR NEWS SERVICE

RESEARCH STUDY DO YOU HAVE JOINT PROBLEMS FROM OSTEOARTHRITIS?

We are looking for people with osteoarthritis who are over the age of 40 years to complete a brief research study questionnaire and a 40 minute telephone interview about living with arthritis.

For information about this important research, please call **Katherine** at the Arthritis Community Research & Evaluation Unit (ACREU), University Health Network.

Toll Free: 1-866-724-0003



University Health Network

LOSE WEIGHT REFORM YOUR BODY

• **10+lb/one period of treatments (15 times)** •
Using Acupuncture & Massage Only
Effective Miraculous Unique

1. Assigned parts of the body can be reformed eg; contraction of the abdomen or jaw
2. It's not "the hunger-cure". Not anorexia, diarrhea and asthenia. Not change your dietary habit
3. Effective, quickly now, and long term, no relapse
4. Plans for different cases tailored especially for you

Fine therapies also available for relieving various pain, strain and aches: shoulder neck or waist pain, backache, chronic strain, muscle stiffness or numbness, computer hand, mouse elbow, repetitive tension damage etc.

Medical Insurance Accepted

Tel: 647.347.5591 • Email: goodbodyyca@gmail.com
258 Dupont St. @ Spadina Ave. Dupont Subway Stn)
Toronto ON M5R 1V7 • 10 am - 7 pm Everyday

2nd Clinic Opening Soon: 5527A Yonge Street Suite 301, North York
Please call prior to coming in.

OPA! GREECE

PRICES SO LOW, YOU HAVE TO GO!

SAVE UP TO \$1800 PER COUPLE



ISLAND CRUISE

Sun, Jul 5-26

\$1299

AEGEAN SPLENDOR
9 DAYS • 7 NIGHTS • 15 MEALS

- 4 nights Greek Island & Turkey Cruise
- 3 nights Athens
- Add taxes \$429

OUR PARTNERS IN EUROPE



To book your next vacation,

CALL 1-800-992-8143

VISIT your local CAA Store today!



Auto Insurance Travel

Limited time offer: \$1800 reflects Hellenic Harmonies Sigma, May 31. Flights from Toronto via Air Transat. Prices shown are per person, based on double occupancy. SPC Option. New bookings only. Space and prices are subject to availability at time of booking and subject to change without notice. Taxes & fees are extra and noted above. For complete details and terms and conditions refer to the Transat Holidays 2009-2010 Italy, Spain & Greece brochure. Transat Holidays is a division of Transat Tours Canada and is registered as a travel wholesaler in Ontario (Reg #50009408) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K3. For full terms and conditions, please ask your CAA Travel Consultant. CAA South Central Ontario, 60 Commerce Valley Drive East, Thornhill, ON L3T 7P9 Registration #50014517.

Clean Slate Beauty

Laser hair removal specialists



Spring 2009 Promotion:
Underarm treatments
for as low as \$60.
Visit our website for details.

Because everybody
deserves perfect underarms!

Hurry, spring is over soon!

Call for a free consultation:
(416) 585-2222 • www.cleanslatebeauty.com
Chinatown Centre • 222 Spadina Ave. • Unit 261

DO YOU SUFFER FROM PAINFUL OSTEOARTHRITIS OF THE KNEE?

And are you?

- Between 40 – 80 years old
- Have a primary diagnosis of **osteoarthritis of the knee**
- Have unsatisfactory pain relief from past or current medications
- Have had **symptoms for at least 3 months**

If so, you could be eligible for a clinical research trial investigating the pain relieving effects of a new experimental analgesic drug.

For more information, please contact:

Manna Research
at 416.740.2895 or visit
www.mannaresearch.com



A healthy kick in the junk?

Proposed rule changes would let snack-makers add vitamins

Potato chips chock full of vitamins D and C! Corn dogs fortified with folic acid!

Fritos, Pogos and junk food of every description might soon be able to add a shimmer of health to their glossy packaging if Health Canada enacts proposed rule changes regarding the fortification of edibles.

And the new right to add minerals and vitamins to such demonstrably detrimental fare can only worsen this country's obesity crisis, many health experts warn.

"If you're already a junk food eater you'll eat more of it ... you can have these chips because they're 'heart healthy,'" says Dr. Yoni Freedhoff, an Ottawa obesity specialist and longtime critic of the proposal. Worse yet, he says, it could encourage people who have been trying to eat right to succumb to the junk food temptation.

"There's the very busy



Health Canada has proposed rule changes regarding the fortification of edibles such as chips and pogo sticks.

person who has been trying hard to cook meals with whole foods properly for their whole family," says Freedhoff, founder of Ottawa's Bariatric Medical Institute.

"They could decide, 'Why should I bother doing this when I can get the healthy Pogo stick with the fortified this, that and the other.'"

The proposal does not

specifically mention which foods can be fortified; it does, however, list those that cannot be. These include flour and bread (whose fortification is already set), pasta, sugars, syrups, alcoholic beverages, milk and butter.

Also on the regulated list would be fresh produce, meats, fish poultry, eggs, fresh brewed coffee and tea, and infant foods

and diet formulations. But Freedhoff says those restrictions fly out the window when any of these products are mixed or battered or otherwise processed.

"They specifically mention the foods that are not allowed to be fortified, and then everything else is fair game," he says.

If a company mixes any of these staples into a Pogo stick, for example, they can fortify at will, he says. "And it's 'at your discretion, food industry.' I'm not sure about you, but certainly I've never known the food industry to have much in the way of discretion."

University of Toronto nutrition expert Valerie Tarasuk says the food industry has argued the regulations would simply harmonize Canadian products with those sold in the United States, which has long had liberal fortification rules.

TORSTAR NEWS SERVICE

As unique as you are.

Ask for Total One® Multi Vitamins & Minerals at these fine Natural Health Food retailers.



Swiss Total One® Multi Vitamins & Minerals are formulated to meet the physiological needs of your specific life stage, lifestyle and gender. Containing high potency formulas to help you achieve optimal health and wellness by supporting the overall healthy functioning of your body, including:

- Healthy bones and tissue
- Metabolism of carbohydrates, proteins and fat
- Cardiovascular health
- Energy production
- Antioxidant support
- Normal growth

S&H Health Foods
Promenade Mall
Thornhill

Foods for Life
2184E Bloor St. W.

Evergreen Natural Foods
513 St. Clair Ave. W.

Ambrosia Natural Foods
55 Doncaster Ave.

Healthy Planet
85 Ellesmere Rd.

QI Natural Health Food
1001 Eglinton Ave. W.



SPECIAL FOCUS ON:

Plastic Surgery

health & beauty **31**

Betrayed wives talk to cope

Elizabeth Edwards pulls back the curtain on infidelity, says expert

The J Spot



Salon.com called her book tour "one of the most sado-masochistic publicity jaunts in political history."

New York Times columnist Maureen Dowd criticized her for dragging her husband "back into the public square for a flogging."

But Ruth Houston, infidelity expert, founder of InfidelityAdvice.com and author of *Is He Cheating on You?* 829 Telltale Signs, thinks Elizabeth Edwards should be commended for writing and speaking so candidly about her husband's (former presidential candidate John Edwards) extramarital affair and the effect it has had on her both physically and emotionally in her new book *Resilience: Reflections on the Burdens and Gifts of Facing Life's Adversities*.

"By doing so, she has pulled back the curtain and exposed aspects of infidelity that the public rarely gets to see," says Houston. "Women with cheating spouses or significant others need to see that they are not alone — that all women face similar issues when trying to cope with their partner's affair."

It doesn't hurt either she adds, for the cheating cad to see and hear firsthand the hurt, humiliation and heartbreak they inflict when they have an affair.

Usually, when a male public figure has an affair, the focus is on him, the details of the affair, how it will affect his career etc., while his wife is expected to dutifully and literally "stand by her man" in silence.

"Elizabeth Edwards is the voice of those 38 to 53 million women with cheating mates," says Houston.

"When women like Elizabeth Edwards, Hillary Clinton and Dina Matos McGreevey share their personal experiences as betrayed wives, they direct public attention to aspects of infidelity that usually go unnoticed or ignored."



Elizabeth Edwards, right, the wife of former presidential candidate John Edwards speaks candidly about her husband's extramarital affair in her new book *Resilience: Reflections on the Burdens and Gifts of Facing Life's Adversities*.

"Elizabeth Edwards is the voice of those 38 to 53 million women with cheating mates."

Ruth Houston, author/infidelity expert

"They reveal a side of infidelity that the public rarely gets to see. Judging from the criticism these women have garnered for

airing their dirty laundry, and openly discussing their husband's affairs, this is a side of infidelity the public would rather not see."

But considering that infidelity in one form or another affects 80 per cent of all marriages and committed relationships, it's a side that needs to be seen.

"There is a need for information, solutions and advice," says Houston. "It helps to know how a role

model handled a similar situation."

Houston's book is available as a downloadable e-book from booklocker.com/books/1755.html.

For insight into why we're so fascinated with the extramarital affairs of public figures, visit my blog, *Sexcetera*, at metronews.ca/Toronto/blog.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

OPA! GREECE

PRICES SO LOW, YOU HAVE TO GO!

SAVE UP TO **\$1800** PER COUPLE



ISLAND HOPPING

Sun / Mon Jul 5, 6

\$2699

HELLENIC HARMONIES - SIGMA

16 DAYS • 14 NIGHTS • 18 MEALS

• 3 nights Crete • 3 nights Santorini

• 2 nights Paros • 4 nights Mykonos

• 2 nights Athens

Add taxes \$383

OUR PARTNERS IN EUROPE

transat HOLIDAYS

To book your next vacation,

CALL 1-800-992-8143

VISIT your local CAA Store today!



Limited time offer: \$1800 reflects Hellenic Harmonies Sigma, May 31. Flights from Toronto via Air Transat. Prices shown are per person, based on double occupancy, SPC Option. New bookings only. Space and prices are subject to availability at time of booking and subject to change without notice. Taxes & fees are extra and noted above. For complete details and terms and conditions refer to the Transat Holidays 2009-2010 Italy, Spain & Greece brochure. Transat Holidays is a division of Transat Tours Canada and is registered as a travel wholesaler in Ontario (Reg #50009468) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8. For full terms and conditions, please ask your CAA Travel Consultant, CAA South Central Ontario, 60 Commerce Valley Drive East, Thornhill, ON L3T 7P9 Registration #50014517.



Metro Supports Give Girls A Chance!
Educate a Girl. Change the World.

www.givegirlsachance.org

Prairie Naturals

Low Energy ✓ Stressed ✓ Time to Detox!

Morning Rise & Shine

Lemon, Aloe Mineral Drink

• Energize • Alkalize • Cleanse • Hydrate

Holistic Pharmacist, RoseMarie Pierce, B.Sc. Pharm., formulated the Morning Rise & Shine drink to offer an easy-to-take alternative to her popular recipe version, see www.sunstreams.ca. RoseMarie believes that replacing the morning coffee (or sweetened and processed drinks) with the Morning Rise & Shine drink will provide the double benefit of eliminating acid-forming drinks and offer instead a health-giving alkalizing, energizing alternative. By starting the day with this healthy morning drink, you will also help to improve nutrient absorption and create lightness in your digestive process.

Customer Testimonial - "I'd heard about Morning Rise & Shine from a friend who said it gave her that needed edge so I tried it and now it's a part of my morning ritual!"
G. Solomon - Winnipeg MB

Created by
RoseMarie Pierce, B.Sc. Pharm., Holistic Pharmacist
RoseMarie is a highly respected lecturer, writer, and media personality within the natural health industry.



ReCleanse

7-Day Whole Body Detox Program

• Eliminate toxins • Improve digestion • Lose weight
• Support immunity • Healthy aging • Increase energy

ReCleanse® Herbal Cleanse is the gentle and effective, 7-Day Whole Body Detox that you can use as often as you like. Consisting of two parts, the multi-systems cleansing formula and the colon cleansing formula (in vegetable source capsules), ReCleanse® Herbal Cleanse can rejuvenate and restore the cleansing and detoxifying systems of the body, which deactivate, transform, filter and eliminate toxic substances. It does this by combining the benefits of over 25 cleansing herbs shown to enhance the natural cleansing ability of the kidneys, glands, liver, blood, digestive system and colon.

ReCleanse® Fibre Powder and Fibre Chewables provide 100% organic fibre from plant sources, superior health-promoting soluble fibre to support the detoxification process.

Customer Testimonial - "I have been using ReCleanse for the past 6 months and have felt rejuvenated with energy!"
H. Wilson - Kelowna BC



Toronto

Sears Scarbrough
(416) 296-0171

Healthy planet
(416) 510-8576

Naturals Durham Bakery
(416) 431-7988

The Big Carrot
(416) 466-2129

Morningside Health foods
(416) 282-4447

Nutrition House
- Erin Mills (905) 593-2952
- Square One (905) 275-1264
- BCE Place (416) 216-4545

- 1 Dundas St W (416) 598-3111
- Sheppard Ctr. (416) 221-1919
- Sunnybrook Pl. (416) 482-2700

- Hudson's Bay (416) 972-1441

Nutrition House
- Eaton Centre (416) 598-2638
- Festival Mall (519) 273-6282
- Windsor (519) 948-6726
- Fairview Park (519) 893-3133
- Eaton Centre (416) 598-2638

H&H Health Foods
(416) 966-8828

Vital Planet
(416) 366-4353

Burlington Health Foods
905-632-5161

Health Plus
Ajax (905) 426-7587

Ambrosia Natural Foods
(905) 881-7811

Peaches & Green Natural Food
(416) 488-6321

Nature's Emporium
(905) 898-1844

The Herbal Pathway
(905) 839-7234

Harmony Whole Foods
(519) 941-8961

The Gentle Rain
(519) 271-0388

The Stone Store Natural Foods
(519) 821-2120

All Health Service Centres
- Weston
- Toronto

All Goodness Me locations
- Hamilton
- Burlington

Call us Toll Free at
1.800.931.4247



Alicia Keys is dating a music producer. Hip-hop star Swizz Beatz — who is currently divorcing his estranged wife, U.S. singer Mashonda — has confirmed he and the singer are in love. FEMALEFIRST.CO.UK

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA



Nixon engaged

While speaking at a rally for gay marriage over the weekend, *Sex and the City*'s Cynthia Nixon announced her engagement to girlfriend Christine Marinoni, according to Access Hollywood. METRO WORLD NEWS

More than just an action hero

Actor Sam Worthington spreads his wings

NED EHRBAR
Metro World News

Sam Worthington is being set up to be the next big action star, but for now he's more concerned with finding a place to live. "I go where the work is," he admits. "I don't have a real home."

Hoping to start a career hot streak, Worthington opens this weekend in *Terminator Salvation* alongside Christian Bale. And over the next year, he'll be popping up in a number of other high-profile projects. "I'm doing as much as I can until people realize I'm a sham," he says, grinning.

Four years ago, director James Cameron tapped Worthington to star in the much-hyped *Avatar*, which is still in post-production. So the actor sold his home and everything in it, packed up two bags and left to film in Los Angeles and New Zealand. "I've still only got two bags — a bag of books and a bag of clothes. That's about it," he says with a shrug.

But Worthington isn't complaining. Far from it — he's enjoying getting to play on big sets and promote massive studio films. "You don't get into this profession for your movies not to be seen, to just show them to your mates at

Movie feature

home," he says. "I like the fact that people are going to get to see my work and then, fingers crossed, hopefully like what I'm producing. We'll soon find out, won't we? Or I won't be working next year."

Speaking of next year, Worthington is currently filming a remake of the '80s Greek mythology epic *Clash of the Titans*, due next March — "I'm running around in a dress killing everything" is how he describes it. But he hopes audiences can see him as more than just an action hero. "I don't mind taking a few knocks. I'm a



Sam Worthington stars alongside Christian Bale in *Terminator Salvation*, which opens this week.

boy. But hopefully it's not just, 'Sam's an action dude.' That's not what I want," he says.

Still, while filming *Last*

Night, a relationship drama with Keira Knightley and Eva Mendes, Worthington didn't quite get the same thrill. "I craved a

gun and a sword, to be honest with you," he says. "It was bizarre. In the kissing scenes, I wasn't getting the same kind of rush."

WE NEED FEMALES

Are you a healthy,

POST-MENOPAUSAL FEMALE?

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research study:

- Study starts on Friday, July 3rd – 2 sessions with 3 short return visits per session.
- Compensation is up to \$1,600 for completing the entire study.



CALL: **416-747-5246**

Toll Free: 1-866-747-5246

Mon-Fri: 8-5, Sun: 10-6

BioPharma
Services Inc.

4000 Weston Road, Toronto
www.biopharmaservices.ca

4-get the rest... use **450Tel**

Canada 
20 min. for **50¢** per call
450Tel. 5¢/min. after the first 20 minutes

SIMPLY DIAL 10•18•450

- You never have to sign a contract.
- No calling card needed.
- No monthly fees or sneaky access fees.
- Use your home phone.

- All rates in effect 24 hrs a day, 7 days a week.
- All calls appear on your local phone bill.
- No need to switch phone carriers.

Call these countries for as low as **2.5¢**+

Argentina	China	Ireland	Netherlands	Singapore	Switzerland
Australia	Czech Rep.	Israel	Norway	South Korea	Taiwan
Austria	Denmark	Italy	Poland	Spain	U.K.
Belgium	France	Luxembourg	Puerto Rico	Sweden	U.S.A.
Canada	Greece	Malaysia			
Chile	Hong Kong	Monaco			

*If you talk up to 20 min. for 50¢ per call

Visit us at **www.450Tel.ca** or
call us toll free at 10-18-450-0, locally at 647-435-2477.

*Calls to cellular phones in some international destinations or special country code terminations are billed at a higher rate. Rates effective January 1/09 and subject to change without notice. 450Tel. rates are the same, 24 hours a day, 7 days a week. All calls under the 20 minute program will be billed at 50¢. Thereafter, all calls are billed in one minute increments; rates vary by country. Please dial toll-free 10-18-450-0 or 647-435-2477 to confirm that 450Tel. long distance is available from your area.

Credit crunch

Mischa Barton's new movie has stalled as makers look for cash to distribute the film. The actress appears with Bruce Willis in *Assassination of a High School President*, but the project is in need of investment before a release date is set. FEMALEFIRST.CO.UK

First look **New Moon rising**

Here is your first look at The Twilight Saga: New Moon poster. In The Twilight Saga: New Moon, Bella Swan (Kristen Stewart) is devastated by the abrupt departure of her vampire love, Edward Cullen (Robert Pattinson) but her spirit is rekindled by her growing friendship with the irresistible Jacob Black (Taylor Lautner). Suddenly she finds herself drawn into the world of the werewolves, ancestral enemies of the vampires, and finds her loyalties tested. Based on the best-selling book series, The Twilight Saga: New Moon opens in theatres everywhere Nov. 20. It is the highly anticipated next installment to the movie Twilight, which has grossed \$380 million US at the global box office and become a worldwide sensation and cultural phenomenon.

Allen, American Apparel settle

Woody Allen agreed yesterday to a \$5 million US settlement in his lawsuit accusing a clothing company of using an image parodying him as a rabbi without his permission.

Both sides announced the settlement — to be paid by American Apparel's insurance company — on the morning a trial was to start in federal court in Manhattan.

Reading from a statement outside court, Allen said he hoped the outcome "would discourage American Apparel or anyone else from ever trying such a thing again."

American Apparel president Dov Charney told reporters it wasn't his decision to settle. The company's insurance company "controlled the defence"



Actor-director Woody Allen arrives at the federal courthouse in New York City yesterday.

in the case, he said. "I'm not sorry of expressing myself," he said.

Allen, 72, sued the clothier last year for \$10 million after the advertisements turned up on billboards in Hollywood and

New York, and on a web site. Using a frame from the film *Annie Hall*, the ads depicted Allen as a Hasidic Jew — long beard, side curls, black hat — and featured Yiddish text meaning "the holy rebbe."

Court papers filed on Allen's behalf had described the actor-director as one of the most influential figures in the history of American film, and say he believes maintaining strict control over his image has been critical to his success.

The papers claimed Allen hasn't done commercials in the United States since 1960s, when he was a struggling standup comic. The billboards, he says, falsely implied he endorsed a clothing line known for its racy

advertising — a "blatant misappropriation" and commercial use of Allen's image."

American Apparel lawyers have called the \$10 million demand outrageous, especially since the billboards were taken down after a week.

They also have threatened to call Allen's former longtime companion, actress Mia Farrow, and his current wife, Soon-Yi Previn, as witnesses to show that his image has already been devalued by scandal. Previn is Farrow's adopted daughter.

Yesterday, Allen blasted American Apparel, calling their First Amendment defence "sheer nonsense," and accusing of it of trying "to smear me."

THE ASSOCIATED PRESS

Krall's Live in Rio affords close-up of performers

FILM Diana Krall has already wrapped the Canadian portion of an extensive world tour that will keep her on the road until November, so the jazz pianist/singer is giving Canuck audiences a second chance to watch her perform.

Concert film *Diana Krall Live in Rio* will screen at Cineplex movie theatres across the country tomorrow. The film draws from a November 2008 show that Krall performed in Brazil with her quartet and a full

orchestra. Viewers get an up-close peek at the seamless non-verbal communication between Krall and bassist John Clayton —

mostly glances, smiles and eyebrow-raises — and the tension in Krall's face when she plays the piano, while the 18 songs she selects are accessible without being too by-the-numbers.

THE CANADIAN PRESS



Diana Krall

Baldwin's late-show quip about mail-order brides provokes anger in Philippines

HOT WATER Actor Alec Baldwin's joke about getting a Filipina mail-order bride provoked a sharp response in the Philippines, with one senator saying yesterday that the 30

Rock star faces violence if he ever visits.

Baldwin, 51, who is divorced with a teenage daughter, said in a May 12 interview on *The Late Show* with David Letter-

man that he would love to have more children. The Emmy-winning actor quipped that he was "thinking about getting a Filipino mail-order bride at this point ... or a Russian

one." Philippine Sen. Ramon Revilla said yesterday that Baldwin's comment was "insensitive and uncalled for" and an insult to millions of Filipinos.

THE ASSOCIATED PRESS

35% OFF WITH AD BORROW UP TO **\$1000.00** UNTIL PAYDAY **INSTANT APPROVAL** By Phone/Fax/Email

LOWEST COST PAYDAY LOANS IN THE GTA

416-636-6333 or www.paydayanyday.com **PAYDAY LENDERS** NOW ANY DAY CAN BE YOUR PAY DAY! 3121 Dufferin Street

OPA! GREECE

PRICES SO LOW, YOU HAVE TO GO!

SAVE UP TO \$1800 PER COUPLE



ISLAND CRUISE

Mon, Aug 3 - 24

\$1599

MYKONIAN GEM

9 DAYS • 7 NIGHTS • 12 MEALS

• 3 nights Greek Island & Turkey Cruise

• 4 nights Mykonos

Add taxes \$393

OUR PARTNERS IN EUROPE

To book your next vacation,

CALL 1-800-992-8143

VISIT your local CAA Store today!



Auto Insurance Travel

Limited time offer: \$1800 reflects Hellenic Harmonies Sigma, May 31. Flights from Toronto via Air Transat. Prices shown are per person, based on double occupancy, SPC Option. New bookings only. Space and prices are subject to availability at time of booking and subject to change without notice. Taxes & fees are extra and noted above. For complete details and terms and conditions refer to the Transat Holidays 2009-2010 Italy, Spain & Greece brochure. Transat Holidays is a division of Transat Tours Canada and is registered as a travel wholesaler in Ontario (Reg # 50039468) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5S8. For full terms and conditions, please ask your CAA Travel Consultant, CAA South Central Ontario, 60 Commerce Valley Drive East, Thornhill, ON L3T 7P9 Registration #50014017.

Great Careers Start at triOS College

Business & Law

- Honours Business Administration
- Accounting & Payroll Administration
- Administrative Assistant
- Office Administrator
- Law Clerk + Internship
- Paralegal
- Police Officer

Technology

- Network Engineer + Internship
- Video Game Design & Development + Internship
- Network Specialist (MCITP)
- Network Specialist (Multi OS)
- Network Support Technician
- Web Designer/Developer

Healthcare

- Physiotherapist Assistant
- Medical Office Assistant
- Personal Support Worker
- Community Services Worker + Internship
- Pharmacy Assistant
- Medical Transcriptionist + Internship

CLASSES NOW ENROLLING CALL TODAY TO LEARN MORE 1-888-646-7415

www.mytrios.ca

Toronto Campus: 425 Bloor St. E. Oshawa Campus: 360 King St. West Mississauga Campus: 55 City Centre Dr.



Mickey Rourke is to star in a remake of the 1986 British gangster movie *Mona Lisa*. The Wrestler star will portray an ex-con working as a chauffeur for a high-class escort, rumoured to be played by Casino Royale actress Eva Green. FEMALEFIRST.CO.UK

Cruz skips Cannes event over illness

FEST Penelope Cruz has had to miss an event at the Cannes Film Festival after suffering food poisoning. Weinstein Co. boss Harvey Weinstein broke the news to reporters Monday at an event to promote her forthcoming musical *Nine*. Cruz stars in Pedro Almodóvar's *Broken Embraces*, which is due to have its Cannes premiere today. *Nine* is directed by Rob Marshall and also stars Daniel Day-Lewis, Marion Cotillard and Nicole Kidman. **THE ASSOCIATED PRESS**

Christ lawsuit settled

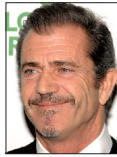
A settlement has been reached in a screenwriter's lawsuit against Mel Gibson over *The Passion of the Christ*.

A notice of settlement filed Friday in Los Angeles Superior Court stated that an agreement had been reached and was being put into writing. The filing asked a judge to cancel a trial scheduled for June 3.

Benedict Fitzgerald sued Gibson and several film companies for \$10 million

in February 2008, claiming that Gibson and others vastly understated the budget for the 2004 blockbuster.

The screenwriter's suit claimed Gibson told him the budget for the movie would be in the \$4-million to \$7-million range, but that it was significantly higher.



Gibson

Fitzgerald also claimed that Gibson told him he would not receive any money from the film, but considered it a gift of his faith.

His lawyer also claimed Gibson spent tens of thousands of dollars on his children's education while filming in Italy and paid a chiropractor \$78,000. They contended those expenses lowered payments to Fitzgerald.

Several of the lawsuit's

claims had been thrown out and, in recent hearings, lawyers for Gibson said the actual amount in dispute was significantly lower.

No details of the settlement were filed.

Both sides battled over the film's finances for months. A judge last year ordered Gibson to answer questions about the film's planning and finances during a deposition.

THE ASSOCIATED PRESS

Huston helpful, Medium actor says

TV SERIES Rumer Willis says she was daunted by the prospect of acting opposite Oscar-winner Angelica Huston on the TV series *Medium*. But Willis says the veteran actress was "very sweet and helpful" while filming the episode, which aired last night on ABC. Willis guest starred as a troubled young woman who has fallen into drugs and prostitution. Series star Patricia Arquette directed the episode.

THE ASSOCIATED PRESS

Apartment Finder

To advertise contact Ian March at 416-443-4388

EGLINTON-KIPLING
2 Bdrm from \$1,145
Immediate & Later
Beautiful tree setting, near schools, TTC, 427/401, airport, shopping, C/AC avail, Prkg, Hydro, Indoor Pool, Fitness Facility, Security
Apply 1450 Kipling, S.W. of Eglinton 416-231-2003 www.princessmgmt.com

65 THORNCLIFFE PARK DR.
Well maintained & Spacious suites in Hi-Rise Building
BACH, 1, 2 & 3 BEDROOMS
viewit.ca/65thorncliffe
416-696-5052
Available for immediate occupancy. Close to all facilities. www.torontorentals.com/65thorncliffe
Don Mills & Overlea

Victoria Park & Danforth Ave.
Immediate & Later Occupancy
1 & 2 bdrms from \$860
Including parking, utilities, New decor; walk to subway, shops
416-694-3187
WWW.PRINCESSMGMT.COM

FACING DUNDAS WEST SUBWAY STATION
Bachelor from \$739
A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West
416-532-3331

YONGE/EGLINTON APARTMENTS
Underground access to subway, connected to the yonge/eglinton center
air conditioned bch., 1, 2 & 3 bdrms, util. incl. \$965
411 DUPLEX AVENUE (416) 486-5728
33 ORCHARDVIEW BOULEVARD (416) 484-8437
www.caprent.com

CARLTON & YONGE
33 Wood St. Apartments
LARGEST 2 Bedroom suites in the area!!!
CALL US NOW!!
Furnished & unfurnished units.
Renovated apts with 4 appliances.
A/C, Indr. pkgng., Fitness centre. Utilities all included.
416-593-1772

TAKE A VIDEO BREAK
Visit metronews.ca to watch metrotube of the day
The video everyone's talking about.

BLOOR/MT PLEASANT
Walk to Sherbourne subway / Penthouse level pool / New balconies just in time for summer
77 Huntley St.
Bach, 1 & 2 Bdrms from \$820
416-964-8265
www.resrent.com

YONGE/BLOOR RENTALS
Walking distance to everything! Penthouse pool & fitness room
Bach, 1 & 2s from \$850
100 Wellesley St. E. 416-924-5100
Steps to Yorkville - 88 Isabella
Bach, & 1 s from \$760
416-920-0251
www.caprent.com

HAVE A PLACE TO RENT?
Free To Rent Your Cottage Or Apartment In 25 Cities In Ontario - \$10 one time charge in the GTA - Find A Tenant On Our "Message Board"
LOOKING TO RENT?
Place A Free Ad On Our "Message Board" Search Through 1,000's Of Listings
TorontoRentals.com

EGLINTON/SCARLETT RD
1 Bdrm from \$975
2 Bdrm from \$1200
Large suites for Immediate & Later Occupancy
New Decor, C/AC, Utilities, Indoor Pool, Prkg Locker, Near School & Church
416-244-7002
www.princessmgmt.com

PLAY FREE
online games daily.
metronews.ca

Service Directory

FINANCIAL
The Money Source
LOANS
FOR WHATEVER YOUR NEEDS MAY BE!
APPLY ONLINE TODAY!
www.mymoneysource.ca or call (416) 699-2274

MONEY PROBLEMS?
MAKE ONE MONTHLY PAYMENT FOR ALL YOUR DEBTS No need for BANKRUPTCY
North York: 416-650-1100 Scarborough: 416-754-0011 Mississauga: 905-275-4200 Brampton: 905-796-3100 Ajax: 905-426-8400
GTA CREDIT SOLUTIONS SERVICES LTD. www.gta-credit.com

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
Low Rates, No Fees
Bad Credit Welcome
CREDIT APPROVED
*terms and conditions apply
www.mortgagegenie.org
416-667-9834

PSYCHIC
Mr. Saleem
Mr. Saleem Renowned African Medium and Clairvoyant (English, French and Portuguese speaking). Love specialist, resolves all problems, business success, release from spells, protection against enemies. Reunite lovers' forever even hopeless cases. 25 years experience. Don't suffer in silence seek help!
647-281-4609

DIVORCE
SIMPLE (UNCONTESTED)
DIVORCE
ezdivorce.ca
1-888-EZ-EZ-123
Lawyer-prepared and filed for you
Member Better Business Bureau

MORTGAGE APPROVED!
• 1st and 2nd Mortgage for any purpose.
• Purchase or re-finance up to 95%!
• With rates at historic lows, now is the time to re-finance your home!
• Consolidate cards into one payment.
• Self-employed? No income qualifying?
• Good, bad or no credit?
• Behind on Mortgage Payments?
Call today for details
Commerce Ventures
416.913.9593 or 647.273.5626

NEED A LOAN?
Bankrupt, Proposal or Past Bad Credit?
Why pay sky high payday loans?
Personal loan (1 yr. on job, \$15/hr min. req.)
Car paid off? (2002 or newer - up to \$15,000)
Affordable rates!
Think smart. Think Prudent.
PrudentLoanApprovals.com
416.634.2013

DRAMA. SUSPENSE. COMEDY.
Visit metronews.ca to watch metrotube of the day
DO YOU HAVE A LOCKED-IN MONEY FROM A FORMER COMPANY'S PENSION?
You can get your money if you have financial problems.
(416)832-4468
Pensions Benefits Claims
\$500\$ loan service
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free: 1-877-776-1660

MR. ABDOUL AFRICAN MARABUT
NATURALLY GIFTED CLAIRVOYANT / MEDIUM. I CAN HELP WITH ALL YOUR RELATIONSHIP MATTERS. REUNITE LOVERS & SAVE MARRIAGES. REMOVE NEGATIVITY TO IMPROVE YOUR LUCK IN BUSINESS, JOB & COURT CASES. CAST OUT SPIRITS AND UNKNOWN FORCES. PROVIDE LASTING PROTECTION.
WHERE OTHERS HAVE FAILED, I HAVE SUCCEEDED FAST!
EFFECTIVE RESULTS!
CALL NOW 416-784-1322
metronews.ca

Divorce Guidance Centre
UNCONTESTED DIVORCE Flat rate call inclusive.
416-631-7253
(Habib Omar, Esq.)
Metro Supports Give Girls A Chance!
Educate a Girl. Change the World.
www.givegirlsachance.org

BDO BDO Dunwoody Limited
Get out of debt without going bankrupt
• Reduce amount you must pay back
• Consolidate debt
• Stop interest
• Protect your assets
bdodebthelp.ca
Locations throughout the GTA
1 800 561-DEBT (3328)
Trustee in Bankruptcy • Credit Counsellors • Proposal Administrators

RECI
MONEY WORRIES?
Maxed credit cards? Harassed by collection calls?
WE WILL RE-ESTABLISH YOUR CREDIT!
Call: (905) 672-5626
Clip out this coupon for a FREE seminar at the:
NOVOTEL MISSISSAUGA, 3670 HURONTARIO STREET
May 26, 2009

QUICK PARDON USA Waiver
CLEAN YOUR CRIMINAL RECORD
416-913-4300

Quick DIVORCE
LAWYER ASSISTED
From \$300
Close to Lawrence W. Subway Stn.
416-849-4200

Halifax

The city that touches your soul

You'll find so much to do and discover in Halifax, Nova Scotia, the historic city by the sea. Discover Halifax's history, arts, culture, nightlife, cuisine and wine. Explore the coastlines, fishing villages and beaches only minutes from the heart of the city. And feel the warmth and welcome of our city's defining feature: its people.

Discover Halifax

Follow in the footsteps of princes, privateers and press gangs as you stroll through the safe, walkable downtown experiencing more than 250 years of Halifax history. The heart of the city is the Halifax Harbour, the second largest natural harbour in the world, and the boardwalk that hugs its shore is alive with pedestrian and maritime traffic. Nova Scotia's capital city has an impressive array of museums, galleries, historic sites, colourful gardens and lively nightlife. Unique areas and neighbourhoods offer fashionable boutiques and whimsical craft shops as well as diverse restaurants to choose from, with everything from fresh, local seafood to international favourites on the menu. A year-round tourism destination, Halifax offers an abundance of entertainment options. 18 annual key festivals anchor our entertainment options, celebrating arts, food, entertainment, and music. This summer, check out Catch! Nova Scotia Seafood Festival (June 27-28), the Atlantic Jazz Festival (July 10-18), the Tall Ships Nova Scotia Festival (July 16-20) and Halifax International Busker Festival (August 6-16), just to name a few.

Bright City, Bright People

The city's nightlife is vibrant— you can experience one or many of the hot spots, from boisterous pubs, to pulsing dance clubs and sophisticated wine bars, within steps of each other downtown, and throughout the city. Take in nightly live music from Celtic to blues to rock. With six-degree granting institutions, Halifax



fax is a bright place, teeming with the youthful energy of students and of learning.

Deep Sense of History & Culture

Halifax exudes culture and history on every street corner, where buildings dating back to 1749 share waterfront vistas with modern glass office towers. Each day, the ceremonial 'noon gun' fires at the Halifax Citadel National Historic Site, an 18th century fortress in the heart of the downtown

core. Another National Historic Site, Pier 21 - Canada's Immigration Museum, tells the personal stories of the one million people who passed through the doors between 1928 and 1971. Step back in time with a tour of Alexander Keith's Brewery, the oldest working brewery in North America where you'll be treated to a mug or two of famous India pale ale along with Nova Scotian songs and tales. Life here revolves around the sea and our Maritime history is an



essential part of Halifax.

Close to Nature

Part of the joy of Halifax is how close it is to nature. Within minutes from the

downtown core, you can be fishing, surfing, hiking, or sea kayaking. Sink your toes into the white sand beaches, or sit on the rocks at Peggy's Cove as the crashing waves mesmerize you and you sink slowly, deeply into the moment.

Enter to win a trip to Halifax

Enter the Halifax Tall Ships contest at www.destination-halifax.com/metro for your chance to win a trip to Halifax during the July 2009 Tall Ships Festival. The contest, which runs from May 13 until June 12, features a prize vacation package for two, including airfare provided by flyhalifax.com, four nights Halifax hotel accommodations at the Halifax Marriott Harbourfront, an Avis rental car for the duration of the stay, dinner at 5 Fishermen restaurant and VIP passes to the Tall Ships, plus tickets to other great Halifax attractions. Entrants to the Tall Ships contest can earn bonus entries by playing the interactive web game, where they can race Tall Ships across the finish line in Halifax Harbour.

For more information on perfect Halifax vacations and getaways, visit destinationhalifax.com. You'll find vacation packages to suit every type of trip, from family fun to culinary and wine themed packages to shopping to romantic getaways. Watch for weekly sell-offs and value-added offers. To stay up-to-date with the latest Halifax news and events, sign up for the E-Halifax newsletter at destinationhalifax.com.

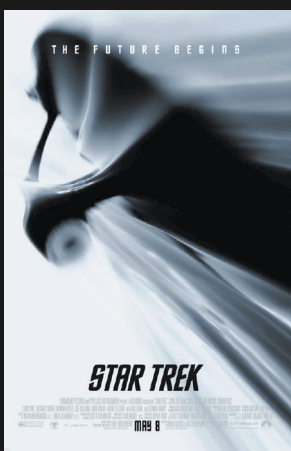
www.destinationhalifax.com



TV Babies!

"Our babies and kids are busy!" says Ann Love at The Baby Face Agency. "In ads, movies, and modelling, some earned \$30,000."
"We need cute babies and toddlers and boys and girls up to 16!"
Phones are open now for parents to list babies and kids. Dial (416) 925-6140

YOU COULD WIN



1 of 12

STAR TREK

IN THEATRES NOW

RUN OF ENGAGEMENT PRIZE PACKS TO SEE STAR TREK® AT AMC YONGE & DUNDAS 24

See it in "ETX" - Enhanced Theatre Experience™ exclusive at AMC Yonge & Dundas 24
• 20% LARGER floor to ceiling screen • 11-CHANNEL AUDIO with 57,000 watts of power
• DIGITAL PROJECTION: 8.8 million pixels provides 4X the clarity and resolution of HD

ENTER FOR YOUR CHANCE TO WIN!
metronews.ca

AMC ENTERTAINMENT

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes May 19, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

metro

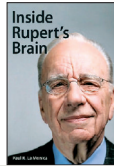
metronews.ca

Tuesday, May 19, 2009

36 entertainment

Braff returning to Scrubs
Zach Braff is heading back to TV comedy Scrubs — just months after announcing his decision to quit the hit show. FEMALEFIRST.CO.UK

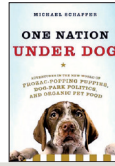
Media baron revealed



Inside Rupert's Brain

Author: Paul R. La Monica
Publisher: Penguin Canada
Price: \$34.95 (Hardcover)

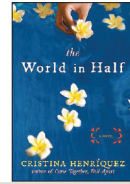
Fox, The Wall Street Journal, HarperCollins — Rupert Murdoch's got his hand in them all. The CEO of News Corporation is worth billions of dollars. But just how did he become so successful? Paul R. La Monica explores this in *Inside Rupert's Brain*, a combination of biography and commentary by Murdoch's inner circle. Despite the reputation some attribute to him as the prickly old newspaperman, La Monica attempts to show how Murdoch rose to the top by investing in new, unpredictable ventures like MySpace and the importance of taking chances to succeed in the business world.



One Nation Under Dog

Author: Michael Schaffer
Publisher: Henry Holt
Price: \$27 (Hardcover)

We used to call it a mutt. Now, it may as well be master. Dogs are quickly finding a new place in society, where owners are treating them just like they would their own children. In *One Nation Under Dog*, Michael Schaffer uses his own acquisition of a Saint Bernard to express this shift in canine comfort. From the premium, organic food we feed them to the specialists we hire to treat their emotional distress, Schaffer examines how these changes reflect adjustments in other areas of society. It's pooch 2.0, where even dogs have social networks to trade photos and plan events.



The World in Half

Author: Cristina Henriquez
Publisher: Penguin Canada
Price: \$22.50 (Hardcover)

Milaflora has always felt a sense of emptiness. When her single mother was raising her, the girl was curious about who her father was and why he didn't want to see her. To protect the child, Milaflora's mother said she was the result of an affair she had in Panama. But as an adult caring for her sick mother in Chicago, Milaflora learns this was the exact opposite of the truth. On a quest to find her father, Milaflora returns to Panama, bracing herself for a clash of cultures and emotions over a man she's never known.

— BRIAN COULTON/
FOR METRO CANADA

Box office

Estimated ticket sales for Friday through Sunday:

- Angels & Demons:** \$48 million
- Star Trek:** \$43 million
- X-Men Origins: Wolverine:** \$14.8 million
- Ghosts of Girlfriends Past:** \$6.9 million
- Obsessed:** \$4.6 million
- 17 Again:** \$3.4 million
- Monsters vs. Aliens:** \$3 million
- The Soloist:** \$2.4 million
- Next Day Air:** \$2.2 million (U.S. only)
- Earth:** \$1.7 million

THE ASSOCIATED PRESS

Kenya'sStyle

Kenya Hunt

Read about skin products at metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/19/09	265	353	2	TVO	Undersea Exp.	Parks	The Agenda With Steve Paikin	East West 101		Around the World		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	NCIS 'Aliyah' (N)	90210 (N)		Durham County		News
	215	343	4	OMN1	2Half Men	The Simpsons	News (N)	Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	NHL Hockey Playoffs -- Teams TBA	(HDTV) (Live)				CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: SVU		Scrubs	Rita Rocks	Rita Rocks	Curb-Enthsm	Friends	News (N)
	212	313	8	CTV	etalk	Hollywood	American Idol	The Mentalist (N)		Law & Order: SVU		News (N)
	218	345	11	ET	The Insider (N)	ET News	Inside Hollywood	X-Weighted		Dr. 90210		News (N)
	137	763	13	TFO	Panorama		Le Temps des bio-maitre	Rendez-vous ** (1985, Drame)			Folie-aventure	Tourments
	-	-	14	-	Raymond	Raymond	News (N)	News (N)		Two/Half Men	King	Cold Case
	213	326	15	SUN	Scrubs	George Lopez	Bird on a Wire ** (1990, Romance-Comedy)	Mel Gibson, Goldie Hawn			The DVD Show	Becker
	-	387	16	CBS	Inside Edition	Hollywood	NCIS 'Aliyah' (N)	The Mentalist (N)	(10:01) Without a Trace (N)			News (N)
	-	385	17	NBC	The Insider (N)	Entertainment	Outrageous	Outrageous	Law & Order: SVU		Law & Order: SVU	News (N)
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	Dancing With the Stars	Dancing With the Stars The winner.				News (N)
	219	346	20	ACH-B	The Road to Avonlea		Dancing With the Stars	Dancing With the Stars The winner.				News (N)
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	American Idol	Glee "Pilot" (HDTV) (N)	Seinfeld	Two/Half Men		The Simpsons
	-	388	61	PBS	News-Lehrer	Keeping Up	Nova (DVS)	Frontline (HDTV) (DVS)	Age of Terror			Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	Reaper (HDTV) (N)	90210 (N)	PIX News at Ten Tong.			Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (HDTV)	WBZ News (N)	'70s Show	Fraser		Punk'd
	298	653	332	TLA	Jamie Foxx	Wayans Bros.	My Wife-Like	According-Jim	Friends	KTLLA News	Two/Half Men	Two/Half Men
	502	390	26	NW	CBC News	Newman	The Hour		CBC News: The National			National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live (N)			Anderson Cooper 360 (HDTV)
	509	504	79	CNB	Kudlow Report		CNBC Reports (HDTV)		Warren Buffett: Billionaire			On the Money
	405	417	22	net	CHL Hockey MasterCard Memorial Cup -- Kelowna Rockets vs. Windsor Spitfires	(HDTV) (Live)		Spitfires (HDTV) (Live)		Sportsnet Connected		Hockey Central
	400	400	30	TSN	That's Hockey	E:60 (N)	Draft Lottery	NBA Basketball Western Conference Final Game 1 -- Teams TBA.				
	411	457	58	OLN	Dog the Bounty Hunter		Departures	Mantracker		Dog the Bounty Hunter		Departures
	417	406	81	SC	Pimp My Ride	Pass Time	Pimp My Ride	Drag Race	Drag Race	Super Bikes!	Kawasaki Test	Pimp My Ride
	551	542	25	YTV	Karaoke Star	Survive This	Malcolm-Mid.	Futurama	Family Biz (N)	Prank Patrol		Mystery Hnt.
	554	544	45	TEL	Totally Spies	Total Drama	STEEN	STEEN	Futurama	American Dad		Moral Ore
	556	540	51	FAM	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek		Cory in House
	602	567	27	W	Will & Grace	Friends	Remedy Me	Keep Real	Style by Jury	Style by Jury	How to Look Good Naked	Mixed Out
	570	580	29	MM	One Tree Hill		On Set	Instant Star	CollegeHmr	Video on Trial	Degrassi: TNG	Degrassi: TNG
	615	520	31	A&E	CSI: Miami (HDTV)		The First 48 (HDTV)		The First 48 (HDTV)			Manhunters
	700	800	35	TLN	Centovetrine	Sky TG 24	Serie A	Magnifica Italia				
	571	581	36	MMM	The Daily Fix		Ranked!	Hogan Knows	Hogan Knows	Entourage	Gene Simmons	The Daily Fix
	575	583	38	CMT	Karaoke Star	Cheer Moms	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Karaoke Star
	616	521	39	SHO	The Outer Limits		Mutant X		The Last Templar * (2009, Adventure)	Mira Sorvino.		House
	620	523	40	BVO	The Jackie Washington Story		At the Concert Hall		Crossroads of Rock N' Roll	Bravonews	Garrett Mason	Law & Order
	601	562	41	SLC	Skin Deep	Til Debt-Part	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride		ET Canada
	522	506	43	HIS	NCIS "Requiem"		Sandhogs		Crime Stories		NCIS "Requiem"	Marine Mach.
	625	548	44	COM	Air Farce	Just for Laughs		Comer Gas	The Simpsons	South Park	Roast of Bob Saget	Daily Show
	600	544	46	H&G	House Hunters	Property Virgin	HGTV's Top 10	Dirty Business	SarahCottage	Design Inc.	House Hunters	House Hunters
	294	529	47	TBS	MLB Baseball Colorado Rockies at Atlanta Braves	(HDTV) From Turner Field in Atlanta. (Live)			Home Videos	Sinfeld		Family Guy
	576	582	49	BET	106 & Park: BET's Top 10 Live		Barbershop ** (2002, Comedy)	Ice Cube.	College Hill	College Hill	Barbershop	
	627	528	50	SPC	Stargate Atlantis	(DVS)	Star Trek: Voyager		Torchwood		Extreme Ghost Stories	Stargate SG-1
	581	566	52	MTV	Room Raiders	After	MTV News	Cribs	Beatdown	College Life	College Life	MTV Live
	618	524	54	TROP	Vanity Insanity	Tube Tales	Tube Tales	Sinfeld	Sinfeld	Raymond	Married...With	Sinfeld
	603	561	56	FOOD	Chef at Home	French Food	Restaurant Makeover		The F Word		Good Eats	Good Eats
	261	394	60	V	Murder, She Wrote		Watchtower	On the Buses	Quantum Leap		I Prophecy	Supernatural
	521	527	63	STR	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	Look-A-Like	Look-A-Like	The Tonight Show-Jay Leno	TMZ
	553	546	65	TRE	Backyardigans	Night Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast	Comfy Couch	Max & Ruby
	115	711	101	TVA	Qui perd gagne (SC)		La Fievre de la danse (SC)		Nos etés (SC)		TVA 22 heures	Succr-salé
	126	730	102	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National
	526	507	249	VIVA	Judging Amy		Missing "Paper Anniversary"		Missing		Encounters	In Dreams
	300	601	301	MI	Flawless ** (2007, Crime Drama)	Michael Caine.			Indiana Jones and the Kingdom of the Crystal Skull **			Gone Baby
	305	612	306	PIX	(6:45) Dive Bomber ** (1941, Adventure)	Errol Flynn.			Ghostbusters *** (1984, Comedy)	Bill Murray.		Ghostbusters II

critics'corner

Roast of Bob Saget

No matter how much your kids may enjoy "Full House" reruns, do not let them watch Bob Saget in the hot seat. As fans of his stand-up routines and film work know, Danny Tanner is only an act; this dude can get down and dirty. And these roasts have never been known for their family-friendly content. 10 PM on COM



NCIS

Ziva's homecoming to Israel with Gibbs and the rest of the team does not include a happy reunion with her father, the head of Mossad. As tensions escalate, Gibbs is forced to make a shocking decision in the new episode "Aliyah." 8 PM on GTV CBS

The Mentalist

As the team investigates the murder of a girl and the abduction of her sister, Lisbon begins to suspect Patrick is being drawn into a trap set by Red John, the twisted serial killer who murdered Patrick's wife and daughter, in the season finale, "Red John's Footsteps." Tim Kang, Owain Yeoman and Amanda Righetti also star. 9 PM on CTV CBS

Half of all Canadians will need blood or know someone who will.

Please call 1 888 2 DONATE ext. 222 to book your appointment.

You could save up to 3 lives.

For more information visit www.blood.ca/give

Canadian Blood Services
it's in you to give

1 888 2 DONATE

Gerard's day in court

Gerard Butler is heading to court to face assault charges, according to Holliscope. Butler allegedly punched a photographer and split his lip last October; he claims the paparazzo had been stalking him. If convicted, he could face six months in jail. **METRO WORLD NEWS**



Celebrity Buzz

Brit's spending problem?

PERFECT MATCH Last week, it was reported that Kevin Federline can't make ends meet on \$40,000 US a month.

But that's nothing compared to the spending report made public last week for Britney Spears.



According to TMZ, Spears' total expenses between February and December of last year totaled \$10.1 million, including \$447,633 for security, \$625,000 for Federline's legal fees — and \$3,400 for Christmas lights.

METRO WORLD NEWS

Brad touches down in Cannes

CELEBRITY LIFESTYLES As the sea along the Cote D'Azur shimmered in the sunshine, Brad Pitt arrived to add some sparkle to his familiar springtime haunt, the Cannes Film Festival, people.com reports.

Pitt was spotted Saturday at the Hotel du Cap, having lunch on a balcony after flying in from the U.S.

The star is in the South of France for his

fourth film fest appearance in five years. Angelina Jolie is expected to join him in the next few days.

On this visit Pitt is showcasing his movie from director Quentin Tarantino, Inglourious Basterds, which premieres at the festival Wednesday. The filmmaker has described Pitt's character in the WWII drama as "a hillbilly straight from the mountains of Tennessee."

METRO WORLD NEWS



Icy mood at birthday bash?

TROUBLE AT HOME Jon and Kate Gosselin made their first public appearance together in two weeks — for TV cameras, us-magazine.com reports.

The couple celebrated their sextuplets' fifth birthdays by throwing a party at the Blue Falls Grove water park in Pennsylvania Sunday. Alexis, Hannah, Aaden, Collin, Leah and Joel played with their older sisters, twins Mady and Cara, and a few pals as a crew caught it all

on film.

(The celebration was a week late: Kate spent the afternoon of the sextuplets' actual birthday — Mother's Day — at a tanning salon.)

Jon and Kate hardly inter-

acted at all, according to an eyewitness. Jon took time to chat with Steve Neild — the bodyguard his wife became so close to that Jon once con-

sidered hiring a private investigator, as the newest issue of Us Weekly reports. The couple left in separate cars.

Jon and Kate haven't been spotted together since the Pennsylvania Women's Show on May 2. "Six month ago, Kate came to Jon and said, 'Hey, it's over,'" Kate's brother, Kevin Krieder, reportedly

told radaronline.com last week.

METRO NEWS SERVICES



Paris: Not in my backyard?

NEIGHBOURLY LOVE Paris Hilton's new neighbour wants her gone — and he's willing to pay.

After having Hilton in the area for just five days, the Hollywood Hills resident is fed up with the repeat visits from the cops for loud parties, screaming and yelling, and vandalism, according to TMZ.



He even tried taking it up politely with Hilton's boyfriend, Doug Reinhardt, who reportedly told him, "This is what you

have to expect because Paris and I are public figures."

So the angry neighbour is taking it up with Hilton's landlord.

Hilton's home reportedly rents for \$22,000 US a month — and the neighbour is offering to pay \$27,000 as long as Hilton gets the boot.

METRO WORLD NEWS

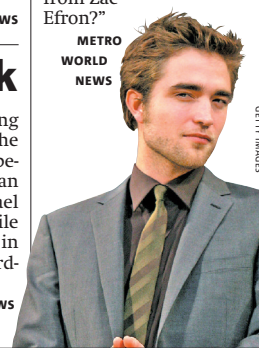
I'm ugly, Zac's hot: Robert

FALSE MODESTY? Robert Pattinson admits that he wasn't too keen on auditioning for the role that made him famous in Twilight because he didn't think he was attractive enough.

"The Edward in the book is like an enigma of everything that's perfect about a man. It's like, 'He walked into a room and it hurts to see how beautiful he is.' It's just kind of embarrassing," he tells Look magazine.

"I felt like an idiot going into the audition. Who could possibly play it apart from Zac Efron?"

METRO WORLD NEWS



Lady GaGa's little keepsakes

ODDITY Pop singer Lady Gaga is getting famous for her odd approach to pop music, but she has other interesting rituals, too.

The singer says that after she sleeps with someone, she likes to leave a false eyelash behind as a souvenir.

"Whenever I have a lover I leave them in their apartment on the pillow," she tells Independent magazine. "Kind of like a keepsake."

METRO WORLD NEWS



Life's rosy for Pink

SO HAPPY TOGETHER Just days after admitting to Ellen DeGeneres that she has rekindled her relationship with estranged husband Carey Hart, Pink and her motocross racer man were repeatedly spotted during a romantic, PDA-filled weekend — proving their marriage is back on, people.com.

On Saturday, the on-again couple shared an intimate late lunch for two at Stanley's in Sherman Oaks, the Los Angeles

neighbourhood where Pink has a home.

"They looked very much in love and happy to be back together," says an observer of the pair's hour-long meal. "The way Carey treated Pink was so sweet. He was a gentleman and even opened the car door for her."

METRO NEWS SERVICES



Fergie cops to bisexual past

THE PAST Though she's now settled down with husband Josh Duhamel, Black Eyed Peas singer Fergie admits she has a bit of a wild past — and that past includes hav-

ing sex with women.

"Put it this way, I've experimented definitely, but I have never had a steady girlfriend," she says in an interview with the Sun.

METRO WORLD NEWS



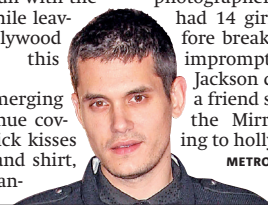
Mayer's paparazzi prank

GETTING BACK John Mayer had a little fun with the paparazzi while leaving a Hollywood nightclub this weekend.

After emerging from the venue covered in lipstick kisses on his face and shirt, Mayer an-

nounced to the waiting photographers that he had 14 girlfriends before breaking into an impromptu Michael Jackson dance while a friend sang Man in the Mirror, according to hollywood.tv.

METRO WORLD NEWS



Take your Telehop HomePhone™ with you when you travel!



A Home Phone That Travels With You Anywhere in world

\$8.99⁺ BASIC PLAN
per month

ALL FEATURES INCLUDING: Voicemail, Call Waiting, Caller ID, Extended Local Calling Area, and many more!

*Telehop HomePhone™ service works with high speed internet

Call **1-800-209-5048** or visit www.Telehop.com/homephone to sign up!

Telehop HomePhōne™

Telehop™ The Smart Alternative

Telehop™ is the home of 10-10-620®

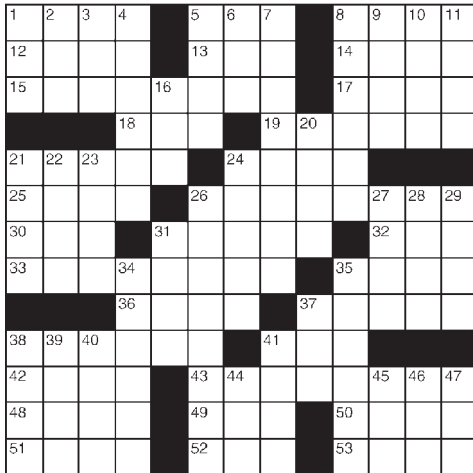
10-10-100

†Terms and conditions apply. Rates may change without notice. Please see website for details. VoIP 911 has certain limitations compared to traditional 911.

MET05



Take Five

For more delicious Metro recipes, visit metronews.ca/food

Crossword across

- 1 Polygraph finds
5 Jewel
8 Emoticon, often
12 Against
13 Floral neckwear
14 Winter forecast
15 Yellowtail fish
17 Roll call reply
18 Hasten
19 Chest component
21 Fire
24 Bruin
25 Ripped
26 Fun-loving women of the 1920s
30 Common Mkt.
31 One-on-one exams
32 Compete
33 Coverings
35 Arizona city
36 Kegler's pathway
37 Talk-show group
38 Mexican entree
41 Cribbage scorer
42 PC symbol
43 They're catching
48 Gaelic
49 Charged bit
50 Nastase of tennis lore
51 Whatever's left over
52 Fox competitor
53 North Sea feeder

Crossword down

- 1 Part of UNLV
2 Hostel
3 Greek vowel
4 Gas thief's device
5 Merriment
6 Always, in verse
7 Slip-ups at the poker table
8 One of the black keys
9 From the beginning
10 Heart
11 Basin accessory
16 Trench
20 Knocks
21 Mulligan, e.g.
22 Gardener, at times
23 Killer whale
24 Boombox sound
26 Wild
27 Still
28 Get up
29 Cachet
31 October stone
34 Pluto, once
35 Heckle or Jeckle
37 Energy
38 Layer
39 Farm fraction
40 Rolling stone's lack
41 Cookware
44 Plagiarize
45 Right angle
46 Cage component
47 Get a glimpse of

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



6	9	8	4	7	5	1	2	3
4	3	1	9	2	6	7	8	5
7	5	2	8	3	1	4	9	6
5	7	3	1	9	8	6	4	2
2	8	9	6	4	3	5	1	7
1	4	6	2	5	7	9	3	8
9	6	5	3	1	2	8	7	4
8	2	4	7	6	9	3	5	1
3	1	7	5	8	4	2	6	9

Find today's answers + play more games at metronews.ca

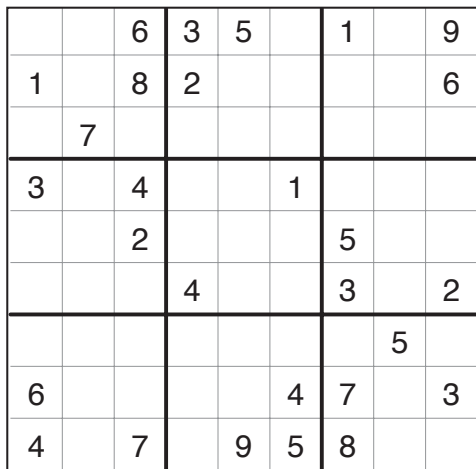
SUDOKU SOLVE TIME:

Under 13 min Genius
13-17 min Scholar
17-21 min Smart
21-25 min Not bad
25+ min Keep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Chicken Chow Mein

INGREDIENTS:

4 skinned and boned chicken breast halves cut into bite-size strips
Nonstick cooking spray
2 tbsp (25 ml) vegetable oil
2 stalks celery, cut into 1-in. (2.5-cm) pieces
2 medium yellow onions, halved and sliced
2 cloves garlic, minced
1 1/4 cups (300 ml) low-sodium chicken broth
1/4 cup (50 ml) low-sodium soy sauce
2 tbsp (25 ml) cornstarch
1 tbsp (15 ml) firmly packed brown sugar
1 can (14 oz/398 ml) mixed Chinese vegetables, drained
1 can (8 oz/199 ml) sliced water chestnuts, drained
3 cups (750 ml) chow mein noodles

METHOD:

1. Rinse chicken; drain and pat dry. Coat wok or heavy 12-in. (30-cm) skillet with cooking spray. In wok or skillet, heat 1 tbsp (15 ml) oil over moderately high heat. Add chicken and stir-fry until cooked

through, 3 minutes. Using slotted spoon, remove chicken from wok. Cover and keep warm.
2. Heat remaining 1 tbsp (15 ml) oil in wok. Add celery, onions and garlic. Stir-fry until almost tender, 2 minutes.
3. In small bowl, whisk chicken broth, soy sauce, cornstarch and brown sugar. Add to wok along with Chinese vegetables and water chestnuts. Bring to boil and cook until sauce thickens and vegetables are heated through, 1 minute.
4. Return cooked chicken along with any juices to wok. Bring to boil and cook until heated through, 1 minute. Spoon chicken mixture over chow mein noodles.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20



You may be tempted to do something outrageous but there's a danger you'll go too far and others will think you're too extreme.

LIBRA

SEPT 23-OCT 23



You may be entitled to feel pleased with yourself but even better opportunities are now coming your way. Always aim higher.

TAURUS

APRIL 21-MAY 21



The sun may be ending its transit of your sign but you'll get a final throw of the dice today; your lucky number will come up.

SCORPIO

OCT 24-NOV 22



You can expect some kind of reward for working with others towards a common aim or goal over the past few weeks.

GEMINI

MAY 22-JUNE 21



The sun's entry into your birth sign tomorrow marks an exciting new phase, in which you'll be encouraged to aim higher than ever.

SAGITTARIUS

NOV 23-DEC 21



A friend or colleague may have done something shocking but you don't know the tangle of reasons for it; try not to be judgmental.

CANCER

JUNE 22-JULY 22



Act on impulse today. Not only will you have a lot of fun but you'll impress people who can help make your dreams come true.

CAPRICORN

DEC 22-JAN 20



Let those who are trying to impose limits on what you say and do know you'll never assent to that kind of censorship.

LEO

JULY 23-AUG 23



This could be one of the best days for getting things done, especially at work. you can win over colleagues and employers.

AQUARIUS

JAN 21-FEB 18



You won't lack advice, but the sun's upcoming transit of the most dynamic area of your chart will encourage you to do your own thing.

VIRGO

AUG 24-SEPT 22



Make an effort to reach out to people today, especially people you look up to. You can never have too many powerful friends.

PISCES

FEB 19-MARCH 20



The more of an effort you make to be nice to people today the more likely it is that Lady Luck will smile on you.

FLIGHT CENTRE *Unbeatable*

QUEBEC CITY WEEKEND

\$333

Best Western City Centre + taxes & fees \$122
INCLUDES roundtrip airfare and 3 nights 3.5-star accom just a few steps away from Old Quebec City. Departs Jun 11/wsv/ws.

1 877 923 2248 | flightcentre.ca

Conditions apply. Ex: Toronto. Air only prices are per person for return travel unless otherwise stated. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. wsv/ws=westjet Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384

HAKIM OPTICAL

2 pair

HAKIM DESIGNER EYEGLASSES

\$199

FROM

Including Single Vision and Regular Bifocals. See store for details.

Over 140 Discount Outlets... 100 One Hour In-Store Labs
For nearest location call: (416) 924-8866 • Outside Metro Toronto 1-877-524-2020
www.hakimoptical.ca

MASSAGE THERAPY

BE ON THE JOB IN WEEKS!

ASK ABOUT

- CONVENIENT SCHEDULES
- JOB PLACEMENT ASSISTANCE
- FINANCIAL ASSISTANCE (for those who qualify)

Medix School

WWW.MEDIXSCHOOL.CA

NORTH YORK 416.628.9012 | SCARBOROUGH 416.628.6702

REAL PEOPLE | REAL TRAINING | REAL JOBS

DAYMAK.COM COOL MEANS OF TRANSPORTATION

Ebikes: *Now Street Legal!*

Power-assisted bicycles (E-bikes) are now formally recognized and have legal status in the Ontario Highway Traffic Act. (Based on Bill 126 - "An Act to Amend the Highway Traffic Act" on April 23, 2009)

HOT BUY!

**ONLY
\$2199***

SAIGON GAS SCOOTER

Fuel efficient vehicle



HOT BUY!

**ONLY
\$999***



AUSTIN EBIKE

No license/insurance required.

HOT BUY!

**ONLY
\$789***



VIENNA EBIKE

Single or Dual Battery



SAVE the **ENVIRONMENT!**
SAVE **MONEY!**
SAVE the **WORLD!**

FREE!

Helmet, Light at Night and Thorn-Proof Tire*
For a limited time offer only.



*Thorn-Proof Tire available only on certain models

AVAILABLE AT PARTICIPATING DEALERS:

Check DAYMAK.COM for complete list of dealers.

DAYMAK MEGASTORE 130 OAKDALE RD. TORONTO Tel: (416) 749-2324

DAYMAK TORONTO BLOOR - 1542 Bloor St. W. Tel. 416-588-3001

DAYMAK TORONTO DOWNTOWN - 115 Richmond St. E. Tel. 416-504-2200

DAYMAK MOTOCHOICE - 893 Pape Ave. Toronto, ON Tel. 416-406-6686

DAYMAK OSHAWA - 1413 King St. E. #8 Oshawa, ON Tel. 905-571-3133

DAYMAK ST. CATHARINES - 69 Eastchester Ave. St. Catharines, ON Tel. 905-641-2673

* Freight, PDI, and taxes not included. All prices are for boxed, partially unassembled vehicles. Assembly fee may apply to all vehicles, including the assembled vehicles on the showroom floor. PDI for Saigon is \$299, all other ebikes are for \$139.

\$38

What your optometrist
doesn't want you to know:



Gucci 1473 Red

THEIR PRICE: \$315

OUR PRICE: \$38

Avoid paying for overhead costs and discover the savings and convenience that comes from buying eyeglasses online. You now have a choice. Visit **ClearlyContacts.ca**, choose your frames, enter in your prescription details, and we'll deliver your glasses right to your door.



ClearlyContacts.ca 
Canada's Largest Optical Store

TSX: COA

*Price includes high quality lens with UV Protection, Anti-Scratch and Anti-Reflective coatings